

#NephJC transcript

Healthcare Social Media Transcript

From: Tue Jun 09 17:00:00 PDT 2015
To: Tue Jun 09 20:00:00 PDT 2015
change time period

What is **#NephJC**? Who were the influencers during this time period? **#NephJC analytics**

Healthcare Conference - Healthcare Tweet Chats - Healthcare Analytics

gerimedjc

RT @NephJC: 1 hour until the next #NephJC: ACP clinical practice guidelines!
Tue Jun 9 17:19:46 PDT 2015

hswapnil

RT @NephJC: 1 hour until the next #NephJC: ACP clinical practice guidelines!
Tue Jun 9 17:48:47 PDT 2015

nephjc

Testing...Testing...Testing...1...2...3...Is this thing on? 5 minutes! #nephjc
Tue Jun 9 17:56:18 PDT 2015

weddellite

#nephjc just voided
Tue Jun 9 18:01:48 PDT 2015

nephjc

Welcome to our 28th #NephJC! Thanks to Craig Federighi for the Promo during yesterday's WWDC. <http://t.co/px4zLXP0sq>
Tue Jun 9 18:02:12 PDT 2015

nephjc

I'm Joel Topf (@kidney_boy) and I will be your #nephJC host! You can call me Big Bob Mansfield. No COI. <http://t.co/AtQGvtzB4L>
Tue Jun 9 18:02:22 PDT 2015

dr_nikhilshah

#nephjc just drank H2O 2lit to be exact!
Tue Jun 9 18:02:51 PDT 2015

- wittykidney** Malvinder Parmar, nephrologist, Ontario canada, no coi Day for, bones, stones, gorans and psychic moans, [#nephjc](#)
Tue Jun 9 18:03:15 PDT 2015
- nephjc** Hey Nikhil! thanks for coming and thanks for hydrating. The stone you prevent may be your own. [#nephjc](#)
Tue Jun 9 18:03:28 PDT 2015
- edgarvlermamd** Edgar Lerma, Chicago-based Nephrologist. No COI [#NephJC](#)
Tue Jun 9 18:03:43 PDT 2015
- dr_nikhilshah** May the stone be with you! [#nephjc](#)
Tue Jun 9 18:03:47 PDT 2015
- nephjc** Malvinder, great to see you! [#nephjc](#)
Tue Jun 9 18:03:50 PDT 2015
- hswapnil** Swapnil Hiremath, no Col. Nephrologist [@uottawamed](#). [#NephJC](#) co-counder etc
Tue Jun 9 18:03:57 PDT 2015
- nephjc** Edgar! Black Hawks going to hoist the cup? [#nephjc](#)
Tue Jun 9 18:04:13 PDT 2015
- dr_nikhilshah** Nikhil Shah, Home Dialysis Therapies Fellow, Univ of Alberta. No COI, Water drunk! [#nephjc](#)
Tue Jun 9 18:04:22 PDT 2015
- toaster_pastry** [@nephjc](#) I have a question for journal club. Which is better peritoneal or hemodialysis? Serious question. [#nephjc](#)
Tue Jun 9 18:04:30 PDT 2015
- sleonmd** Scherly Leon, nephrology fellow at Downstate in Brooklyn, NY. Hello everyone! [#nephjc](#)
Tue Jun 9 18:04:32 PDT 2015
- hekmagsmd** Hector Madariaga, Nephrology fellow. SUNY Upstate. No COI. I love tea [#nephjc](#)
Tue Jun 9 18:04:41 PDT 2015
- nephjc** Hey Swap, I know the Senators will not be hoisting no Lord Stanley's cup. [#nephjc](#)
Tue Jun 9 18:04:42 PDT 2015
- andrewbuel** Andrew Buel. St petersburg, Fl. Family med. [#nephjc](#) I'm ready <http://t.co/PmnfQPjoti>
Tue Jun 9 18:04:42 PDT 2015

- weddellite** Hemo much better for stones, removes oxalate #nephjc
Tue Jun 9 18:04:56 PDT 2015
- anakinramd** Fernanda, med student from Mexico, no COI #nephjc
Tue Jun 9 18:05:02 PDT 2015
- dr_nikhilshah** RT @AndrewBuel: Andrew Buel. St petersburg, Fl. Family med. #nephjc I'm ready
<http://t.co/PmnfQPjoti>
Tue Jun 9 18:05:09 PDT 2015
- nephjc** @Toaster_Pastry @NephJC too long for a single tweet but PD is what I would select for 1st
3 yrs then switch. #nephjc
Tue Jun 9 18:05:13 PDT 2015
- nephjc** Sherly, Hector, Andrew, Fernanda Wow! #nephjc
Tue Jun 9 18:05:34 PDT 2015
- hekmagsmd** @AnakinraMD Bienvenida, Fernanda! Please feel free to ask any questions! #nephjc
Tue Jun 9 18:06:12 PDT 2015
- nephjc** Make sure to add #NephJC to every tweet so it is part of the conversation. We suggest
using tchat.io to assist with this.
Tue Jun 9 18:06:23 PDT 2015
- nephjc** One of the core goals of #NephJC is to build your learning network so hit that FOLLOW
button early and often <http://t.co/Z2OfWXztP7>
Tue Jun 9 18:06:27 PDT 2015
- hekmagsmd** @weddellite Do you recommend low oxalate diet for your patients? #nephjc
Tue Jun 9 18:06:54 PDT 2015
- nephjc** Remember to sign up for the NephJC once a week (or less) newsletter and follow us on
twitter. #NephJC <http://t.co/5aum8ImwF>
Tue Jun 9 18:07:26 PDT 2015
- nephjc** #NephJC Topic Zero: Clinical Practice Guidelines are cropping up faster than religious
exemptions to the MMR vaccine.
Tue Jun 9 18:07:35 PDT 2015
- weddellite** Wait, I gotta check the ACP guidelines....um.....no. Actually, yes I do. #nephjc
Tue Jun 9 18:07:36 PDT 2015
- sleonmd** RT @NephJC: Remember to sign up for the NephJC once a week (or less) newsletter and

- follow us on twitter. #NephJC <http://t.co/5aumn8lmwF>
Tue Jun 9 18:07:38 PDT 2015
- nephjc** #NephJC Topic Zero: What are the purpose of clinical practice guidelines?
Tue Jun 9 18:07:39 PDT 2015
- suzannenorby** Hello #nephjc, Suzanne Norby from Minnesota
Tue Jun 9 18:08:26 PDT 2015
- nephjc** Suzanne thanks for coming. #nephjc
Tue Jun 9 18:08:42 PDT 2015
- nephjc** IOM defines CPG: systematically developed statements to assist practitioner and patient decisions... (1/2) #NephJC <http://t.co/uElwKq04DE>
Tue Jun 9 18:08:53 PDT 2015
- nephjc** (2/2) ...about appropriate healthcare for specific clinical circumstances. #NephJC
Tue Jun 9 18:08:57 PDT 2015
- hekmagsmd** T0: To assist PCPs about diagnosis and treatment in specific diseases (in this case kidney stones) #nephjc
Tue Jun 9 18:09:29 PDT 2015
- dr_nikhilshah** T0 - For academic docs guidelines do just that - guide; but for GPs/Non acad docs guidelines - dictate. Dangerous!! #nephjc
Tue Jun 9 18:09:44 PDT 2015
- weddellite** @NephJC great question to start. so IOM says what about where that evidence comes from? #nephjc
Tue Jun 9 18:09:45 PDT 2015
- hswapnil** @Toaster_Pastry see this for some discussion: <https://t.co/ildUnjzqlw> #nephjc
Tue Jun 9 18:10:02 PDT 2015
- nephjc** RT @dr_nikhilshah: T0 - For academic docs guidelines do just that - guide; but for GPs/Non acad docs guidelines - dictate. Dangerous!! #nep...
Tue Jun 9 18:10:03 PDT 2015
- nephro_sparks** Matt Sparks #NephJC
Tue Jun 9 18:10:13 PDT 2015
- kidney_boy** I think guidelines set a baseline level of evidence, essentially, this is what we know.
#NephJC

- Tue Jun 9 18:10:29 PDT 2015
- nephjc** Hey Matt #nephjc
Tue Jun 9 18:10:37 PDT 2015
- sleonmd** To make sure that care provided is evidence based. #nephjc
Tue Jun 9 18:10:41 PDT 2015
- andrewbuelt** sadly it becomes standard of care, and medical legal implications- agree they often stop guiding starts dictating #nephjc
Tue Jun 9 18:10:54 PDT 2015
- dr_nikhilshah** T0 - Does "the court of law" consider guidelines when considering standard of care ?
#nephjc
Tue Jun 9 18:11:07 PDT 2015
- nephjc** @weddellite IOM says the evidence needs to come from systemic reviews of the literature. Not much more guidance #nephjc
Tue Jun 9 18:11:13 PDT 2015
- nephjc** And the Canadians list the purposes of CPGs in 8 bullet points (page 3). #NephJC PDF: <https://t.co/QQcCaved2b> <http://t.co/EjBPIFEA23>
Tue Jun 9 18:11:21 PDT 2015
- nephjc** @dr_nikhilshah TRhe Candians Medica Association specifically says "no" on medical legal implications. #nephjc
Tue Jun 9 18:11:59 PDT 2015
- hekmagsmd** Guidelines does not mean standard of care. Treat every patient as an individual. #nephjc
Tue Jun 9 18:12:04 PDT 2015
- dr_nikhilshah** RT @NephJC: @dr_nikhilshah TRhe Candians Medica Association specifically says "no" on medical legal implications. #nephjc
Tue Jun 9 18:12:20 PDT 2015
- weddellite** @AndrewBuelt are there concrete examples where the guidelines became standard of care? I don't know...could be true;heard often #nephjc
Tue Jun 9 18:12:26 PDT 2015
- edgarvlermamd** T0 Guidelines are not written in stone - no pun intended #NephJC
Tue Jun 9 18:12:31 PDT 2015
- nephjc** Yes @HekmagsMD. Guidelines are too general to help in individual cases. #nephjc

Tue Jun 9 18:12:54 PDT 2015

nephro_sparks

Difficult to look at guidelines for individual care #NephJC

Tue Jun 9 18:12:59 PDT 2015

nephjc

That is so dumb I can't believe I'm RTing it RT @edgarvlermamd: T0 Guidelines are not written in stone - no pun intended #NephJC

Tue Jun 9 18:13:22 PDT 2015

suzannenorby

T0: Agree, @dr_nikhilshah, the art is knowing how/when to apply guidelines & to whom/when they may not apply #nephjc <https://t.co/DRBZtVf4OH>

Tue Jun 9 18:13:39 PDT 2015

nephro_sparks

Almost need to look at guidelines as research gaps #NephJC

Tue Jun 9 18:13:48 PDT 2015

dr_nikhilshah

T0 - Guidelines = What most people do in most cases? OR What most people SHOULD do in most cases? Respecting individuality. #nephjc

Tue Jun 9 18:13:51 PDT 2015

weddellite

@edgarvlermamd I enjoyed it #nephjc

Tue Jun 9 18:13:56 PDT 2015

nephjc

@weddellite @AndrewBuelte I think JNC 7 and ATP3 were guidelines that became standards of care. #nephjc

Tue Jun 9 18:14:02 PDT 2015

nephjc

@Nephro_Sparks this was one of the important uses of CPG outlined by the Canadian Medical Association #nephjc

Tue Jun 9 18:14:43 PDT 2015

weddellite

In this case though it doesn't matter because the ACP offered nothing that anyone could interpret as standard of care #nephjc

Tue Jun 9 18:15:14 PDT 2015

andrewbuelte

@weddellite yes I do know of individuals asked in a deposition 'guidelines said this why did you not do that' #nephjc

Tue Jun 9 18:15:15 PDT 2015

hswapnil

T0: Using GRADE (which was done here) is an attempt to make it Std of care. High rating with GRADE = policy; <http://t.co/ekR1121OjW> #nephjc

Tue Jun 9 18:15:25 PDT 2015

@dr_nikhilshah what most people do is an assessment of practice patterns, CPG are what

- nephjc** you should do. #nephjc
Tue Jun 9 18:15:28 PDT 2015
- franloachamin** #nephjc franklin loachamin ped neph. Buenos Aires- Ecuador. Love the kidneys
Tue Jun 9 18:15:39 PDT 2015
- hekmagsmd** Guidelines are based on the best clinical evidence (even when there is not good evidence on a specific field) #nephjc
Tue Jun 9 18:15:44 PDT 2015
- ravineja** guidelines used by insurers to decide reimbursement #nephjc
Tue Jun 9 18:15:47 PDT 2015
- weddellite** @ravineja have an example of that in the stone field? CKD? #nephjc
Tue Jun 9 18:16:19 PDT 2015
- nephjc** @ravineja Ho! John Asplin! Thanks for coming! After reading ACP I have some questions on the way you trained me. #nephjc
Tue Jun 9 18:16:23 PDT 2015
- nephjc** Hey franklin, thanks for coming! #nephjc
Tue Jun 9 18:16:39 PDT 2015
- ravineja** you were untrainable #nephjc
Tue Jun 9 18:16:46 PDT 2015
- edgarvlermamd** @HekmagsMD What Should We Do in the Absence of Evidence? #NephJC
<https://t.co/dXjwckwmFC>
Tue Jun 9 18:17:06 PDT 2015
- ukidney** Anyone see a nephrology journal club around here? #NephJC
Tue Jun 9 18:17:07 PDT 2015
- nephjc** Topic 1: ACP says no need to look at stone, serum or urine chemistry before initiating treating. #NephJC <http://t.co/lg6E8ZtE1D>
Tue Jun 9 18:17:23 PDT 2015
- ravineja** @weddellite @ravineja some insurers consider 24 hr urines experimental #nephjc
Tue Jun 9 18:17:33 PDT 2015
- hekmagsmd** RT @edgarvlermamd: @HekmagsMD What Should We Do in the Absence of Evidence? #NephJC <https://t.co/2KnAzmpxbO>
Tue Jun 9 18:17:38 PDT 2015

- hswapnil** And G/L are not 'safe harbour' medicolegally, see <http://t.co/nHymuz38qA> by @skepticscalpel #nephjc
Tue Jun 9 18:17:44 PDT 2015
- mjsmaju** Maria Jesus Sandoval, ped neph.Buenos Aires Argentina #nephjc
Tue Jun 9 18:18:04 PDT 2015
- nephjc** Ho Jordan, thanks for joining us! #nephjc
Tue Jun 9 18:18:11 PDT 2015
- hswapnil** @UKidney Hey Jordan! thanks for keeping your word (Jordan runs the stone clinic in Toronto) #nephjc
Tue Jun 9 18:18:22 PDT 2015
- nephjc** Hello Maria, thanks for joining. #nephjc
Tue Jun 9 18:18:29 PDT 2015
- nephjc** Topic 1: why does stone composition matter if your just going to tell them to drink more water and lemonade? #NephJC <http://t.co/rWXeZeq2IP>
Tue Jun 9 18:18:40 PDT 2015
- weddellite** RT @ravineja some insurers consider 24 hr urines experimental #nephjc: but because there are NO guidelines ys? #nephjc
Tue Jun 9 18:18:55 PDT 2015
- edgarvlermamd** In the absence of evidence ... #NephJC <https://t.co/dXjwcKwmFC> <http://t.co/tubga90I3L>
Tue Jun 9 18:19:32 PDT 2015
- ravineja** @weddellite @ravineja they choose whatever guidelines that let them avoid paying, ACP in this case #nephjc
Tue Jun 9 18:19:53 PDT 2015
- dr_nikhilshah** RT @edgarvlermamd: In the absence of evidence ... #NephJC <https://t.co/dXjwcKwmFC> <http://t.co/tubga90I3L>
Tue Jun 9 18:20:13 PDT 2015
- weddellite** the late David Sackett: "if no RCT has been carried out, we must follow the trail to the next best external evidence..." #nephjc
Tue Jun 9 18:20:32 PDT 2015
- nephjc** @UKidney How do you use stone composition in your clinic? #nephjc
Tue Jun 9 18:20:36 PDT 2015

- nephjc** RT @weddelite: the late David Sackett: "if no RCT has been carried out, we must follow the trail to the next best external evidence..." #ne...
Tue Jun 9 18:20:46 PDT 2015
- ukidney** @hswapnil Well if we adopt the guidelines, our stone clinic will be shuttered #NephJC
Tue Jun 9 18:20:55 PDT 2015
- hswapnil** RT @weddelite: the late David Sackett: "if no RCT has been carried out, we must follow the trail to the next best external evidence..." #ne...
Tue Jun 9 18:21:08 PDT 2015
- hekmagsmd** T1: Stone analysis is VERY important! If I was practicing in rural area, then I would just tell my patients to drink tons of water. #nephjc
Tue Jun 9 18:21:12 PDT 2015
- andrewbuel** guidelines with no evidence is how drugs like niacin, fish oil, fibrates made billions each year #nephjc
Tue Jun 9 18:21:37 PDT 2015
- hekmagsmd** RT @weddelite: the late David Sackett: "if no RCT has been carried out, we must follow the trail to the next best external evidence..." #ne...
Tue Jun 9 18:21:38 PDT 2015
- ukidney** @NephJC Every patient gets a 24 hr urine mineral profile on every visit (cystine on first visit) #NephJC
Tue Jun 9 18:21:44 PDT 2015
- nephjc** @HekmagsMD Any place that gets federal express can get a 24-hour urine. #LithoLink #nephjc
Tue Jun 9 18:21:55 PDT 2015
- ravineja** @HekmagsMD why would you treat patients differently in a rural setting #nephjc
Tue Jun 9 18:22:04 PDT 2015
- nephro_sparks** RT @UKidney: @hswapnil Well if we adopt the guidelines, our stone clinic will be shuttered #NephJC
Tue Jun 9 18:22:24 PDT 2015
- nephro_sparks** RT @HekmagsMD: T1: Stone analysis is VERY important! If I was practicing in rural area, then I would just tell my patients to drink tons of...
Tue Jun 9 18:22:29 PDT 2015
- hekmagsmd** @AndrewBuel But there is good evidence about Niacin. Only drug that raises HDL #nephjc
Tue Jun 9 18:22:39 PDT 2015

- nephro_sparks** RT @AndrewBuel: guidelines with no evidence is how drugs like niacin, fish oil, fibrates made billions each year #nephjc
Tue Jun 9 18:22:42 PDT 2015
- nephjc** The 24-hour urine is the primary vital sign of the stone clinic, every patient, every visit. #nephjc
Tue Jun 9 18:23:04 PDT 2015
- hswapnil** OK we are all biased - think stone analysis, 24 hour Urine necessary. But @ACPinternists hands were tied based on strict methodology #nephjc
Tue Jun 9 18:23:22 PDT 2015
- wittykidney** @Nephro_Sparks @AndrewBuel Guidelines are like GPS, use only when required #nephjc
Tue Jun 9 18:23:28 PDT 2015
- ukidney** @NephJC We use stone composition to guide therapy to an extent. Recognizing some treatments overlap (e.g. citrate) #NephJC
Tue Jun 9 18:23:28 PDT 2015
- wisit661** RT @HekmagsMD: T1: Stone analysis is VERY important! If I was practicing in rural area, then I would just tell my patients to drink tons of...
Tue Jun 9 18:23:41 PDT 2015
- hekmagsmd** @ravineja I would not treat them differently. If you don't have the tools, you have to work with what you have available. #nephjc
Tue Jun 9 18:23:55 PDT 2015
- nephjc** You sure that wasn't Dr. Oz's fault? RT @AndrewBuel: guidelines with no evidence is how niacin, fish oil, fibrates make \$\$ #nephjc
Tue Jun 9 18:24:04 PDT 2015
- ukidney** @NephJC IMO, 24 urine is more important than stone analysis in many ways #NephJC
Tue Jun 9 18:24:07 PDT 2015
- suzannenorby** Almost every visit for us too, & sometimes in between visits on "usual diet" & to assess response to therapy #nephjc <https://t.co/kPXgY4UVNo>
Tue Jun 9 18:24:12 PDT 2015
- hekmagsmd** RT @wittykidney: @Nephro_Sparks @AndrewBuel Guidelines are like GPS, use only when required #nephjc
Tue Jun 9 18:24:22 PDT 2015
- wittykidney** @NephJC I don't think you need to do 24 hr urine on all patients, and every visit. Are you kidding? #nephjc

Tue Jun 9 18:24:38 PDT 2015

weddellite

@wittykidney @Nephro_Sparks @AndrewBuelte but we tell trainees what to do because the patients DO WANT expert opinion #nephjc

Tue Jun 9 18:24:41 PDT 2015

nephro_sparks

RT @SuzanneNorby: Almost every visit for us too, & sometimes in between visits on "usual diet" & to assess response to therapy #nephjc [http...](#)

Tue Jun 9 18:25:00 PDT 2015

edgarvlermamd

Nephrolithiasis 101: Optimal 24 hour Urine Values #Nephpearls #NephJC (From Comprehensive Clinical Nephrology 4th Ed) <http://t.co/mu5gjYxkhw>

Tue Jun 9 18:25:14 PDT 2015

dr_nikhilshah

24 hour collection and cysteine 1st visit, then q 6 months if stone burden great. 24 hour urine tell a lot about volume and Na too #nephjc

Tue Jun 9 18:25:15 PDT 2015

hswapnil

@HekmagsMD @AndrewBuelte Niacin raises HDL does not reduce CV outcomes (surrogate marker fail) <http://t.co/10pCnhseJn> #nephjc

Tue Jun 9 18:25:26 PDT 2015

andrewbuelte

@hekmgagsMD yes they are good for surrogate endpoints not pts. #nephjc <http://t.co/gmdqhkilCQ>

Tue Jun 9 18:25:30 PDT 2015

hekmgagsmd

@wittykidney Not in every visit, but it depends on the patient if he/she still continues to form stones. #nephjc

Tue Jun 9 18:25:46 PDT 2015

nephro_sparks

RT @edgarvlermamd: Nephrolithiasis 101: Optimal 24 hour Urine Values #Nephpearls #NephJC (From Comprehensive Clinical Nephrology 4th Ed) ht...

Tue Jun 9 18:25:53 PDT 2015

nephjc

But isn't urine chemistry just another surrogate marker that has not been validated? #nephjc

Tue Jun 9 18:25:57 PDT 2015

suzannenorby

I think there is "stone clinic referral bias" at play since most are recurrent or otherwise complicated #nephjc <https://t.co/J9FMNA4XRQ>

Tue Jun 9 18:26:17 PDT 2015

wisit661

RT @NephJC: Topic 1: why does stone composition matter if your just going to tell them to drink more water and lemonade? #NephJC <http://t.c...>

Tue Jun 9 18:26:26 PDT 2015

- ukidney** I will just say this; the notion that 24 urine, nor stone composition are unimportant is bordering on ridiculous. Sorry. #nephjc
Tue Jun 9 18:26:30 PDT 2015
- edgarvlermamd** Nephrolithiasis 101: LIMITED metabolic eval vs DETAILED metabolic eval #Nephpearls #NephJC <http://t.co/2VMpd6otHW> <http://t.co/wHHmfMkQIs>
Tue Jun 9 18:26:35 PDT 2015
- anakinramd** RT @edgarvlermamd: Nephrolithiasis 101: Optimal 24 hour Urine Values #Nephpearls #NephJC (From Comprehensive Clinical Nephrology 4th Ed) ht...
Tue Jun 9 18:27:08 PDT 2015
- ukidney** The notion that stone analysis and 24 hr urine are unimportant is just ridiculous #nephjc
Tue Jun 9 18:27:12 PDT 2015
- hekmagsmd** In our stone clinic, we get 24-hr urine every visit (every 6 months or so) and that gives a chance to reinforce diet, H2O, therapies #nephjc
Tue Jun 9 18:27:15 PDT 2015
- hswapnil** @wittykidney @Nephro_Sparks @AndrewBuelte Or like War? <http://t.co/uGZdKdYNqk> from @cardiobrief #nephjc
Tue Jun 9 18:27:17 PDT 2015
- hswapnil** RT @SuzanneNorby: I think there is "stone clinic referral bias" at play since most are recurrent or otherwise complicated #nephjc <https://t...>
Tue Jun 9 18:27:34 PDT 2015
- weddellite** Stone composition is easy: You MUST identify the uric acid stones and the cystine stones and the struvite stones. #nephjc
Tue Jun 9 18:27:35 PDT 2015
- dr_nikhilshah** RT @HekmagsMD: In our stone clinic, we get 24-hr urine every visit (every 6 months or so) and that gives a chance to reinforce diet, H2O, t...
Tue Jun 9 18:27:41 PDT 2015
- ukidney** Just because RCTs not done is not the issue. Absence of proof is not proof of absence #NephJC
Tue Jun 9 18:27:45 PDT 2015
- andrewbuelte** There was a time when people would say 'you think niacin has no value in treatment is just a ridiculous statement' #nephjc
Tue Jun 9 18:27:51 PDT 2015
- hswapnil** Exactly! why not do more good studies? @NephJC: But isn't urine chemistry just another

- surrogate marker that has not been validated? #nephjc
Tue Jun 9 18:28:13 PDT 2015
- suzannenorby** RT @UKidney: Just because RCTs not done is not the issue. Absence of proof is not proof of absence #NephJC
Tue Jun 9 18:28:20 PDT 2015
- hekmagsmd** RT @weddellite: Stone composition is easy: You MUST identify the uric acid stones and the cystine stones and the struvite stones. #nephjc
Tue Jun 9 18:28:21 PDT 2015
- ravineja** @weddellite without stone analysis never ID drug stones, xanthine or dihydroxyadenine #nephjc
Tue Jun 9 18:28:23 PDT 2015
- edgarvlermamd** Who should undergo Complete Eval for Nephrolithiasis? #Nephpearls #NephJC (Comprehensive Clinical Nephrology 4th Ed) <http://t.co/HTLWHrTdlA>
Tue Jun 9 18:28:26 PDT 2015
- weddellite** RT @ravineja: @weddellite without stone analysis never ID drug stones, xanthine or dihydroxyadenine #nephjc
Tue Jun 9 18:28:48 PDT 2015
- dr_nikhilshah** Our Stone clinic complemented by a Dietary review every visit. Dietician and Stone Doc need to tango together. #nephjc
Tue Jun 9 18:28:50 PDT 2015
- nephjc** I think @AndrewBuel point is if this is so important, why is the data such crap? If this is important, prove it! #nephjc
Tue Jun 9 18:28:54 PDT 2015
- hswapnil** RT @UKidney: Just because RCTs not done is not the issue. Absence of proof is not proof of absence #NephJC
Tue Jun 9 18:29:02 PDT 2015
- hswapnil** RT @NephJC: I think @AndrewBuel point is if this is so important, why is the data such crap? If this is important, prove it! #nephjc
Tue Jun 9 18:29:32 PDT 2015
- hekmagsmd** RT @UKidney: Just because RCTs not done is not the issue. Absence of proof is not proof of absence #NephJC
Tue Jun 9 18:29:50 PDT 2015
- nephro_sparks** RT @dr_nikhilshah: Our Stone clinic complemented by a Dietary review every visit. Dietician and Stone Doc need to tango together. #nephjc

Tue Jun 9 18:29:57 PDT 2015

hswapnil

and unlike #dialysis, trials in stones should not be too difficult? Am I missing something? #nephjc

Tue Jun 9 18:29:58 PDT 2015

nephjc

@Wisit661 you need to include #NephJC to be part of the conversation

Tue Jun 9 18:30:03 PDT 2015

andrewbuelt

RT @NephJC: I think @AndrewBuelt point is if this is so important, why is the data such crap? If this is important, prove it! #nephjc

Tue Jun 9 18:30:12 PDT 2015

edgarvlermamd

Nephrolithiasis 101: Proportion of Stone Types #Nephpearls #NephJC (From Comprehensive Clinical Nephrology 4th Ed) <http://t.co/haQVwjqdBr>

Tue Jun 9 18:30:21 PDT 2015

nephjc

“@Wisit661: @NephJC Because not many patients urine > 2-3L/d everyday. Compliance data is lacking <http://t.co/zU3Em8AU5T>” #NephJC

Tue Jun 9 18:30:27 PDT 2015

wittykidney

@dr_nikhilshah would you recommend metabolic work up after passage of first stone? This is not cost effective. #nephjc

Tue Jun 9 18:30:31 PDT 2015

nephro_sparks

The thought of not doing 24 hr urine in stones is laughable #NephJC

Tue Jun 9 18:30:34 PDT 2015

hswapnil

Don't forget the #nephjc hashtag <https://t.co/ezVeSUpJoi>

Tue Jun 9 18:30:57 PDT 2015

weddellite

@hswapnil Patients not quite as captive as in dialysis, events are less frequent, and death is not one of the outcomes today #nephjc

Tue Jun 9 18:31:07 PDT 2015

dr_nikhilshah

@wittykidney We hardly ever get referred patient with one stone. Most patients referred are recurrent stone formers. #nephjc

Tue Jun 9 18:31:18 PDT 2015

wittykidney

@Nephro_Sparks one should do in patient with recurrent stones, within 3 years or so #nephjc

Tue Jun 9 18:31:37 PDT 2015

RT @weddellite: @hswapnil Patients not quite as captive as in dialysis, events are less

- hswapnil** frequent, and death is not one of the outcomes toda...
Tue Jun 9 18:31:50 PDT 2015
- nephjc** @wittykidney @dr_nikhilshah The AUA guidelins do a nice job of dealing with the first stone. Not req'd but offered to motivated pts. #nephjc
Tue Jun 9 18:32:01 PDT 2015
- edgarvlermamd** Drugs that cause kidney stones #Nephpearls #NephJC <http://t.co/zKUsXBISCb>
<http://t.co/wvuEDBuAJ8>
Tue Jun 9 18:32:06 PDT 2015
- hswapnil** #nephjc <https://t.co/tRHvRUFq1y>
Tue Jun 9 18:32:07 PDT 2015
- ukidney** I think metabolic assessments should be reserved for those with at least 2 stone attacks. Unless very young #NephJC
Tue Jun 9 18:32:31 PDT 2015
- wisit661** @hswapnil @NephJC Okay sir
Tue Jun 9 18:32:42 PDT 2015
- nephjc** "@Wisit661: #NephJC In addition, if stone composition shows uric acid stones... Stones may be easily reversible by alkalinizing urine."
Tue Jun 9 18:32:45 PDT 2015
- wisit661** RT @NephJC: "@Wisit661: @NephJC Because not many patients urine > 2-3L/d everyday. Compliance data is lacking <http://t.co/zU3Em8AU5T>" #Neph...
Tue Jun 9 18:32:58 PDT 2015
- hekmagsmd** @wittykidney @dr_nikhilshah Yes! I think first kidney stone warranties a metabolic evaluation #nephjc
Tue Jun 9 18:32:58 PDT 2015
- wisit661** RT @NephJC: "@Wisit661: #NephJC In addition, if stone composition shows uric acid stones... Stones may be easily reversible by alkalinizing...
Tue Jun 9 18:33:06 PDT 2015
- andrewbuelt** I could understand this workup in a recurrent stone former but for the 1st stone in PCP office seems overkill with the weak evidence #nephjc
Tue Jun 9 18:33:13 PDT 2015
- nephjc** @HekmagsMD @wittykidney @dr_nikhilshah at least a PTH after first stone #nephjc
Tue Jun 9 18:33:17 PDT 2015

- nephjc** Topic 2: Dietary recommendations. ACP recommends increased water intake. #NephJC
Tue Jun 9 18:33:31 PDT 2015
- nephjc** Topic 2: Dietary recs. ACP lists this paper in favor of increased water intake. #NephJC
<http://t.co/9TzmU6bRVD> They're punking us right?
Tue Jun 9 18:33:36 PDT 2015
- ravineja** @NephJC small subset of patients treated with water, poor quality study #nephjc
Tue Jun 9 18:34:36 PDT 2015
- kidney_boy** @weddellite @hswapnil But studies have been done, time and money spent but the quality is poor. Why? #NephJC
Tue Jun 9 18:34:38 PDT 2015
- ukidney** @edgarvlrmamd Good culprit drug to remember is topirimate (used increasingly for migraines). Carbonic anhydrase inhibitor #NephJC
Tue Jun 9 18:34:44 PDT 2015
- dr_nikhilshah** RT @UKidney: @edgarvlrmamd Good culprit drug to remember is topirimate (used increasingly for migraines). Carbonic anhydrase inhibitor #Ne...
Tue Jun 9 18:35:15 PDT 2015
- wittykidney** @Nephro_Sparks @UKidney @hswapnil <https://t.co/vO73gouoJC> #nephjc
Tue Jun 9 18:35:22 PDT 2015
- ukidney** @NephroMostapha Good point! #NephJC
Tue Jun 9 18:35:37 PDT 2015
- nephjc** @UKidney @edgarvlrmamd caught two of those in one month. One outpatient, one inpatient. CaPhos stone is the clue #nephjc
Tue Jun 9 18:36:00 PDT 2015
- hswapnil** Agree @AndrewBuel: understand workup in a recurrent stone former but for 1st stone in PCP office seems overkill with weak evidence #nephjc
Tue Jun 9 18:36:22 PDT 2015
- nephjc** I had no idea the history of multicomponent diets was so checkered. #NephJC Green = #OnlyReadNEJM <http://t.co/W1D057mHcv>
Tue Jun 9 18:37:11 PDT 2015
- hswapnil** RT @UKidney: I think metabolic assessments should be reserved for those with at least 2 stone attacks. Unless very young #NephJC
Tue Jun 9 18:37:12 PDT 2015

- weddellite** if the first time stone former is a diabetic on coumadin I suggest you do a full evaluation #nephjc
Tue Jun 9 18:37:34 PDT 2015
- dr_nikhilshah** Calcium Phosphate stone former, Urine Ph 7, Low Urine citrate! Serum Bicarb 29. How would you know without metab assessments. #nephjc
Tue Jun 9 18:37:41 PDT 2015
- wisit661** @NephJC it is important, so we know..urine volume..and their problems.. Hypercaciuria, hyperoxaluria, hypocitrate etc #nephjc
Tue Jun 9 18:37:58 PDT 2015
- andrewbuel** feel like full workup 1st stone is like going to cath with chest pain- poor evidence to show benefit except in maybe select few #nephjc
Tue Jun 9 18:38:07 PDT 2015
- hekmagsmd** RT @dr_nikhilshah: Calcium Phosphate stone former, Urine Ph 7, Low Urine citrate! Serum Bicarb 29. How would you know without metab assessm...
Tue Jun 9 18:38:24 PDT 2015
- nephjc** RT @Wisit661: @NephJC it is important, so we know..urine volume..and their problems.. Hypercaciuria, hyperoxaluria, hypocitrate etc #nephjc
Tue Jun 9 18:38:53 PDT 2015
- s_brimble** RT @hswapnil: Agree @AndrewBuel: understand workup in a recurrent stone former but for 1st stone in PCP office seems overkill with weak ev...
Tue Jun 9 18:39:13 PDT 2015
- dr_nikhilshah** T1 - Diet and stones - Does anyone measure sulphates and change diet advice related to urine 24 hour sulphates? #nephjc
Tue Jun 9 18:39:36 PDT 2015
- nephjc** because of increased morbidity of recurrence? RT @weddellite: if the 1st time stone is a DM2 on coumadin I suggest a full evaluation #nephjc
Tue Jun 9 18:39:56 PDT 2015
- ukidney** We seem to thing the guidelines stink. But it is important to prove they stink. We do need an RCT to prove the importance testing #NephJC
Tue Jun 9 18:40:18 PDT 2015
- nephjc** I don't RT @dr_nikhilshah: T1-Diet and stones - anyone measure sulphates and change diet advice related to urine 24 hour sulphates? #nephjc
Tue Jun 9 18:40:32 PDT 2015
- ravineja** @NephJC @dr_nikhilshah who trained you? #nephjc

Tue Jun 9 18:40:54 PDT 2015

nephjc

RT @UKidney: We seem to thing the guidelines stink. But it is important to prove they stink. We do need an RCT to prove the importance test...

Tue Jun 9 18:41:03 PDT 2015

wittykidney

@weddellite Then Canadian physicians did very well in survey. <http://t.co/AGb5CfZWZ7> #nephjc #nephjc

Tue Jun 9 18:41:05 PDT 2015

hekmagsmd

Do any of you order DEXA scans for kidney stone metabolic evaluations? #nephjc

Tue Jun 9 18:41:14 PDT 2015

weddellite

@NephJC yes because it's gonna be a mess. It's about motivation. If 22 year old 1st time: no; motivated, complicated: yes #nephjc

Tue Jun 9 18:41:21 PDT 2015

dr_nikhilshah

#DreamRCT #Nephjc @UKidney <https://t.co/SR5bkjNvFD>

Tue Jun 9 18:41:25 PDT 2015

edgarvlermamd

@AndrewBuelT LIMITED metabolic eval vs DETAILED metabolic eval of kidney stone formers #NephJC <http://t.co/2VMpd6otHW> <http://t.co/wHHmfMkQIs>

Tue Jun 9 18:41:28 PDT 2015

nephjc

@ravineja The ACP #nephjc

Tue Jun 9 18:41:28 PDT 2015

hswapnil

GRADE: strong recs aimed at policy makers: <http://t.co/1SE7qR0fGf> #NephJC <http://t.co/m4mt7Sg9eY>

Tue Jun 9 18:41:54 PDT 2015

hekmagsmd

RT @NephJC: @ravineja The ACP #nephjc

Tue Jun 9 18:42:02 PDT 2015

suzannenorby

@AndrewBuelT Risk factors, family hx, shared decision making are important; 1st time stones don't all recur #nephjc <https://t.co/AM6ndd92q1>

Tue Jun 9 18:42:06 PDT 2015

weddellite

@ravineja @NephJC @dr_nikhilshah that question is from the king of SO4 measurement #nephjc

Tue Jun 9 18:42:07 PDT 2015

hekmagsmd

RT @edgarvlermamd: @AndrewBuelT LIMITED metabolic eval vs DETAILED metabolic eval of kidney stone formers #NephJC <http://t.co/2VMpd6otHW> ht...

Tue Jun 9 18:42:22 PDT 2015

nephjc

@HekmagsMD only if I find hypercalciuria #nephjc

Tue Jun 9 18:42:23 PDT 2015

hswapnil

RT @UKidney: We seem to think the guidelines stink. But it is important to prove they stink. We do need an RCT to prove the importance test...

Tue Jun 9 18:42:33 PDT 2015

edgarvlermamd

@AndrewBuelte Who should undergo Complete Eval for Nephrolithiasis? #NephJC (Comprehensive Clinical Nephrology 4th Ed) <http://t.co/HTLWHrTdlA>

Tue Jun 9 18:42:36 PDT 2015

dr_nikhilshah

@ravineja @NephJC @dr_nikhilshah Heard a lecture about sulphates measurements in a very difficult patient at BRCU 2014! #nephjc

Tue Jun 9 18:42:54 PDT 2015

hswapnil

RT @wittykidney: @weddellite Then Canadian physicians did very well in survey. <http://t.co/AGb5CfZWZ7> #nephjc #nephjc

Tue Jun 9 18:43:04 PDT 2015

andrewbuelte

RT @UKidney: We seem to think the guidelines stink. But it is important to prove they stink. We do need an RCT to prove the importance test...

Tue Jun 9 18:43:06 PDT 2015

weddellite

@UKidney Canadian nephrons are just awesome, we know that! #nephjc

Tue Jun 9 18:43:27 PDT 2015

ukidney

@dr_nikhilshah Remember the diabetic STENO trial? Multiple risk factor reduction. How about STONO Trial #DreamRCT #NephJC

Tue Jun 9 18:43:34 PDT 2015

hswapnil

RT @UKidney: @dr_nikhilshah Remember the diabetic STENO trial? Multiple risk factor reduction. How about STONO Trial #DreamRCT #NephJC

Tue Jun 9 18:43:47 PDT 2015

wisit661

@NephJC another RCT to support drinking water #Nephjc <http://t.co/A3zRUwTcLJ>

Tue Jun 9 18:43:53 PDT 2015

dr_nikhilshah

RT @UKidney: @dr_nikhilshah Remember the diabetic STENO trial? Multiple risk factor reduction. How about STONO Trial #DreamRCT #NephJC

Tue Jun 9 18:43:54 PDT 2015

RT @Wisit661: @NephJC it is important, so we know..urine volume..and their problems..

- suzannenorby** Hypercaciuria, hyperoxaluria, hypocitrate etc #nephjc
Tue Jun 9 18:44:02 PDT 2015
- ukidney** RT @weddellite: @UKidney Canadian nephrons are just awesome, we know that! #nephjc
Tue Jun 9 18:44:29 PDT 2015
- dr_nikhilshah** RT @weddellite: @UKidney Canadian nephrons are just awesome, we know that! #nephjc
Tue Jun 9 18:44:38 PDT 2015
- nephjc** Any idea why this wasn't considered high/mod quality? RT @Wisit661: @NephJC RCT to support drinking water #Nephjc <http://t.co/CxOyZ4ORTr>
Tue Jun 9 18:45:42 PDT 2015
- edgarvlermamd** @NephJC @Wisit661 Uric acid stones: urinary risk factors and treatment #Nephpearls #NephJC <http://t.co/ouO0bdKzRZ> <http://t.co/7Fmy7aBrgM>
Tue Jun 9 18:45:44 PDT 2015
- nephro_sparks** RT @UKidney: @dr_nikhilshah Remember the diabetic STENO trial? Multiple risk factor reduction. How about STONO Trial #DreamRCT #NephJC
Tue Jun 9 18:45:57 PDT 2015
- nephro_sparks** RT @weddellite: @UKidney Canadian nephrons are just awesome, we know that! #nephjc
Tue Jun 9 18:45:59 PDT 2015
- nephromostapha** #nephjc stones is the thith cause of ESRD in Morocco ! (MAREMAR STUDY)
Tue Jun 9 18:46:02 PDT 2015
- andrewbuel** hearing it's important so we know their problems, my question is why? Are we able to really change any HARD outcomes with that info #nephjc
Tue Jun 9 18:46:13 PDT 2015
- hekmagsmd** Anyone can read the Litholinks (they even tell you what to do) but it takes a skilled Nephrologist to interpret the results. #nephjc
Tue Jun 9 18:46:23 PDT 2015
- nephro_sparks** RT @NephJC: Any idea why this wasn't considered high/mod quality? RT @Wisit661: @NephJC RCT to support drinking water #Nephjc <http://t.co/C...>
Tue Jun 9 18:46:34 PDT 2015
- nephjc** Topic 3: Pharmacologic therapy. How can ACP site these studies in calcium stones if they recommend against stone analysis? #NephJC (1/2)
Tue Jun 9 18:46:42 PDT 2015

I can test your HDL but can't do anything with that information that chanes outcomes

- andrewbuel** #nephjc
Tue Jun 9 18:46:42 PDT 2015
- weddellite** @NephJC @Wisit661 because that Borghi study had issues about randomization they didn't like; pretty minor issues. #nephjc
Tue Jun 9 18:46:50 PDT 2015
- nephjc** #NephJC (@/2) <http://t.co/fQnUFidePE>
Tue Jun 9 18:46:50 PDT 2015
- hswapnil** RT @NephJC: Any idea why this wasn't considered high/mod quality? RT @Wisit661: @NephJC RCT to support drinking water #Nephjc <http://t.co/C...>
Tue Jun 9 18:47:02 PDT 2015
- wisit661** RT @weddellite: @NephJC @Wisit661 because that Borghi study had issues about randomization they didn't like; pretty minor issues. #nephjc
Tue Jun 9 18:47:24 PDT 2015
- hswapnil** RT @weddellite: @NephJC @Wisit661 because that Borghi study had issues about randomization they didn't like; pretty minor issues. #nephjc
Tue Jun 9 18:47:41 PDT 2015
- weddellite** How can ACP say "thiazides, citrate, allopurinol" without saying WHEN and TO WHOM/
#nephjc
Tue Jun 9 18:47:57 PDT 2015
- dr_nikhilshah** @weddellite Shotgun therapy - add water to it and something has to work! #nephjc
Tue Jun 9 18:48:32 PDT 2015
- nephjc** @AndrewBuel alkalization makes CaPhos stones worse but melts uric acid stones. HTCZ works best for hypercalciurics. #nephjc
Tue Jun 9 18:48:55 PDT 2015
- suzannenorby** Exactly!!! #nephjc <https://t.co/iqdymYyQGj>
Tue Jun 9 18:49:17 PDT 2015
- ukidney** Dr. Goldfarb points out some these inconsistencies in his scathing (and vey well written) letter: <http://t.co/ODqCKlevVP> #NephJC
Tue Jun 9 18:49:19 PDT 2015
- nephjc** @AndrewBuel recommending more water intake to someone already making 3 liters of urine, probably not productive. #nephjc
Tue Jun 9 18:49:44 PDT 2015

- dr_nikhilshah** RT @UKidney: Dr. Goldfarb points out some these inconsistencies in his scathing (and vey well written) letter: <http://t.co/ODqCKlevVP> #Neph...
Tue Jun 9 18:49:44 PDT 2015
- dr_nikhilshah** @NephJC @AndrewBuelte Would you ask them to drink enough to wake them to pee at night?? Keep it flowing! #nephjc
Tue Jun 9 18:50:29 PDT 2015
- nephro_sparks** @weddellite really at at loss for this as well #NephJC
Tue Jun 9 18:50:33 PDT 2015
- hswapnil** QFT @weddellite: How can ACP say "thiazides, citrate, allopurinol" without saying WHEN and TO WHOM/ #nephjc
Tue Jun 9 18:50:36 PDT 2015
- andrewbuelte** To those of you that see recurrent stones how many are actually making 2-3L every day? #nephjc
Tue Jun 9 18:50:42 PDT 2015
- nephro_sparks** RT @UKidney: Dr. Goldfarb points out some these inconsistencies in his scathing (and vey well written) letter: <http://t.co/ODqCKlevVP> #Neph...
Tue Jun 9 18:50:45 PDT 2015
- wisit661** @weddellite @NephJC thank you sir, how about other observational studies? almost all suggested decreased recurrent risk by half #nephjc
Tue Jun 9 18:50:55 PDT 2015
- scotter** RT @Wisit661: @NephJC another RCT to support drinking water #Nephjc
<http://t.co/A3zRUwTcLJ>
Tue Jun 9 18:51:09 PDT 2015
- nephjc** Topic 4: Where to go from here? Should we force a retraction and collect the data needed to prove current clinical activity? #nephjc
Tue Jun 9 18:51:11 PDT 2015
- edgarvlermamd** Selected treatment modalities for various types of kidney stones #Nephpearls #NephJC
<http://t.co/zKUsXBisCb> <http://t.co/dhxiecZ4wy>
Tue Jun 9 18:51:15 PDT 2015
- hswapnil** @weddellite @NephJC @Wisit661 Shouldn't that have just downgraded the evidence, rather than exclude? Strange #nephjc
Tue Jun 9 18:51:19 PDT 2015
- dr_nikhilshah** @AndrewBuelte For the ones i follow about 50 - 60% I hammer at it all the time. #nephjc
Tue Jun 9 18:51:24 PDT 2015

- hswapnil** RT @UKidney: Dr. Goldfarb points out some these inconsistencies in his scathing (and vey well written) letter: <http://t.co/ODqCKlevVP> #Neph...
Tue Jun 9 18:51:31 PDT 2015
- hekmagsmd** RT @dr_nikhilshah: @weddellite Shotgun therapy - add water to it and something has to work! #nephjc
Tue Jun 9 18:51:42 PDT 2015
- wisit661** RT @hswapnil: @weddellite @NephJC @Wisit661 Shouldn't that have just downgraded the evidence, rather than exclude? Strange #nephjc
Tue Jun 9 18:51:43 PDT 2015
- andrewbuel** RT @hswapnil: @weddellite @NephJC @Wisit661 Shouldn't that have just downgraded the evidence, rather than exclude? Strange #nephjc
Tue Jun 9 18:51:46 PDT 2015
- weddellite** Increased fluid intake is frequently adhered to if you prescribe it quantitatively and as a powerful med #nephjc
Tue Jun 9 18:51:49 PDT 2015
- wittykidney** @dr_nikhilshah not recommending more water, but possibly more at night when urine concentrates and more likely to cause growth #nephjc
Tue Jun 9 18:51:51 PDT 2015
- ukidney** Recently, if I need a pick-me-up, I re-read the @weddellite letter. For inspiration :)
<http://t.co/ODqCKlevVP> #NephJC
Tue Jun 9 18:52:09 PDT 2015
- wisit661** @hswapnil @weddellite @NephJC totally agreed! #nephjc
Tue Jun 9 18:52:12 PDT 2015
- dr_nikhilshah** #nephjc <https://t.co/lc0zOd2HcL>
Tue Jun 9 18:52:13 PDT 2015
- wisit661** RT @edgarvlermamd: @NephJC @Wisit661 Uric acid stones: urinary risk factors and treatment #Nephpearls #NephJC <http://t.co/ouO0bdKzRZ> <http://...>
Tue Jun 9 18:52:30 PDT 2015
- nephjc** Do we have data to support use of blood cultures versus just empiric abx for sepsis?
#nephjc
Tue Jun 9 18:52:36 PDT 2015
- weddellite** @UKidney @weddellite There's better health outcomes if you get sleep and I do worry

- about disturbing it; so give citrate at night #nephjc
Tue Jun 9 18:52:44 PDT 2015
- weddellite** @UKidney @weddellite I'm just another Mitch Halperin acolyte #nephjc
Tue Jun 9 18:53:07 PDT 2015
- suzannenorby** "Most important glass of water is in middle of nite while up going to the bathroom," learned in fellowship #nephjc <https://t.co/Xp0DGuxHjE>
Tue Jun 9 18:53:08 PDT 2015
- dr_nikhilshah** @weddellite Rx Water. I write it on a prescription! Just to make a point! #nephjc
Tue Jun 9 18:53:15 PDT 2015
- nephro_sparks** RT @NephJC: Do we have data to support use of blood cultures versus just empiric abx for sepsis? #nephjc
Tue Jun 9 18:53:31 PDT 2015
- wittykidney** @SuzanneNorby agree #nephjc
Tue Jun 9 18:53:31 PDT 2015
- ukidney** @HekmagsMD @wittykidney @dr_nikhilshah I don't doubt it. But I wonder if the yield will be quite low for one-time-only stone-formers #nephjc
Tue Jun 9 18:53:47 PDT 2015
- jatigert** RT @weddellite: the late David Sackett: "if no RCT has been carried out, we must follow the trail to the next best external evidence..." #ne...
Tue Jun 9 18:53:56 PDT 2015
- hswapnil** don't know about a retraction, but all these responses should become part of the record #nephjc
Tue Jun 9 18:53:58 PDT 2015
- kidney_boy** I wrote an Rx for water and got a call that they needed a prior authorization. #NephJC
Tue Jun 9 18:53:59 PDT 2015
- hekmagsmd** Is water intake a good advice? Or should we recommend patients to base water intake depending on their UOP? Some pts don't P a lot. #nephjc
Tue Jun 9 18:54:08 PDT 2015
- hswapnil** RT @SuzanneNorby: "Most important glass of water is in middle of nite while up going to the bathroom," learned in fellowship #nephjc <https://t.co/Xp0DGuxHjE>
Tue Jun 9 18:54:19 PDT 2015
- Heh! @kidney_boy: I wrote an Rx for water and got a call that they needed a prior

- hswapnil** authorization. #NephJC
Tue Jun 9 18:54:39 PDT 2015
- wittykidney** @hswapnil @SuzanneNorby Non-pharmacologic principles should be applied to all recurrent stone formers #nephjc
Tue Jun 9 18:55:20 PDT 2015
- jatigert** RT @NephJC: And the Canadians list the purposes of CPGs in 8 bullet points (page 3). #NephJC PDF: <https://t.co/QQcCaved2b> <http://t.co/EjB...>
Tue Jun 9 18:55:47 PDT 2015
- dr_nikhilshah** @HekmagsMD With normal creatinine and Stones - Exactly because they dont Drink a lot! #nephjc
Tue Jun 9 18:55:52 PDT 2015
- nephjc** Last five minutes. Final thoughts? #nephjc
Tue Jun 9 18:56:01 PDT 2015
- weddellite** #nephjc <http://t.co/xKf8st7Omo>
Tue Jun 9 18:56:07 PDT 2015
- suzannenorby** RT @wittykidney: @hswapnil @SuzanneNorby Non-pharmacologic principles should be applied to all recurrent stone formers #nephjc
Tue Jun 9 18:56:12 PDT 2015
- wittykidney** @dr_nikhilshah Don't need to drink that fast. It's not the speed but volume matters #nephjc
Tue Jun 9 18:56:13 PDT 2015
- hekmgagsmd** @SuzanneNorby Agree. I usually show my pts a 10-oz cup and tell them to drink a cup of H2O every hour they are awake & at night #nephjc
Tue Jun 9 18:56:22 PDT 2015
- nephjc** RT @weddellite: #nephjc <http://t.co/xKf8st7Omo>
Tue Jun 9 18:56:34 PDT 2015
- dr_nikhilshah** #nephjc And I thought I was the only crazy guy to write Water as prescription!!
<https://t.co/E5wVsmCjn2>
Tue Jun 9 18:56:50 PDT 2015
- wisit661** RT @weddellite: #nephjc <http://t.co/xKf8st7Omo>
Tue Jun 9 18:56:58 PDT 2015
- pblanchardnbpa** RT @kidney_boy: I wrote an Rx for water and got a call that they needed a prior authorization. #NephJC

- Tue Jun 9 18:57:02 PDT 2015
- dr_nikhilshah** Though the "ROB STONE" is making me suspicious. ;) #nephjc
Tue Jun 9 18:57:39 PDT 2015
- ukidney** Final thoughts? This was fun! #NephJC
Tue Jun 9 18:57:44 PDT 2015
- hekmagsmd** @UKidney @wittykidney @dr_nikhilshah I agree, I've seen elderly pts that had kidney stones in their 20s & never had anymore stones #nephjc
Tue Jun 9 18:57:56 PDT 2015
- nephjc** Patient admitted with a sodium of 118 RT @HekmagsMD: I show my pts a 10-oz cup. Tell them to drink a cup every hour they're awake #nephjc
Tue Jun 9 18:58:00 PDT 2015
- hswapnil** RT @weddellite: #nephjc <http://t.co/xKf8st7Omo>
Tue Jun 9 18:58:10 PDT 2015
- weddellite** @Nephro_Sparks and their letter in Annals screwed up what allopurinol is for. Conclusion: they are not experts. #nephjc
Tue Jun 9 18:58:37 PDT 2015
- hekmagsmd** RT @weddellite: #nephjc <http://t.co/xKf8st7Omo>
Tue Jun 9 18:58:48 PDT 2015
- dr_nikhilshah** Final thoughts - Guidelines or no guidelines - Do Metab wkup for stone no2 and onwards, prescribe water and Hope for the best! #nephjc
Tue Jun 9 18:58:49 PDT 2015
- kidney_boy** An hour about kidney stones and no one cracked a Stoner of Bong joke. Achievement unlocked! #NephJC
Tue Jun 9 18:59:03 PDT 2015
- andrewbuel** final thought- lack of evidence doesn't mean it doesn't work but it sure is frustrating #nephjc
Tue Jun 9 18:59:05 PDT 2015
- wisit661** RT @NephJC: Any idea why this wasn't considered high/mod quality? RT @Wisit661: @NephJC RCT to support drinking water #Nephjc <http://t.co/C...>
Tue Jun 9 18:59:17 PDT 2015
- hswapnil** RT @UKidney: @HekmagsMD @wittykidney @dr_nikhilshah I don't doubt it. But I wonder if the yield will be quite low for one-time-only stone-f...

Tue Jun 9 18:59:22 PDT 2015

weddellite

Read end of AUA guidelines about "future research" [#nephjc](#)

Tue Jun 9 19:00:02 PDT 2015

wisit661

RT @SuzanneNorby: "Most important glass of water is in middle of nite while up going to the bathroom," learned in fellowship [#nephjc](#) [https://t.co/3h9kMj3y69](#)

Tue Jun 9 19:00:11 PDT 2015

suzannenorby

Hard to write electronic order for water Rx; then warning: "free text orders not checked for interactions"! [#NephJC](#) <https://t.co/3h9kMj3y69>

Tue Jun 9 19:00:20 PDT 2015

nephjc

Thanks everyone. Next American NephJC is NEXT WEEK! Social Media on the chopping block. Let's get Meta! [#nephjc](#)

Tue Jun 9 19:00:28 PDT 2015

hekmagsmd

@NephJC LOL. You always tell your pts to drink 5L so they can at least drink 3L. Pts hardly follow directions! :) [#nephjc](#)

Tue Jun 9 19:00:30 PDT 2015

hswapnil

RT @AndrewBuel: final thought- lack of evidence doesn't mean it doesn't work but it sure is frustrating [#nephjc](#)

Tue Jun 9 19:00:45 PDT 2015

dr_nikhilshah

RT @SuzanneNorby: Hard to write electronic order for water Rx; then warning: "free text orders not checked for interactions"! [#NephJC](#) [http://t.co/3h9kMj3y69](#)

Tue Jun 9 19:00:58 PDT 2015

dr_nikhilshah

Thank you everyone - This was good! Stoned on Water! [#nephjc](#)

Tue Jun 9 19:01:42 PDT 2015

supermarioelia

@NephJC @HekmagsMD But their thirst is adequately quenched. How can we argue with a good quenching? [#nephjc](#)

Tue Jun 9 19:01:45 PDT 2015

nephjc

Correction, read all of the AUA guidelines. Excellent. RT @weddellite: Read end of AUA guidelines about "future research" [#nephjc](#)

Tue Jun 9 19:01:50 PDT 2015

weddellite

COI: CaOx stone former. I bet my UOP is greater than all of yours. And my patients will agree...at least many. [#nephjc](#)

Tue Jun 9 19:01:55 PDT 2015

- kidney_boy** AUA guidelines excellent despite hack authors. [#NephJC](#)
Tue Jun 9 19:02:11 PDT 2015
- hekmagsmd** [#AUA](#) guidelines are much better guidelines for kidney stone prevention. [#nephjc](#)
Tue Jun 9 19:02:19 PDT 2015
- hswapnil** [@weddellite](#) <https://t.co/x4Dm2DLPix> [#nephjc](#) <http://t.co/ttzbVeGQfK>
Tue Jun 9 19:02:25 PDT 2015
- hswapnil** RT [@NephJC](#): Thanks everyone. Next American NephJC is NEXT WEEK! Social Media on the chopping block. Let's get Meta! [#nephjc](#)
Tue Jun 9 19:02:39 PDT 2015
- weddellite** It's a great field, undermanned and understudied. You all should stay with it and HELP ADVANCE IT! [#nephjc](#)
Tue Jun 9 19:03:15 PDT 2015
- hswapnil** RT [@supermarioelia](#): [@NephJC](#) [@HekmagsMD](#) But their thirst is adequately quenched. How can we argue with a good quenching? [#nephjc](#)
Tue Jun 9 19:03:21 PDT 2015
- hswapnil** RT [@NephJC](#): Correction, read all of the AUA guidelines. Excellent. RT [@weddellite](#): Read end of AUA guidelines about "future research" [#neph...](#)
Tue Jun 9 19:03:27 PDT 2015
- dr_nikhilshah** RT [@weddellite](#): It's a great field, undermanned and understudied. You all should stay with it and HELP ADVANCE IT! [#nephjc](#)
Tue Jun 9 19:03:40 PDT 2015
- nephjc** And if you go into stones, you get to stay until Sunday at [#KidneyWk15](#) [#NoRespect](#) [#nephjc](#)
Tue Jun 9 19:04:04 PDT 2015
- weddellite** RT [@hswapnil](#): [@weddellite](#) <https://t.co/X7VLOCUS7T> [#nephjc](#) <http://t.co/fr9xelhvur> Thanks Swapnil; I wrote that. There's a future here!
Tue Jun 9 19:04:04 PDT 2015
- hekmagsmd** [@supermarioelia](#) [@NephJC](#) [#NephJC](#) For some pts, drinking water is difficult; drinking small sips of H2O throughout the day never killed anyone
Tue Jun 9 19:06:42 PDT 2015
- tvachh** RT [@weddellite](#): [#nephjc](#) <http://t.co/xKf8st7Omo>
Tue Jun 9 19:07:23 PDT 2015
- RT [@weddellite](#): It's a great field, undermanned and understudied. You all should stay with it

hswapnil

and HELP ADVANCE IT! #nephjc
Tue Jun 9 19:07:56 PDT 2015

hekmagsmd

@supermarioelia @NephJC #NephJC There are good & bad pts. Some of them follow up directions very nicely; in others, you need to re-inforce
Tue Jun 9 19:08:45 PDT 2015

pauldsimmons

RT @kidney_boy: I wrote an Rx for water and got a call that they needed a prior authorization. #NephJC
Tue Jun 9 19:11:39 PDT 2015

nephro_sparks

RT @weddelite: It's a great field, undermanned and understudied. You all should stay with it and HELP ADVANCE IT! #nephjc
Tue Jun 9 19:16:10 PDT 2015

medpedshosp

RT @kidney_boy: I wrote an Rx for water and got a call that they needed a prior authorization. #NephJC
Tue Jun 9 19:20:14 PDT 2015

drksingal

.@kidney_boy Very sorry to have missed this particular #nephjc Great topic.
Tue Jun 9 19:20:27 PDT 2015

medpedshosp

RT @edgarvlmamd: Nephrolithiasis 101: Optimal 24 hour Urine Values #Nephpearls #NephJC (From Comprehensive Clinical Nephrology 4th Ed) ht...
Tue Jun 9 19:26:21 PDT 2015

wittykidney

@hswapnil @Nephro_Sparks @weddelite we were talking about water intake here <https://t.co/ra6Y7KzAhl> #NephJC
Tue Jun 9 19:38:42 PDT 2015