

# #NephJC Transcript

Healthcare social media transcript of the #NephJC hashtag. Tue, January 16th 2018, 8:55PM – Tue, January 16th 2018, 10:55PM (America/Toronto). See #NephJC Influencers.



**Nephrology Jrnl Club** @nephjc

a month ago

Ready for the NephJC chat just 5 mins #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

1 minute to go - anyone here? #nephjc



**Swapnil Hiremath, MD** @hswapnil

a month ago

RT @NephJC: 20 minutes to go <https://t.co/TFQFGtfs4C> #Queen #hypertension #nephjc



**Jay Koyner** @jaykoyner

a month ago

jay koyner - nephrologist - chicago - no COI - here to learn #nephjc



**Manasi** @manasib33

a month ago

Hi everyone! Manasi- renal fellow, Mount Sinai. #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

Its 9 pm! Happy New Year and welcome everyone to the first #NephJC of 2018



**Scherly Leon, MD** @sleonmd

a month ago

RT @NephJC: Its 9 pm! Happy New Year and welcome everyone to the first #NephJC of 2018



**Nephrology Jrnl Club** @nephjc

a month ago


Hi Manasi & Jay! great to see you on! #nephjc





**Joshua Rein** @thephunclub


a month ago


Josh Rein, renal fellow at Sinai #nephjc


 **Nephrology Jrnl Club @nephjc** a month ago  
This is Swapnil Hiremath @hswapnil, self-confessed hypertension nerd who is your host tonight at #NephJC


 **Nephrology Jrnl Club @nephjc** a month ago  
Please introduce yourself and declare any conflicts of interest (COI) - even if lurking - please pop in to say hello! #NephJC


 **Swapnil Hiremath, MD @hswapnil** a month ago  
Swapnil Hiremath, nephrologist from @OttawaHospital #NephJC cofounder COI: @HTNCanada G/I member Will use this for snarky takes! <https://t.co/Too5LJvIGG>


 **Nephrology Jrnl Club @nephjc** a month ago  
Hey Josh! Nice to see you again! Welcome back to #NephJC


 **Elie Charabaty @elie\_charabaty** a month ago  
Elie Charabaty nephrologist Staten Island NY no COI #nephjc


 **Scherly Leon, MD @sleonmd** a month ago  
Scherly Leon, Nephrologist in NYC. Love getting hypertension under control! #nephjc

 **Joshua Rein @thephunclub** a month ago  
<--- ASH certified hypertension specialist and lover of potassium #nephjc

 **Nephrology Jrnl Club @nephjc** a month ago  
Like we said - tchat is a bit buggy since #280 - use tweetdeck or native client... #nephjc

 **Michelle Rheault @rheault\_m** a month ago  
@NephJC Hello! Michelle Rheault, Ped Neph UMN. COI in bio. #NephJC

 **Hector Madariaga, MD @hecmagsmd** a month ago  
Hi, everyone. Hector M. Madariaga, no COI. From #PatriotsNation. #nephjc

 **Scherly Leon, MD @sleonmd** a month ago  
@hswapnil @OttawaHospital @HTNCanada great summary! #nephjc

**Gates Colbert, MD** @doctorgates

a month ago

@NephJC @hswapnil Awesome, thorough write up Swap! #DillyDilly #NephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Brian Byrd, hypertension specialist &amp; hypertension researcher, general cardiologist at UMich. No conflict of interest. #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

Scherly, Gates - #NSMC grads/faculty! Hi ELie - and phew, another nerd Bryan - welcome all #nephjc

**Kevin J. Fowler** @gratefull080504

a month ago

@gratefull080504: COI- Protalix, Hansa Medical, Horizon Pharma, @patientMpower, Omeros, Otsuka, in Chicago tonight #nephJC <https://t.co/YoKCTzjktW>**Jennie Lin, MD** @jenniejlin

a month ago

Jennie Lin, cardio/renal physician-scientist from Northwestern, here to learn from the experts and remain normotensive, no COI #nephjc

**Edgar V. Lerma** 🇲🇽 @edgarvlmamd

a month ago

Edgar Lerma, Chicago-based Nephrologist #NephJC Photo Credit: @latoga <https://t.co/Uybx8ylzVD>**Pablo Garcia** @pablogarciamd

a month ago

Pablo Garcia, Internal Medicine Resident #NSMC 2017 and soon to be a nephrology fellow. New Brunswick, NJ. No COI #nephjc

**Nikhil Shah** @dr\_nikhilshah

a month ago

#nephjc Nikhil Shah, Nephrologist @UAlberta Edmonton, Canada. No COI.

**Nephrology Jrnl Club** @nephjc


a month ago


Hi Michelle, Jennie, Edgar, Pablo &amp; Hector (yes we know you love Brady) #NephJC


**Poyan Mehr** @poyanmehr


a month ago


#nephJC <https://t.co/cVMSawxYDf>

 **Nephrology Jrnl Club @nephjc** a month ago  
We will be discussing the 2017 AHA-ACC heck hypertension guidelines - all documents, slides, app available here: <https://t.co/eWU6bLp35j> #NephJC


 **Sunil Badve @badves** a month ago  
Sunil Badve, nephrologist, Sydney, Australia. No COI #nephjc


 **Sarah Melville @sarahkmels** a month ago  
@NephJC Hi @hswapnil lurking here to take notes re: #AHA17 g/l Thank u for your helpful summary in #nephjc newsletter

 **Nephrology Jrnl Club @nephjc** a month ago  
Guideline summary a bit long at 114 pages? Check out #NephJC summary here <https://t.co/HmVf5c9Tuh>


 **Airavata (ऐरावत) @akshayakeerti** a month ago  
#nephjc Hi everyone . Nepal . Coi ; loves peds nephro

 **Pablo Garcia @pablogarciamd** a month ago  
@jenniejlin Hi Jennie #nephjc

 **Scherly Leon, MD @sleonmd** a month ago  
@NephJC just logged on to tweetdeck...oh boy have to take time to learn new platforms. #nephjc

 **Michelle Rheault @rheault\_m** a month ago  
@HecmagsMD Looks like it's going to be your Patriots and my Vikings in the Superbowl. We may have to make a friendly #NephJC wager.

 **Joel Topf, MD FACP @kidney\_boy** a month ago  
Joel Topf, clinical nephrologist and marsonaut. #SpookySodiumForever #NephJC

 **Manasi @manasib33** a month ago  
RT @NephJC: Guideline summary a bit long at 114 pages? Check out #NephJC summary here <https://t.co/HmVf5c9Tuh>

**Nephrology Jrnl Club** @nephjc

a month ago

wow - quite the crowd! Hello Sunil, Sarah, Ali, Nikhil and Akshaya #nephjc

**Matt Sparks** @nephro\_sparks

a month ago

Matt Sparks reporting for duty. preparing for snowmageddin in Durham #NephJC

**Silvi Shah** @silvishah

a month ago

Hi this is Silvi from Cincinnati no Coi #nephJC

**Gates Colbert, MD** @doctorgates

a month ago

Dallas #Nephrologist. As well #ASH Clinical Hypertension Specialist. Losartan, Chlorthalidone and Spironolactone are my favorites. #NephJC

**Lekha Tummalapalli** @ltummalapalli

a month ago

Sri Lekha Tummalapalli, nephrology fellow UCSF, hi all! #nephjc

**caveman shree, MD** @shreemulay

a month ago

RT @NephJC: Guideline summary a bit long at 114 pages? Check out #NephJC summary here <https://t.co/HmVf5c9Tuh>**Nephrology Jrnl Club** @nephjc

a month ago

Guideline too long? TL;DR version: Target BP is 130/80. For everyone! good night. /JK #NephJC

**Paul A Welling** @paulawelling1

a month ago

Hi all, no COI #nephjc

**caveman shree, MD** @shreemulay

a month ago

Retweeted Nephrology Jrnl Club (@NephJC): Guideline summary a bit long at 114 pages? Check out #NephJC summary... <https://t.co/SczlXRvP43>**Pablo Garcia** @pablogarciamd

a month ago

@dr\_nikhilshah Hi Nikhil #nephjc

**Michelle Rheault** @rheault\_m

a month ago

@SLeonMD @NephJC I agree with you Scherly. What the heck is going on there? #NephJC



**Kevin J. Fowler** @gratefull080504

a month ago

@Nephro\_Sparks How much snow is anticipated? #nephjc



**Scherly Leon, MD** @sleonmd

a month ago

RT @NephJC: We will be discussing the 2017 AHA-ACC heck hypertension guidelines - all documents, slides, app available here: <https://t.co/e...>



**Matt Sparks** @nephro\_sparks

a month ago

@PaulAWelling1 Hi Dr. Welling... happy to have you #nephjc



**Pablo Garcia** @pablogarciamd

a month ago

@LTummalapalli Hi Lekha #nephjc



**Richard McCrory** @iamdoctord

a month ago

Richard, in PhD land, on-call, will just watch events unfold... #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

Silvi/Matt/Joel/Dr Welling hello! and Welcome back Kevin! Welcome to Lekha - first time? #nephjc



**Matt Sparks** @nephro\_sparks

a month ago

@gratefull080504 1-5 inches (13cm) #nephjc



**Pablo Garcia** @pablogarciamd

a month ago

@DoctorGates Hi Gates #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

@iamdoctord what time is it there? #nephjc



**Hector Madariaga, MD** @hecmagsmd

a month ago

@rheault\_m Yes! I am happy for the Vikings. That game and the last play was insane! #NephJC



**Nikhil Shah** @dr\_nikhilshah

a month ago

@PabloGarciaMD #NephJC Hi Pablo, and everyone! This is going to be a busy chat. Just met @PadwalRaj in the elevator - not much on twitter! Should have got him to my office!



**Matt Sparks @nephro\_sparks**  
@LTummalapalli Hi Lekha #nephjc

a month ago



**Matt Sparks @nephro\_sparks**  
@HecmagsMD Hi Hecs. #nephjc

a month ago



**Anna Burgner MD MEHP @anna\_burgner**  
#NephJC joining this chat from a hockey game so will mostly lurk! No COI

a month ago



**Joel Topf, MD FACP @kidney\_boy**  
@rheault\_m @HecmagsMD This tweet is so hubristic you'd think it came from #PatsFan. Nope #skoal #NephJC

a month ago



**Matt Sparks @nephro\_sparks**  
@dr\_nikhilshah Hi Nikhil #nephjc

a month ago



**Dallas Renal Group @dallasrenal**  
Nephrologist in Dallas representing @DallasRenal, originally from NY and not feeling this cold weather #nephjc <https://t.co/Z7sJOiQHBs>

a month ago



**Silvi Shah @silvishah**  
@manasib33 Hi Manasi! Stay warm #nephJC

a month ago



**Kevin J. Fowler @gratefull080504**  
@Nephro\_Sparks Good grief! We have a foot of snow in Chicago and it is business as usual #nephjc

a month ago



**Nephrology Jrnl Club @nephjc**  
As a warm up T0: what is your current practice to stratify patients? Diabetes, CKD, proteinuria, CV risk, age - all or some or none of these? #NephJC

a month ago



**Hector Madariaga, MD @hecmagsmd**  
@Nephro\_Sparks Hi, Matt. How much snow? Really? #NephJC

a month ago



**Sarah Melville @sarahkmels**  
@NephJC yes ty it was a helpful summary with great references ty #Nephjc

a month ago

**Matt Sparks** @nephro\_sparks

a month ago

what a crowd tonight. Maybe @NephRodby will join #nephjc

**Kenar Jhaveri** @kdjhaveri

a month ago

Kenar Jhaveri @HofstraKidney no COI #nephJC

**Nephrology Jrnl Club** @nephjc

a month ago

@DallasRenal thanks for joining us! #nephjc

**Scherly Leon, MD** @sleonmd

a month ago

@rheault\_m @NephJC #nephjc <https://t.co/t6PNUnt0UT>**Nephrology Jrnl Club** @nephjc

a month ago

Hi Kenar and Anna! #nephjc

**Nephrology Jrnl Club** @nephjc

a month ago

with a diet mountain dew #nephJC <https://t.co/Ur00IzVUnf>**Jennie Lin, MD** @jenniejlin

a month ago

@PabloGarciaMD Hello Pablo! Trying to get a handle on the twitter chat platforms ... #nephjc

**Katie Kwon** @katiekwonmd

a month ago

Katie Kwon balancing kid bedtime and #NephJC

**Matt Sparks** @nephro\_sparks

a month ago

So strange to have swap in the @NephJC account. I miss the real account #nephjc

**Silvi Shah** @silvishah

a month ago

@LTummalapalli Hi Lekha! Hope things good #nephJC

**Matt Sparks** @nephro\_sparks

a month ago

@KatieKwonMD Hi Katie. #nephjc

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@NephJC More context for the question? #nephjc





**Matt Sparks @nephro\_sparks**  
@jenniejlin @PabloGarciaMD Hi Jennie #nephjc

a month ago



**Nephrology Jrnl Club @nephjc**

T0: what is your current practice to stratify patients? Diabetes, CKD, proteinuria, CV risk, age - all or some or none of these? #NephJC

a month ago



**Scherly Leon, MD @sleonmd**  
@anna\_burgner dedication! Enjoy the game! #nephjc

a month ago



**Franklin Loachamin @franloachamin**  
Hi. #NephJC Franklin Loachamin Ped neph Quito Ecuador No COI

a month ago



**Joel Topf, MD FACP @kidney\_boy**  
@KatieKwonMD nice to see you. How are the ABPM's going? #NephJC

a month ago



**Nephrology Jrnl Club @nephjc**

Context for T0: do you consider more aggressive targets for certain subgroups? (pre-ACC/AHA) #nephjc

a month ago



**Katie Kwon @katiekwonmd**  
@Nephro\_Sparks Hi Matt! #nephJC

a month ago



**J. Brian Byrd, MD MS @thebyrdlab**  
RT @NephJC: Context for T0: do you consider more aggressive targets for certain subgroups? (pre-ACC/AHA) #nephjc

a month ago



**Nephrology Jrnl Club @nephjc**  
Hi Franklin and Katie! #nephjc

a month ago



**Matt Sparks @nephro\_sparks**  
@gratefull080504 Will be business as usual for me. Rounding in the morning #NephJC

a month ago



**Hector Madariaga, MD @hecmagsmd**  
@KatieKwonMD Hi, Katie. Help me out here... My baby's hyperactivity is usually around 8:30-10pm #nephjc

a month ago

**Gates Colbert, MD** @doctorgates

a month ago

Higher risk: DM, CKD, Albuminuria, previous AKI, and anyone less than 30 yrs. Need thoughtful, evidence based treatment regimen. #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

RT @DoctorGates: Higher risk: DM, CKD, Albuminuria, previous AKI, and anyone less than 30 yrs. Need thoughtful, evidence based treatment re...

**Katie Kwon** @katiekwonmd

a month ago

@kidney\_boy Still trying to figure out how to pay for them! We'll get it but it's a lot to spend when we won't make it back. #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

@DoctorGates younger than 30 years high risk? #NephJC

**Edgar V. Lerma** 🇵🇭 @edgarvlermamd

a month ago

2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults #Nephpearls #SPRINTHTN #NephJC 👉 <https://t.co/9nnNCPCYNV> <https://t.co/DR3GDmUaAX>

**Joel Topf, MD FACP** @kidney\_boy

a month ago

I stratify by CVD risk (informal) and especially hx of CVA. Stroke benefit from BP mgmt is a consistent big bang for the mmHg #NephJC

**Richard McCrory** @iamdoctord

a month ago

Context is king... too simplistic? #nephjc <https://t.co/vZcXVOZDsA>

**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @KatieKwonMD: @kidney\_boy Still trying to figure out how to pay for them! We'll get it but it's a lot to spend when we won't make it bac...

**Franklin Loachamin** @franloachamin

a month ago

RT @DoctorGates: Higher risk: DM, CKD, Albuminuria, previous AKI, and anyone less than 30 yrs. Need thoughtful, evidence based treatment re...

**Matt Sparks** @nephro\_sparks

a month ago

T0- never seen anyone low risk in my clinic #nephjc



**Anna Burgner MD MEHP** @anna\_burgner

a month ago

@NephJC T0: also need to consider past history of preeclampsia in considering cv risk.  
#nephjc



**Swapnil Hiremath, MD** @hswapnil

a month ago

T0: we follow @HTNCanada g/l DM 130/80 Trying for SBP < 120 in high CV risk No elderly exception for age alone #nephJC



**Aakash Shingada** @aakashshingada

a month ago

#NephJC hi. Aakash Shingada. Nephrology fellow, sir Ganga Ram Hospital, New Delhi. Just lurking today. No coi



**Jennie Lin, MD** @jenniejlin

a month ago

@Nephro\_Sparks @PabloGarciaMD Hola Matt! Ate some southern BBQ for dinner, so you can guess whether I'm above 130/80 ... #nephJC



**Kevin J. Fowler** @gratefull080504

a month ago

I am post kidney transplant (almost 13.5 years with stable SCR) I exercise vigorously 5 days a week + I have consistently strived to be at 120/80. on ace +ccb but exercise is the best drug  
#nephjc <https://t.co/m6WDtxQQPK>



**Gates Colbert, MD** @doctorgates

a month ago

Reminder: If your patient's med rec reads: Clonidine, Hydralazine and Tamsulosin -> you are not rocking it. Even if they are at goal. #NephJC



**Nephrology Jrnl Club** @nephjc

a month ago

RT @kidney\_boy: I stratify by CVD risk (informal) and especially hx of CVA. Stroke benefit from BP mgmt is a consistent big bang for the mm...



**Katie Kwon** @katiekwonmd

a month ago

@HecmagsMD Well... what I used to do wouldn't work with your biology. 😊 Now I have teen and tween and I just threaten to change the WiFi password. #Nephjc



**Julie Williamson** @jwill\_pediaccm

a month ago

RT @rheault\_m: Hey you! Yes you. Do you check blood pressure in your daily practice? Then join us for #nephJC tonight at 9 EST to learn w...

**Nephrology Jrnl Club** @nephjc

a month ago

excellent point! #NephJC <https://t.co/gAhfo45TPx>**Joshua Rein** @thephunclub

a month ago

@Nephro\_Sparks very true, most of our patients have risk factors #nephjc

**Matt Sparks** @nephro\_sparks

a month ago

oops RT @jenniejlin: Hola Matt! Ate some southern BBQ for dinner, so you can guess whether I'm above 130/80 ... #nephJC

**Jennie Lin, MD** @jenniejlin

a month ago

@DallasRenal @NephJC proteinuria patients are my subgroup #nephJC

**Matt Sparks** @nephro\_sparks

a month ago

@aakashshingada Hi Aakash #nephjc

**Stephen K Williams** @bpvisitdoc

a month ago

is it premature to make such momentous changes based on just one study? #nephjc

**Nephrology Jrnl Club** @nephjc

a month ago

OK - the ACC/AHA g/l group use their own method of grading the evidence 1/2 #nephjc

**Gates Colbert, MD** @doctorgates

a month ago

@NephJC Something is going on if that young. If not already diabetic, obese, or ckd. Likely secondary HTN. #Nephjc

**Nephrology Jrnl Club** @nephjc

a month ago

What do people think of GRADE (1/2 and A/B/C) versus the schema used by ACC/AHA (COR/LOE)? #NephJC <https://t.co/ZSMsLt7iRe>**Matt Sparks** @nephro\_sparks

a month ago

Stephen starts with a bang RT @BPVisitDoc: is it premature to make such momentous changes based on just one study? #nephjc

**Joel Topf, MD FACP** @kidney\_boy

a month ago



@gratefull080504 Does the ADPKD phenotype of hypertension normally melt away after transplant? I wouldn't expect it to. Great work. It is paying dividends to your excellent transplant outcome! #NephJC

**Edgar V. Lerma** 🇵🇪 @edgarvlermamd

a month ago



Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nephpearls Credit: @hswapnil 🙌 <https://t.co/LjiFPPgj1k>  
<https://t.co/at15IIBUqN>

**Kenar Jhaveri** @kdjhaveri

a month ago



@hswapnil @HTNCanada Mostly 130/80 in diabetics and ckd but age over 65, try to be more liberal #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

@Meraz2099 welcome to #NephJC - dont forget the hashtag!

**Sarah Melville** @sarahkmels

a month ago



RT @gratefull080504: I am post kidney transplant (almost 13.5 years with stable SCR) I exercise vigorously 5 days a week + I have consiste...

**Katie Kwon** @katiekwonmd

a month ago



@DoctorGates I feel like I need a cigarette after reading that. #neversmoked #NepHJC



**Nephrology Jrnl Club** @nephjc

a month ago

RT @BPVisitDoc: is it premature to make such momentous changes based on just one study? #nephjc

**Hector Madariaga, MD** @hecmagsmd

a month ago



@hswapnil I don't live in Canada but I'm a fan of this app #nephjc <https://t.co/txGR0LtKRD>

**Sarah Melville** @sarahkmels

a month ago



RT @DoctorGates: Reminder: If your patient's med rec reads: Clonidine, Hydralazine and Tamsulosin -> you are not rocking it. Even if they a...

**Stephen K Williams** @bpvisitdoc

a month ago



new to twitter. forgot the hastag!!! sorry #nephjc



**Nephrology Jrnl Club @nephjc**  
@BPVisitDoc welcome to #NephJC

a month ago



**Joshua Rein @thephunclub**  
@kdjhaveri @hswapnil @HTNCanada why age over 65? ASH/ISH guidelines say >80 years of age #nephjc

a month ago



**Kenar Jhaveri @kdjhaveri**  
RT @edgarvlrmamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...

a month ago



**Richard McCrory @iamdoctord**  
With regard to T0, do any HTN guidelines make us think 'less' about the patient and fixate on numbers (at the expense of the patient)? #nephjc

a month ago



**Hector Madariaga, MD @hecmagsmd**  
RT @DoctorGates: Higher risk: DM, CKD, Albuminuria, previous AKI, and anyone less than 30 yrs. Need thoughtful, evidence based treatment re...

a month ago



**Jennie Lin, MD @jenniejlin**  
@HecmagsMD @hswapnil What is that? BP app? #NephJC

a month ago



**Raul Reyna @raul\_reyna**  
Raul Reyna, Cancun Mex, #Nephrologist, no COI, #nephJC

a month ago



**Nephrology Jrnl Club @nephjc**  
@raul\_reyna welcome to #NephJC

a month ago



**Alex Meraz 🇵🇷 @nephroguy**  
@edgarvlrmamd @hswapnil This is great!!!! #nephjc

a month ago



**Michelle Rheault @rheault\_m**  
RT @edgarvlrmamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...

a month ago



**Manasi @manasib33**

a month ago

Challenge is to follow guidelines and pay attention to the numbers but to also remember to treat the patient, not just the numbers #nephjc



**Nephrology Jrnl Club @nephjc**

a month ago

@aakashshingada thanks for joining Aakash! #NephJC



**Stephen K Williams @bpvisitdoc**

a month ago

@nephjc thank you. Glad to have made it! #nephjc



**Kenar Jhaveri @kdjhaveri**

a month ago

@BPVisitDoc Also unclear if our one or two office readings are more reliable then 20 Home readings or an abpm readings #nephJC



**Jay Koyner @jaykoyner**

a month ago

RT @edgarvlermamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...



**Matt Sparks @nephro\_sparks**

a month ago

RE grading schema.... why the change?? should this not be dogma by now... #nephjc



**Nephrology Jrnl Club @nephjc**

a month ago

RT @DoctorGates: @NephJC Something is going on if that young. If not already diabetic, obese, or ckd. Likely secondary HTN. #Nephjc



**Sarah Melville @sarahkmels**

a month ago

RT @NephJC: excellent point! #NephJC <https://t.co/gAhfo45TPx>



**Kevin J. Fowler @gratefull080504**

a month ago

@kidney\_boy : I don't think so My nephrologist emphasized the importance of exercise + Best advice #nephJC <https://t.co/D11tQpWK8v>



**Nephrology Jrnl Club @nephjc**

a month ago

@Nephro\_Sparks Dunno - I prefer GRADE, but ACC/AHA use their own #nephjc



**Chi Chu** @cdchu  
#nephjc Chi Chu, renal fellow at UCSF

a month ago



**Nephrology Jrnl Club** @nephjc  
RT @manasib33: Challenge is to follow guidelines and pay attention to the numbers but to also remember to treat the patient, not just the n...

a month ago



**Julie Williamson** @jwill\_pediaccm  
Hi #NephJC, joining late in Atlanta GA.

a month ago



**Nephrology Jrnl Club** @nephjc  
Chi and Julie - thanks for joining! #nephjc

a month ago



**Joel Topf, MD FACP** @kidney\_boy  
@jenniejlin @Nephro\_Sparks @PabloGarciaMD Classic weather and climate situation. Your blood pressure is up, like there is snow in Texas. These guidelines need to pay attention to the climate. And when we use them to try to manage people's weather we do them a disservice. #NephJC

a month ago



**Nephrology Jrnl Club** @nephjc  
T1 coming up soon #nephjc

a month ago



**Matt Sparks** @nephro\_sparks  
@manasib33 often times a ton of other stuff going on with patient. #nephjc

a month ago



**Paul A Welling** @paulawelling1  
@kidney\_boy @gratefull080504 great question. ADPKD has vascular phenotypes too; #NephJC

a month ago



**Jennie Lin, MD** @jenniejlin  
is @thebyrdlab on here tonight? He had a great summary live tweeting from #AHA17 #NephJC

a month ago



**Matt Sparks** @nephro\_sparks  
@cdchu Hi Chi and @Jwill\_PediACcm #nephjc

a month ago



**Edgar V. Lerma** 🇵🇭 @edgarvlermamd

a month ago

BP threshold for and goal 📖 of pharmacologic 💊 therapy in patients with CKD #Nephpearls #NephJC 🙌 <https://t.co/KFxf3dZvO7> <https://t.co/3rJO0u0GHJ>

**Kevin J. Fowler** @gratefull080504

a month ago

I mix it up to see if there are differences in morning afternoon evening For me, it has been consistent #nephJC <https://t.co/Y14u2n3FW7>

**Matt Sparks** @nephro\_sparks

a month ago

he is here RT @Nephro\_Sparks: @cdchu Hi Chi and @Jwill\_PediACCm #nephjc

**Nephrology Jrnl Club** @nephjc

a month ago

Since these are very exhaustive and extensive, we will restrict ourself to three broad areas: CKD, low CV risk and HT crisis #NephJC

**Sarah Melville** @sarahkmels

a month ago

#SPRINT #AHA17 g/l #hypertension <https://t.co/3wzJsslAop>

**Franklin Loachamin** @franloachamin

a month ago

RT @PaulAWelling1: @kidney\_boy @gratefull080504 great question. ADPKD has vascular phenotypes too; #NephJC

**Matt Sparks** @nephro\_sparks

a month ago

meant to say Brian is here RT @jenniejlin: is @thebyrdlab on here tonight? He had a great summary live tweeting from #AHA17 #NephJC

**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @edgarvlermamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...

**Nephrology Jrnl Club** @nephjc

a month ago

T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like < 120 or stick to < 140? Why? <https://t.co/Yg6HWpQCcz>

**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: What to people think of GRADE (1/2 and A/B/C) versus the schema used by ACC/AHA (COR/LOE)? #NephJC <https://t.co/ZSMsLt7iRe>

**Alex Meraz** 🇵🇷 @nephroguy

a month ago

RT @edgarvlermamd: BP threshold for and goal 📖 of pharmacologic 💊 therapy in patients with CKD #Nephpearls #NephJC 👉 <https://t.co/KFxf3dZ...>

**Franklin Loachamin** @franloachamin

a month ago

RT @edgarvlermamd: BP threshold for and goal 📖 of pharmacologic 💊 therapy in patients with CKD #Nephpearls #NephJC 👉 <https://t.co/KFxf3dZ...>

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @Nephro\_Sparks: meant to say Brian is here RT @jenniejlin: is @thebyrdlab on here tonight? He had a great summary live tweeting from #AH...

**Ram Bakhtiani** @rambak113

a month ago

This is Ram @rambak113 From NN virginia #nephjc

**Kenar Jhaveri** @kdjhaveri

a month ago

@gratefull080504 Also chronotherapy helps. Changing timing of meds. Totally. #nephJC

**Anna Burgner MD MEHP** @anna\_burgner

a month ago

@kidney\_boy @jenniejlin @Nephro\_Sparks @PabloGarciaMD Also probably need to be careful of intensifying to quick in hot summers! #nephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @jenniejlin: is @thebyrdlab on here tonight? He had a great summary live tweeting from #AHA17 #NephJC

**Franklin Loachamin** @franloachamin

a month ago

RT @NephJC: T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like < 120 or...

**Nephrology Jrnl Club** @nephjc

a month ago

@rambak113 hey Ram - welcome to #NephJC

**Kenar Jhaveri** @kdjhaveri

a month ago

@manasib33 Well said #nephJC



**Holly** 🐼 @hollybiology  
#nephJC time! <https://t.co/F4KfkoReNs>

a month ago



**Nephrology Jrnl Club** @nephjc  
T1: For full #NephJC SPRINT coverage check out <https://t.co/mxquYRnx8h> and CKD subgroup paper <https://t.co/n2XNGaMUde> in @JASN\_News

a month ago



**Swapnil Hiremath, MD** @hswapnil  
RT @NephJC: T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like < 120 or...

a month ago



**José Alejandro J.N.** @elplexo1  
RT @NephJC: T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like < 120 or...

a month ago



**Kenar Jhaveri** @kdjhaveri  
RT @BPVisitDoc: is it premature to make such momentous changes based on just one study? #nephjc

a month ago



**J. Brian Byrd, MD MS** @thebyrdlab  
RT @NephJC: Since these are very exhaustive and extensive, we will restrict ourself to three broad areas: CKD, low CV risk and HT crisis #N...

a month ago



**Matt Sparks** @nephro\_sparks  
T1: No offense Swap.. but should we not talk about methodology first... that seems paramount before we go to actual numbers #nephjc

a month ago



**Swapnil Hiremath, MD** @hswapnil  
T1: I like #SPRINTHtn, so I like <130/80 for CKD. But not sure why < 120? #nephJC

a month ago




**Edgar V. Lerma** 🇵🇭 @edgarvlermamd  
Nice summary of the 2017 ACC/ AHA Hypertension Guidelines by @adamcifu @JAMA\_current #Nephpearls #NephJC 👉 <https://t.co/x9NWLnupHA> <https://t.co/EmBq7wF1ZF>

a month ago





**Harini Sarathy** @hurryknee  
Trying to lurk with dinner time. No Col. #nephjc


a month ago


 **Joel Topf, MD FACP @kidney\_boy** a month ago  
@jenniejlin @HecmagsMD @hswapnil the official app looks different.  
<https://t.co/FFX10tpmmd> #NephJC


 **J. Brian Byrd, MD MS @thebyrdlab** a month ago  
+1. #NephJC <https://t.co/l6l3G6oyQb>


 **Joshua Rein @thephunclub** a month ago  
@BPVisitDoc not that monumental but rather getting rid of the JNC8 mess #nephjc


 **Anna Burgner MD MEHP @anna\_burgner** a month ago  
@NephJC I'm tormented. Based upon sprint goal should be lower. But we all know that clinic Bp not checked like it was in Sprint or other clinical trials. #nephjc


 **Nephrology Jrnl Club @nephjc** a month ago  
@hurryknee join again at lunch tomorrow! #nephJC

 **Kevin J. Fowler @gratefull080504** a month ago  
T1A: Since day one post-transplant, I have worked hard to keep it at 120/80 , lots of water daily, routine exercise, meditation, I am an n=1 but I think it helps #nephJC <https://t.co/rOIJUutD2a>

 **Matt Sparks @nephro\_sparks** a month ago  
T1: Meant should we talk about measuring methodology first #nephjc

 **Aakash Shingada @aakashshingada** a month ago  
RT @edgarvlrmamd: Nice summary of the 2017 ACC/ AHA Hypertension Guidelines by @adamcifu @JAMA\_current #Nephpearls #NephJC <https://t.c...>

 **Silvi Shah @silvishah** a month ago  
Not to forget white coat hypertension and at times stress of patients during a doctor visit #nephJC

 **Richard McCrory @iamdoctord** a month ago  
RT @NephJC: T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like < 120 or...



**Manasi @manasib33**

a month ago

RT @ThepHunClub: @BPVisitDoc not that monumental but rather getting rid of the JNC8 mess #nephjc



**J. Brian Byrd, MD MS @thebyrdlab**

a month ago

RT @Nephro\_Sparks: T1: Meant should we talk about measuring methodology first #nephjc



**Kenar Jhaveri @kdjhaveri**

a month ago

@NephJC #nephJC personally 130/80 or around that ball park. CKD HTN is mostly volume and less renin mediated. So lot is diet and diuretic.



**Ram Bakhtiani @rambak113**

a month ago

If Spirit favor <120/80, why guideline suggests target <130 for CKD?? #nephjc



**Gates Colbert, MD @doctorgates**

a month ago

@NephJC If you are going for Gold <120, be prepared for a lab check the next week or two. SPRINT's darker side. #AKI #Hyperkalemia #NephJC



**Manasi @manasib33**

a month ago

RT @silvishah: Not to forget white coat hypertension and at times stress of patients during a doctor visit #nephJC



**Nephrology Jrnl Club @nephjc**

a month ago

Revised T1: we always listen to Matt! Methods were based on an extensive SR but also #nephjc



**Kenar Jhaveri @kdjhaveri**

a month ago

RT @edgarvlermamd: Nice summary of the 2017 ACC/ AHA Hypertension Guidelines by @adamcifu @JAMA\_current #Nephpearls #NephJC 🖱️ <https://t.c...>



**Matt Sparks @nephro\_sparks**

a month ago

I want to hear from Katie about how she changed measurement of BP in her clinic #nephjc



**Sarah Melville @sarahkmels**

a month ago

RT @NephJC: T1: For full #NephJC SPRINT coverage check out <https://t.co/mxquYRnx8h> and CKD subgroup paper <https://t.co/n2XNGaMUde> in @JASN\_...

**Chris Brown** @chrisbrownmdmph

a month ago

RT @NephJC: #NephJC tonight/tomorrow on #AHA/ACC 2017 hypertension g/l Summary here: <https://t.co/HmVf5scrulP> now updated with comparative t...

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

But the goal \_must\_ depend upon the measurement method, no? #NephJC  
<https://t.co/aO1KTapmzS>

**Kevin J. Fowler** @gratefull080504

a month ago

Will we discuss the role of exercise tonight? #nephJC

**Scherly Leon, MD** @sleonmd

a month ago

@Nephro\_Sparks @manasib33 not to mention their hesitation and sometimes mistrust of medications. #nephjc

**Huaying Su** @huaying\_su

a month ago

RT @NephJC: We will be discussing the 2017 AHA-ACC heck hypertension guidelines - all documents, slides, app available here: <https://t.co/e...>

**Nephrology Jrnl Club** @nephjc

a month ago

Methods also based on other guidelines see Missing KDIGO, KDOQI and ASN of course #NephJC  
<https://t.co/uLwSghEAnJ>

**Joel Topf, MD FACP** @kidney\_boy

a month ago

Spoken like a disciple of Bakris #NephJC <https://t.co/rmpzLXaOPg>

**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like < 120 or...

**Matt Sparks** @nephro\_sparks

a month ago

how did it change BP readings and patient engagement of BP if it is really done rigorously #nephjc

**Joshua Rein** @thephunclub

a month ago

JNC7 to JNC8 took 11 years, JNC8 to ACC/AHA was 3 years #nephjc

**Anna Burgner MD MEHP** @anna\_burgner

a month ago

Was just thinking same thing! #nephJC <https://t.co/RRdr2BZ4C3>**Stephen K Williams** @bpvisitdoc

a month ago

@thebyrdlab agreed .... got to compare oranges with oranges! #nephjc

**Damian Fogarty** @damianfog

a month ago

RT @NephJC: T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like &lt; 120 or...

**Edgar V. Lerma** 🇵🇪 @edgarvlermamd

a month ago

@NephJC Hypertension Guideline ratings from @adamcifu @JAMA\_current #NephJC #Nephpearls 👉 <https://t.co/x9NWLnupHA> <https://t.co/ukDUjsf3GM>**Kevin J. Fowler** @gratefull080504

a month ago

@DoctorGates : Please explain #nephJC <https://t.co/XFqsFYEZSf>**Alex Meraz** 🇵🇪 @nephroguy

a month ago

@NephJC T1A: We can not negate Sprint, but the are compelling evidence of the “J” shape mortality curve of blood pressure. #nephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Think of it as a compromise informed by knowledge that in clinical practice, BP measurement is sloppy.\* \*Most common errors made in measuring BP cause overestimation. #NephJC <https://t.co/rxvbRK4dus>**varun gaur** @thedrvarun

a month ago

@kdjhaveri @BPVisitDoc #nephJC Abpm reading--home reading--office reading significant in decreasing order, some evidence out there.

**Michelle Rheault** @rheault\_m

a month ago

RT @NephJC: T1A: Since we are #NephJC after all, let's start with CKD. Target 130/80 - SPRINT effect! If disagree, would you like &lt; 120 or...

**Nephrology Jrnl Club** @nephjc

a month ago

T1: Methods, the AHA SR is here <https://t.co/MrSIF2jN0H> but only at 39 pages, so skimpy on details IMO #NephJC

**Matt Sparks** @nephro\_sparks

a month ago

cc @KatieKwonMD #NephJC <https://t.co/IBBR5Pa8aE>**Kenar Jhaveri** @kdjhaveri

a month ago

RT @ThepHunClub: @BPVisitDoc not that monumental but rather getting rid of the JNC8 mess #nephjc

**Katie Kwon** @katiekwonmd

a month ago

@Nephro\_Sparks Patients come in. They sit quietly 5 minutes. Then automated machine measures 6, averages last 5. Takes 11 minutes. I'm seeing patient in other room or precharting. #NephJC

**Joel Topf, MD FACP** @kidney\_boy

a month ago

This may be the biggest legacy of these guidelines. Ushering in a new era of office BP assessment. #NephJC <https://t.co/VDbKUKkKNQ>**Joshua Rein** @thephunclub

a month ago

@Meraz2099 @NephJC J shape is mostly from observational studies. very low BP is clearly harmful so yes its J but how low is too low? #nephjc

**Vasundhara Raghavan** @vasuragh

a month ago

RT @silvishah: Not to forget white coat hypertension and at times stress of patients during a doctor visit #nephJC

**Matt Sparks** @nephro\_sparks

a month ago

hope so RT @kidney\_boy: This may be the biggest legacy of these guidelines. Ushering in a new era of office BP assessment. #nephjc

**Ahmed Nahas** @anahas99

a month ago

@NephJC #nephJC lurker PGY-2 FM. No COI. Here with my popcorn to see nephros battle it out while I scribble some notes

**Sarah Melville** @sarahkmels

a month ago

RT @manasib33: Challenge is to follow guidelines and pay attention to the numbers but to also remember to treat the patient, not just the n...





**Pablo Garcia** @pablogarciamd

a month ago

RT @ThepHunClub: @Meraz2099 @NephJC J shape is mostly from observational studies. very low BP is clearly harmful so yes its J but how low i...



**Joel Topf, MD FACP** @kidney\_boy

a month ago

@SLeonMD @Nephro\_Sparks @manasib33 and cost and interactions #nephJC



**Nephrology Jrnl Club** @nephjc

a month ago

@anna\_burgner which is why I suspect they went to 130. Don't see good explanation anywhere #NephJC



**Matt Sparks** @nephro\_sparks

a month ago

I have been waiting for this chat #nephjc



**Scherly Leon, MD** @sleonmd

a month ago

@kidney\_boy @SLeonMD @Nephro\_Sparks @manasib33 yes! #nephjc



**Katie Kwon** @katiekwonmd

a month ago

@Nephro\_Sparks We have a laminated sheet that explains why we do this. My notes have two lines inserted in the PE as to how we measure. Patients love it and pester their other doctors about why they don't measure this way. #NephJC



**Kenar Jhaveri** @kdjhaveri

a month ago

@TheDrVarun @BPVisitDoc If a patient shows me all 100 Home readings of 120/80 and office is 156/89; ignore office? #nephJC



**Michelle Rheault** @rheault\_m

a month ago

@anahas99 @NephJC Welcome Ahmed! #NephJC



**Kenar Jhaveri** @kdjhaveri

a month ago

RT @ThepHunClub: JNC7 to JNC8 took 11 years, JNC8 to ACC/AHA was 3 years #nephjc



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@PaulAWelling1 We actually make \_more\_ BP measurements (6 total, averaging the final 5). But we are a Certified Hypertension Center, and implementing it took planning & space. It's non-trivial to implement, so feasibility depends on level of interest / commitment / support. #NephJC



**Manasi @manasib33**

a month ago

RT @SLeonMD: @Nephro\_Sparks @manasib33 not to mention their hesitation and sometimes mistrust of medications. #nephjc



**J. Brian Byrd, MD MS @thebyrdlab**

a month ago

RT @thebyrdlab: @PaulAWelling1 We actually make more BP measurements (6 total, averaging the final 5). But we are a Certified Hypertensio...



**Stephen K Williams @bpvisitdoc**

a month ago

@rheault\_m @anahas99 @NephJC IGNORE! #nephjc



**Silvi Shah @silvishah**

a month ago

@SLeonMD @Nephro\_Sparks @manasib33 And the cost and associated side effects #nephJC



**Joel Topf, MD FACP @kidney\_boy**

a month ago

@BPVisitDoc @thebyrdlab The part that always smelled rotten about SPRINT was that they never did standard office BP assessment. Not even in a sub-population. It is like they didn't want us to be able to compare SPRINT to anything. #NephJC



**Joshua Rein @thephunclub**

a month ago

@kdjhaveri @TheDrVarun @BPVisitDoc what % of the day are patients calm and chill at home vs sitting at traffic or stressed at work? #nephjc



**J. Brian Byrd, MD MS @thebyrdlab**

a month ago

RT @Nephro\_Sparks: I have been waiting for this chat #nephjc



**Matt Sparks @nephro\_sparks**

a month ago

RT @KatieKwonMD: @Nephro\_Sparks Patients come in. They sit quietly 5 minutes. Then automated machine measures 6, averages last 5. Takes 11...



**Nephrology Jrnl Club @nephjc**

a month ago

BP measurement - they do provide this table. Anyone seen evidence behind this? #NephJC  
<https://t.co/yPtNku94sf>



**Sarah Melville @sarahkmels**

a month ago

@kdjhaveri @TheDrVarun @BPVisitDoc yes, wouldn't that office be whitecoat htn? #nephjc



**Alex Meraz** † @nephroguy

a month ago

@Nephro\_Sparks @kidney\_boy T1: Do you wanna pee? That has become an every day question in my office #nephJC



**Stephen K Williams** @bpvisitdoc

a month ago

@TheHunClub furthermore AHA totally ignored JNC 8???? #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

Missed opportunity for strongly recommending automated office BP as in SPRINT? #nephjc



**Matt Sparks** @nephro\_sparks

a month ago

This is the Tweet of the day #NephJC <https://t.co/aoyOx7ULUi>



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@NephJC @anna\_burgner You're on the right track, @NephJC. That's the reason 130 mm Hg was chosen IMO. #NephJC



**Joshua Rein** @thephunclub

a month ago

How many of us make a real effort and push lifestyle changes. If so, which changes? #nephjc



**Lekha Tummalapalli** @ltummalapalli

a month ago

Three seated at rest unobserved BP readings in a dark room - this could be reproduced in patients' homes, no? #nephjc



**Sarah Melville** @sarahkmels

a month ago

RT @gratefull080504: @kidney\_boy : I don't think so My nephrologist emphasized the importance of exercise + Best advice #nephJC <https://t...>



**Kenar Jhaveri** @kdjhaveri

a month ago

@Nephro\_Sparks It's a lot of things that matter :method of blood pressure Measurement; Home vs office ; cause of HTN(low renin vs high renin HTN) #nephJC We can't have one size fit all as nephrologists.



**Nephrology Jrnl Club** @nephjc

a month ago

RT @thebyrdlab: @NephJC @anna\_burgner You're on the right track, @NephJC. That's the reason 130 mm Hg was chosen IMO. #NephJC



**Zackary Berger, MD** @zackbergermdphd

a month ago

RT @edgarvlmamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...



**Joel Topf, MD FACP** @kidney\_boy

a month ago

@Meraz2099 @NephJC Doesn't that J mostly show up only in epidemiology? Isn't ACCORD the only place low BPs were more toxic? #NephJC



**Kevin J. Fowler** @gratefull080504

a month ago

Isn't the goal to have patients checking their #BloodPressure outside of the office? #nephJC #patientengagement More importantly, isn't the goal to develop engaged patients? #nephJC <https://t.co/iVfWjR2tSn>



**Silvi Shah** @silvishah

a month ago

RT @KatieKwonMD: @Nephro\_Sparks Patients come in. They sit quietly 5 minutes. Then automated machine measures 6, averages last 5. Takes 11...



**Paul A Welling** @paulawelling1

a month ago

@thebyrdlab So your answer is "No, Sprit measurement don't translate well to general clinical? #NephJC



**Dr. Leslie Spry** @spryguymd

a month ago

Les Spry @spryguyMD joining and following. #NephJC



**Scherly Leon, MD** @sleonmd

a month ago

@ThepHunClub diet! Low salt in my patient population. #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

@BPVisitDoc @ThepHunClub Well - JNC was already disbanded before the authors decided to still issue a report (check title of JNC 8) #nephjc



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Same experience here. #NephJC <https://t.co/jkZB6ojGql>



**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @KatieKwonMD: @Nephro\_Sparks Patients come in. They sit quietly 5 minutes. Then automated machine measures 6, averages last 5. Takes 11...

**Matt Sparks** @nephro\_sparks

a month ago

RT @KatieKwonMD: @Nephro\_Sparks We have a laminated sheet that explains why we do this. My notes have two lines inserted in the PE as to ho...

**Katie Kwon** @katiekwonmd

a month ago

@Nephro\_Sparks I have a private practice so it took us about a day to decide to change after SPRINT came out. We bought the monitors (BPTru.) No administrators telling us no. Took all of two days to adjust clinic flow. #NephJC

**Gates Colbert, MD** @doctorgates

a month ago

@kdjhaveri @TheDrVarun @BPVisitDoc Bring that monitor/cuff to clinic to corroborate. Ask them if they use a wrist cuff bc those things are the worst (although usually higher). #NephJC

**Sarah Melville** @sarahkmels

a month ago

RT @thebyrdlab: But the goal \_must\_ depend upon the measurement method, no? #NephJC  
<https://t.co/aO1KTapmzS>

**Nephrology Jrnl Club** @nephjc

a month ago

@spryguyMD thanks for joining Dr Spry #nephjc

**Alex Meraz** 🇺🇸 @nephroguy

a month ago

RT @anna\_burgner: @NephJC I'm tormented. Based upon sprint goal should be lower. But we all know that clinic Bp not checked like it was in...

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @KatieKwonMD: @Nephro\_Sparks I have a private practice so it took us about a day to decide to change after SPRINT came out. We bought th...

**Katie Kwon** @katiekwonmd

a month ago

@hurryknee @Nephro\_Sparks Nope, they're alone. #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

RT @ThepHunClub: How many of us make a real effort and push lifestyle changes. If so, which changes? #nephjc

**Kevin J. Fowler** @gratefull080504

a month ago

Bingo!! Exercise, Exercise, Exercise and Diet #nephJC <https://t.co/ehEH4cTvNC>



**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: Methods also based on other guidelines see Missing KDIGO, KDOQI and ASN of course #NephJC <https://t.co/uLwSghEAnJ>



**Nephrology Jrnl Club** @nephjc

a month ago

RT @KatieKwonMD: @Nephro\_Sparks We have a laminated sheet that explains why we do this. My notes have two lines inserted in the PE as to ho...



**Amit Langote** @langoteamit

a month ago

RT @kdjhaveri: @Nephro\_Sparks It's a lot of things that matter :method of blood pressure Measurement; Home vs office ; cause of HTN(low ren...



**Stefany** @vintageb73

a month ago

RT @edgarvlermamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...



**Kenar Jhaveri** @kdjhaveri

a month ago

@TheDrVarun @BPVisitDoc Totally !! It builds trust and better no control. #nephjc. Even Barbers can help. <https://t.co/AvzSu3hHor>



**Richard McCrory** @iamdoctord

a month ago

Got my BP checked by this method on world hypertension day (post night shift!). At least 8 mmHg difference (lower) from any random reading I'd take if anxiety sends me to BP machine (obvs!) #nephjc <https://t.co/QM4CnIhrEX>



**yas** @yassirs

a month ago

@ThepHunClub and AHA/ACC to JNC 9 several months! isnt that coming out soon? #nephjc



**Matt Sparks** @nephro\_sparks

a month ago


this is a must RT @gratefull080504: Bingo!! Exercise, Exercise, Exercise and Diet #nephJC <https://t.co/c0jp5MuFCl>





**Joshua Rein** @thephunclub


a month ago


@SLeonMD Na less than 1.5g/day? #nephjc


 **J. Brian Byrd, MD MS** @thebyrdlab a month ago  
Would be \_strongly\_ considering 1) confirming the accuracy of the home cuff vs. known-accurate clinic cuff & 2) ambulatory blood pressure monitoring. #NephJC  
<https://t.co/obtGoMZFEW>


 **Matt Sparks** @nephro\_sparks a month ago  
not heard that RT @yassirS: @ThepHunClub and AHA/ACC to JNC 9 several months! isnt that coming out soon? #nephjc


 **Sarah Melville** @sarahkmels a month ago  
RT @ThepHunClub: JNC7 to JNC8 took 11 years, JNC8 to ACC/AHA was 3 years #nephjc


 **Nephrology Jrnl Club** @nephjc a month ago  
@Nephro\_Sparks @yassirS @ThepHunClub #FakeNews. no more JNC #nephjc

 **Matt Sparks** @nephro\_sparks a month ago  
great project RT @kdjhaveri: Totally It builds trust and better no control. #nephjc. Even Barbers can help #nephjc

 **Sarah Melville** @sarahkmels a month ago  
RT @edgarvlermamd: @NephJC Hypertension Guideline ratings from @adamcifu @JAMA\_current #NephJC #Nephpearls 🙌 <https://t.co/x9NWLnupHA> http...

 **Pablo Garcia** @pablogarciamd a month ago  
@ThepHunClub Exercise, diet, weight loss and I make sure that they understand sodium is not just salt and viceversa. #nephJC

 **Katie Kwon** @katiekwonmd a month ago  
@Nephro\_Sparks I'll have to snap a picture tomorrow. It's very basic. It explains that what we do is the most accurate way to measure in office. It lets them know the machine will run six readings. My manager wrote it. #NephJC

 **Ahmed Nahas** @anahas99 a month ago  
Nice table of the debated AHA 2017 guidelines <https://t.co/ri7a4DcXw0>



**Sarah Melville** @sarahkmels

a month ago

RT @Meraz2099: @NephJC T1A: We can not negate Sprint, but there are compelling evidence of the “J” shape mortality curve of blood pressure. #...



**Joel Topf, MD FACP** @kidney\_boy

a month ago

@anahas99 @NephJC #NephJC as spectator sport. Nerd Gladiator <https://t.co/EsrrjINkvs>



**Franklin Loachamin** @franloachamin

a month ago

RT @edgarvlermamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

No. #NephJC <https://t.co/6nfCflhpIH>



**Kevin J. Fowler** @gratefull080504

a month ago

@Nephro\_Sparks : I exercise as much for the mental benefit too #nephJC <https://t.co/N2XxOWJq84>



**Sarah Melville** @sarahkmels

a month ago

RT @thebyrdlab: Think of it as a compromise informed by knowledge that in clinical practice, BP measurement is sloppy.\* \*Most common error...



**Nephrology Jrnl Club** @nephjc

a month ago

BP measurement: if you don't measure BP properly, don't manage hypertension? (or at least keep loose target) #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

Moving on to CKD - one aspect before we go elsewhere #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

@kdjhaveri @TheDrVarun @BPVisitDoc I ignore office in that situation. Pisses the EMR off. #NephJC



**Alex Meraz** 🇺🇸 @nephroguy

a month ago

@kidney\_boy @NephJC Nevertheless it showed stroke benefit and less heart failure related hospitalizations if I am not mistaken. #nephjc





**Joshua Rein** @thephunclub

a month ago

does anyone Rx K supplements? 1A evidence! only took 20 years to make the mainstream guidelines from the '97 analysis #PaulWhelton #nephjc



**Matt Sparks** @nephro\_sparks

a month ago

SWAP will have this tattooed RT @NephJC: BP measurement: if you don't measure BP properly, don't manage hypertension #nephjc



**khaled shawwa** @khaledshawwa

a month ago

@NephJC that's a whole different science. Check Dr. Guyatt explaining GRADE. <https://t.co/MrsOiJhTsS> #NephJC



**Amit Langote** @langoteamit

a month ago

Asking them to demonstrate how they take their bp at home.. Will ensure technique and appropriate cuff size and position #NephJC <https://t.co/XGZQ4jllpB>



**Jennie Lin, MD** @jenniejlin

a month ago

@gratefull080504 @Nephro\_Sparks Good thing I signed up for unlimited spin classes as part of my 2018 resolutions! #lowerBP #raiseHDL #NephJC



**Nephrology Jrnl Club** @nephjc

a month ago

@thebyrdlab do you agree with the table's simplification? I wish they said: do Automated office. Do lots of ABPM /finish #nephjc



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@PaulAWelling1 It's complicated. For example, it can be implemented in general cardiology clinics (I know this for sure), but its 'stickiness' is limited without frequent re-training. Change of staff == loss of the institutional knowledge of this change in procedure. #NephJC



**Scherly Leon, MD** @sleonmd

a month ago

@PabloGarciaMD @ThepHunClub exactly I go over food labels. Pull stuff up on @Google and show them sodium content. #nephjc



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @PaulAWelling1: @thebyrdlab So your answer is "No, Sprit measurement don't translate well to general clinical ?#NephJC

**Sunil Badve** @badves

a month ago

Strongly agree. <https://t.co/O60viPpkCE>**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @thebyrdlab: @PaulAWelling1 It's complicated. For example, it can be implemented in general cardiology clinics (I know this for sure),...

**Matt Sparks** @nephro\_sparks

a month ago

@ThepHunClub not in my CKD clinic with ACEi and ARB maxed out. #nephjc

**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: @anna\_burgner which is why I suspect they went to 130. Don't see good explanation anywhere #NephJC

**Franklin Loachamin** @franloachamin

a month ago

RT @ThepHunClub: How many of us make a real effort and push lifestyle changes. If so, which changes? #nephjc

**Amanda Gardhouse** @agardhouse

a month ago

RT @KatieKwonMD: @Nephro\_Sparks Patients come in. They sit quietly 5 minutes. Then automated machine measures 6, averages last 5. Takes 11...

**Dr. Tanja Dudenbostel** @drdudenbostel

a month ago

RT @Nephro\_Sparks: SWAP will have this tattooed RT @NephJC: BP measurement: if you don't measure BP properly, don't manage hypertension #n...

**Julie Williamson** @jwill\_pediaccm

a month ago

@KatieKwonMD @Nephro\_Sparks Would be a fun study to compare the 5 mins sitting quietly with training your patients to meditate for that 5 mins? #NephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@NephJC I agree with your comment on this topic. #NephJC

**Edgar V. Lerma** 🇵🇭 @edgarvlermamd

a month ago

Clinician's sequential flowchart for management of hypertension: MEASURE OFFICE BP ACCURATELY !!! I think this is key 🗝️ in the applicability of these guidelines in actual clinical practice #Nephpearls #NephJC 👉 <https://t.co/j7VO0uMD9s> <https://t.co/KFG5hy4kFw>



**Pablo Garcia** @pablogarciamd

a month ago

RT @SLeonMD: @PabloGarciaMD @ThepHunClub exactly I go over food labels. Pull stuff up on @Google and show them sodium content. #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @Nephro\_Sparks: This is the Tweet of the day #NephJC <https://t.co/aoyOx7ULUI>



**Alex Meraz** ‡ @nephroguy

a month ago

RT @khaledshawwa: @NephJC that's a whole different science. Check Dr. Guyatt explaining GRADE. <https://t.co/MrsOiJhTsS> #NephJC



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**Amit Langote** @langoteamit

a month ago

I always encourage to incorporate fruits in diet. Don't give K supplements though #NephJC <https://t.co/A0VCdvlZr>



**Nephrology Jrnl Club** @nephjc

a month ago

@ThepHunClub yes - @htncanada went there 2 years ago see <https://t.co/m2DfX4jT50> & <https://t.co/3BlgrjuCbM> #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

Welcome Leslie! You done with politics or are you going to take another crack at it? #NephJC <https://t.co/NWs8ZumoEy>



**Dr. Leslie Spry** @spryguymd

a month ago

I still use mercury manometers in my office. Have never trusted automated devices. #NephJC



**Nephrology Jrnl Club** @nephjc

a month ago

T1B: ACE-inhibitors rule - if albuminuria > 300 mg/day. Not controversial unless you want #TeamSwap vs #TeamRodby fight <https://t.co/ggONTIXwZJ> #NephJC



**Amit Langote** @langoteamit

a month ago

I ignore office too. If doubtful, do a 24 hrs ABPM and mostly my pts home readings correlate #NephJC <https://t.co/fC6gnRvVDA>

**Kevin J. Fowler** @gratefull080504

a month ago

@JWill\_PediACCM : I practice meditation by saying the rosary. It really works too #nephjc  
<https://t.co/eCioeKzwnf>

**Sarah Melville** @sarahkmels

a month ago

RT @kidney\_boy: @BPVisitDoc @thebyrdlab The part that always smelled rotten about SPRINT was that they never did standard office BP assessm...

**Nephrology Jrnl Club** @nephjc

a month ago

T1B: Check out why ACE-i: delay progression of CKD (not CV/mortality) <https://t.co/PzstvnicD>  
 #NephJC

**Katie Kwon** @katiekwonmd

a month ago

@NephJC @thebyrdlab I was hoping for much stronger support for ABPM to help the reimbursement issue. #NephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Provocative. #NephJC <https://t.co/Cu4B2gcBV7>

**Joel Topf, MD FACP** @kidney\_boy

a month ago

@yassirS @ThepHunClub no more JNCs. They are Kaput. ACC/AHA rules the land now.  
 #NephJC

**Swapnil Hiremath, MD** @hswapnil

a month ago

T1B: They fail to cite this from @ajkdonline <https://t.co/jLgltNcrsE> #NephJC to suggest ACEi > ARB Tchah! #nephJC

**Alex Meraz** 🇵🇷 @nephroguy

a month ago

@LangoteAmit Always ignore office #nephjc

**Franklin Loachamin** @franloachamin

a month ago

RT @NephJC: BP measurement - they do provide this table. Anyone seen evidence behind this?  
 #NephJC <https://t.co/yPtNku94sf>

**Sarah Melville** @sarahkmels

a month ago

RT @Nephro\_Sparks: This is the Tweet of the day #NephJC <https://t.co/aoyOx7ULUi>

**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @thebyrdlab: No. #NephJC <https://t.co/6nfCflhpIH>**Franklin Loachamin** @franloachamin

a month ago

RT @gratefull080504: @Nephro\_Sparks : I exercise as much for the mental benefit too #nephJC <https://t.co/N2XxOWJq84>**Alex Meraz** ‡ @nephroguy

a month ago

RT @NephJC: T1B: ACE-inhibitors rule - if albuminuria > 300 mg/day. Not controversial unless you want #TeamSwap vs #TeamRodby fight <https://t.co/...>**Damian Fogarty** @damianfog

a month ago

RT @Nephro\_Sparks: this is a must RT @gratefull080504: Bingo!! Exercise, Exercise, Exercise and Diet #nephJC <https://t.co/c0jp5MuFCl>**Nephrology Jrnl Club** @nephjc

a month ago

T1B: lot of expert opinion elsewhere - why do you think ARB relegated to ACE-i intolerant? Do we agree to wait for cough before switching? #NephJC

**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @ThepHunClub: does anyone Rx K supplements? 1A evidence! only took 20 years to make the mainstream guidelines from the '97 analysis #Pau...

**Michelle Rheault** @rheault\_m

a month ago

@KatieKwonMD @NephJC @thebyrdlab Peds guidelines came out strong for ABPM. Surprised not to see it more in these guidelines. #NephJC

**Gates Colbert, MD** @doctorgates

a month ago


@ThepHunClub In Texas we prescribe Avacados and Guac! 708 mg K content in 1 serving. #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

RT @KatieKwonMD: @NephJC @thebyrdlab I was hoping for much stronger support for ABPM to help the reimbursement issue. #NephJC



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a month ago

RT @NephJC: BP measurement: if you don't measure BP properly, don't manage hypertension? (or at least keep loose target) #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

@spryguyMD wow! (we also do at @Ottawarenal HT clinic) Do you measure BP yourself or your nurses? #nephjc



**Dr. Leslie Spry** @spryguymd

a month ago

The best of Guidelines from my perspective is lower threshold and emphasis on non-pharm interventions! #NephJC



**Richard McCrory** @iamdoctord

a month ago

@kidney\_boy @yassirS @ThepHunClub Does ISH proffer any ground in this debate? #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

Someone do this! #NephJC #DreamRCT <https://t.co/tGM1WKUVOU>



**Stephen K Williams** @bpvisitdoc

a month ago

@KatieKwonMD @NephJC @thebyrdlab so true @katiekwonmd Would imagine that CMS wouldnt have budged even w/ strong endorsement by AHA #nephjc




**Matt Sparks** @nephro\_sparks

a month ago

RT @spryguyMD: The best of Guidelines from my perspective is lower threshold and emphasis on non-pharm interventions! #NephJC



**Alex Meraz**  @nephroguy

a month ago

RT @spryguyMD: The best of Guidelines from my perspective is lower threshold and emphasis on non-pharm interventions! #NephJC



**Nephrology Jrnl Club** @nephjc

a month ago

RT @khaledshawwa: @NephJC that's a whole different science. Check Dr. Guyatt explaining GRADE. <https://t.co/MrsOiJhTsS> #NephJC



**Franklin Loachamin** @franloachamin

a month ago

RT @edgarvlrmamd: Clinician's sequential flowchart for management of hypertension: MEASURE OFFICE BP ACCURATELY !! I think this is key 🗝 in...



**Sarah Melville** @sarahkmels

a month ago

RT @kidney\_boy: @anahas99 @NephJC #NephJC as spectator sport. Nerd Gladiator <https://t.co/EsrrjINkvs>



**Katie Kwon** @katiekwonmd

a month ago

@NephJC What's the cheap once daily ARB? #NephJC



**Joshua Rein** @thephunclub

a month ago

@kidney\_boy why ACC/AHA? what happened to nephrology and HTN @ASNKidney #nephjc



**Matt Sparks** @nephro\_sparks

a month ago

what about the chips RT @DoctorGates: @ThepHunClub In Texas we prescribe Avocados and Guac! 708 mg K content in 1 serving. #NephJC



**Stephen K Williams** @bpvisitdoc

a month ago

@khaledshawwa @NephJC AMEN to that #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

RT @JWill\_PediACCM: @KatieKwonMD @Nephro\_Sparks Would be a fun study to compare the 5 mins sitting quietly with training your patients to m...



**Matt Sparks** @nephro\_sparks

a month ago

we need to get involved RT @ThepHunClub: @kidney\_boy why ACC/AHA? what happened to nephrology and HTN @ASNKidney #nephjc



**Joshua Rein** @thephunclub

a month ago

RT @Nephro\_Sparks: what about the chips RT @DoctorGates: @ThepHunClub In Texas we prescribe Avocados and Guac! 708 mg K content in 1 servin...



**Kartik Kalra** @kkalra\_22

a month ago

Kartik Kalra @kkalra\_22, PGY-3 Internal Medicine, Nephro bound at UPMC Pittsburgh, no COI #NephJC

**Matt Sparks** @nephro\_sparks

a month ago

all we do is talk HTN on twitter all day every day. #nephjc

**Joel Topf, MD FACP** @kidney\_boy

a month ago

@Meraz2099 @NephJC Exactly. This J-curve thing is very appealing and sounds "right" but it is strangely MIA in the RCTs. #SpookyJCurve #NephJC

**Kevin J. Fowler** @gratefull080504

a month ago

I agree What percent of #nephJC patients exercise routinely? Would love to hear <https://t.co/iomSmwzgAc>**Nephrology Jrnl Club** @nephjc

a month ago

@JWill\_PediACCM @KatieKwonMD @Nephro\_Sparks and longer you wait alone, lower your BP <https://t.co/qWvz1wT0HG> #NephJC**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @KatieKwonMD: @NephJC @thebyrdlab I was hoping for much stronger support for ABPM to help the reimbursement issue. #NephJC

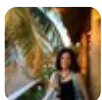
**Franklin Loachamin** @franloachamin

a month ago

RT @LangoteAmit: I always encourage to incorporate fruits in diet. Don't give K supplements though #NephJC <https://t.co/A0VCdvlazr>**Sarah Melville** @sarahkmels

a month ago

RT @Nephro\_Sparks: SWAP will have this tattooed RT @NephJC: BP measurement: if you don't measure BP properly, don't manage hypertension #n...

**Meenakshi Budhraj** @gastromom


a month ago


RT @kidney\_boy: Someone do this! #NephJC #DreamRCT <https://t.co/tGM1WKUVOU>**Alex Meraz** 🇵🇷 @nephroguy


a month ago


@ThepHunClub @kidney\_boy This is great, but how to do it? Which dose? I fear for CKD patients... #nephJC





 **Edgar V. Lerma** 🇵🇭 @edgarvlermamd a month ago  
 Management of hypertension in patients with CKD: ACE-i for those with albuminuria > 300 mgs/day (Class IIa recommendation) #Nephpearls #NephJC 🙌 <https://t.co/KFxf3dZvO7>  
<https://t.co/EfJd4JXBZd>


 **Alex Meraz** 🇵🇭 @nephroguy a month ago  
 RT @kidney\_boy: @Meraz2099 @NephJC Exactly. This J-curve thing is very appealing and sounds "right" but it is strangely MIA in the RCTs. #S...


 **Raymond Hsu** @drraymondhsu a month ago  
 @NephJC this table is misleading. not everyone has normal nocturnal dipping. non-dipper is strongly associated w end organ damage #nephjc


 **Damian Fogarty** @damianfog a month ago  
 RT @SLeonMD: @PabloGarciaMD @ThepHunClub exactly I go over food labels. Pull stuff up on @Google and show them sodium content. #nephjc

 **Aakash Shingada** @aakashshingada a month ago  
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 **Nephrology Jrnl Club** @nephjc a month ago  
 @kidney\_boy @Meraz2099 it seems to be an artifact of obserational studies. No J-curve in DBP analysis from SPRINT see <https://t.co/AiQ0dtYFIf> #NephJC

 **Sarah Melville** @sarahkmels a month ago  
 RT @edgarvlermamd: Clinician's sequential flowchart for management of hypertension: MEASURE OFFICE BP ACCURATELY !! I think this is key 🗝 in...

 **J. Brian Byrd, MD MS** @thebyrdlab a month ago  
 A couple of thoughts: hypertension is transdisciplinary... at the interface of cardiology, nephrology, & endocrinology, perhaps other areas, too. It has no natural home, but it has many homes. Also, AHA has set up a very big & inclusive tent for all those disciplines. #NephJC  
<https://t.co/8Ddx5mWCEW>

 **Franklin Loachamin** @franloachamin a month ago  
 RT @spryguyMD: I still use mercury manometers in my office. Have never trusted automated devices. #NephJC

**Joel Topf, MD FACP @kidney\_boy**

a month ago



RT @DrRaymondHsu: @NephJC this table is misleading. not everyone has normal nocturnal dipping. non-dipper is strongly associated w end organ...

**Sarah Melville @sarahkmels**

a month ago



RT @NephJC: @ThepHunClub yes - @htnCanada went there 2 years ago see <https://t.co/m2DfX4jT50> & <https://t.co/3BIgrjuCbM> #nephjc

**Nephrology Jrnl Club @nephjc**

a month ago



RT @DrRaymondHsu: @NephJC this table is misleading. not everyone has normal nocturnal dipping. non-dipper is strongly associated w end organ...

**Scherly Leon, MD @sleonmd**

a month ago



@gratefull080504 what percent of #Nephjc participants exercise routinely? Ok, I did kickbox today.

**Jennie Lin, MD @jenniejlin**

a month ago



@Nephro\_Sparks @ThepHunClub @kidney\_boy @ASNKidney NHLBI funds HTN research; natural home for heart folks? #nephJC

**Joshua Rein @thephunclub**

a month ago



we think sodium is spooky? forget it...what about chloride and HTN <https://t.co/MT5okNf4yu> #nephjc

**Nephrology Jrnl Club @nephjc**

a month ago



@kkalra\_22 hey Kartik - welcome back #nephjc

**J. Brian Byrd, MD MS @thebyrdlab**

a month ago



RT @jenniejlin: @Nephro\_Sparks @ThepHunClub @kidney\_boy @ASNKidney NHLBI funds HTN research; natural home for heart folks? #nephJC

**Stephen K Williams @bpvisitdoc**

a month ago



speaking 'bout professional societies ..... ?? Should primary care be more involved in guidelines #nephjc

**Dr Mukesh Rulaniya** @rulaniyadr

a month ago

RT @NephJC: What to people think of GRADE (1/2 and A/B/C) versus the schema used by ACC/AHA (COR/LOE)? #NephJC <https://t.co/ZSMsLt7iRe>

**Richard McCrory** @iamdoctord

a month ago

RT @thebyrdlab: A couple of thoughts: hypertension is transdisciplinary... at the interface of cardiology, nephrology, & endocrinology, per...

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a month ago

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a month ago

RT @NephJC: T1B: Check out why ACE-i: delay progression of CKD (not CV/mortality) <https://t.co/PzstvnjicD> #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

so no ACEi vs ARB strong opinions? Aren't they the same? #NephJC <https://t.co/gx8rDATkoi>

**Gates Colbert, MD** @doctorgates

a month ago

@Nephro\_Sparks @ThepHunClub Your "scooper" is your own choice. Salty scoopers definitely can ruin your benefits. Reduced fat Triscuits are great, also carrots! #NephJC

**Damian Fogarty** @damianfog

a month ago

@spryguyMD @NephJC @OttawaRenal Love automated machines for the -visual education to the patient; -lack of zero digit preference & -can write/type as machine does the work #nephJC

**Nephrology Jrnl Club** @nephjc

a month ago

@BPVisitDoc yes - AAFP, ACEP, ACP were not involved. Strangely #nephJC

**Kenar Jhaveri** @kdjhaveri

a month ago

@TheDrVarun @kidney\_boy @BPVisitDoc Reverse white coat #nephjc



**Sarah Melville** @sarahkmels

a month ago

RT @hswapnil: T1B: They fail to cite this from @ajkdonline <https://t.co/jLgltNcrsE> #NephJC to suggest ACEi > ARB Tchah! #nephJC



**Matt Sparks** @nephro\_sparks

a month ago

@BPVisitDoc family medicine did not endorse these guidelines <https://t.co/qceh3Z0shO> #nephjc



**Harini Sarathy** @hurryknee

a month ago

@NephJC Forgot to tag #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

On note of primary care - check out the HT crisis recommendations #nephjc



**Stephen K Williams** @bpvisitdoc

a month ago

it is unfortunate that family medicine was not involved in guidelines. i think that explains their stance. #nephjc



**Sarah Melville** @sarahkmels

a month ago

RT @spryguyMD: The best of Guidelines from my perspective is lower threshold and emphasis on non-pharm interventions! #NephJC



**Kenar Jhaveri** @kdjhaveri

a month ago

@DrRaymondHsu @NephJC Hence chronotheapy and just changing timing of meds is critical and not just add new meds #nephJC



**Joel Topf, MD FACP** @kidney\_boy

a month ago

@hurryknee @NephJC @Meraz2099 "Healthier at-high-risk population" is the oxymoron of the night #NephJC



**Raymond Hsu** @rraymondhsu

a month ago

@kdjhaveri @TheDrVarun @kidney\_boy @BPVisitDoc = masked HTN #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

Do we all think SBP > 180 or DBP > 120 is HT crisis? Need assessment of end organ damage? #NephJC <https://t.co/ZO7HJAT0Uc>

**Katie Kwon** @katiekwonmd

a month ago

@DamianFog @spryguyMD @NephJC @OttawaRenal Agree with first two but what are you doing in the room during the measurement? #getout #NephJC

**Sarah Melville** @sarahkmels

a month ago

RT @Nephro\_Sparks: all we do is talk HTN on twitter all day every day. #nephjc

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

A judgment that doesn't make sense to me. #NephJC <https://t.co/K32om1wMeB>

**Kenar Jhaveri** @kdjhaveri

a month ago

RT @NephJC: Do we all think SBP > 180 or DBP > 120 is HT crisis? Need assessment of end organ damage? #NephJC <https://t.co/ZO7HJAT0Uc>

**Joel Topf, MD FACP** @kidney\_boy

a month ago

@TheDrVarun @kdjhaveri @BPVisitDoc #FlipTheCoat #NephJC

**Amit Langote** @langoteamit

a month ago

Always myself... But sometimes my office readings higher than nurses,?? Indication of white coat effect #NephJC <https://t.co/71goJBVP4v>

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a month ago

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**Jennie Lin, MD** @jenniejlin

a month ago

@Nephro\_Sparks Don't most renal divisions have the word "hypertension" in their name? #nephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @KatieKwonMD: @DamianFog @spryguyMD @NephJC @OttawaRenal Agree with first two but what are you doing in the room during the measurement?...

**Nephrology Jrnl Club** @nephjc

a month ago

RT @DamianFog: @spryguyMD @NephJC @OttawaRenal Love automated machines for the - visual education to the patient; -lack of zero digit prefe...



**Stephen K Williams** @bpvisitdoc

a month ago

@NephJC i get those type of values transmitted to me from home bp monitors not too infrequently #nephjc



**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: @JWill\_PediACCM @KatieKwonMD @Nephro\_Sparks and longer you wait alone, lower your BP <https://t.co/qWvz1wT0HG> #NephJC



**Nephrology Jrnl Club** @nephjc

a month ago

RT @DrRaymondHsu: @kdjhaveri @TheDrVarun @kidney\_boy @BPVisitDoc = masked HTN #nephjc



**Kartik Kalra** @kkalra\_22

a month ago

RT @NephJC: Do we all think SBP > 180 or DBP > 120 is HT crisis? Need assessment of end organ damage? #NephJC <https://t.co/ZO7HJAT0Uc>



**roxanne watson** @roxannewatson74

a month ago

RT @gratefull080504: Great article on the importance of early detection of #kidneydisease by my friend @kidneystories <https://t.co/wC0KSJv7...>



**Matt Sparks** @nephro\_sparks

a month ago

@jenniejlin yes and this is my area of research and just about entire division. but ASN not on guideline sadly #nephjc



**Jennie Lin, MD** @jenniejlin

a month ago

@thebyrdlab Yes but they have to consider the very young and the very old #nephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @jenniejlin: @thebyrdlab Yes but they have to consider the very young and the very old #nephJC



**Nephrology Jrnl Club** @nephjc

a month ago

@DrRaymondHsu @kdjhaveri @TheDrVarun @kidney\_boy @BPVisitDoc see longer discussion of masked here: <https://t.co/64asOJPDHj> #NephJC

**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: @kidney\_boy @Meraz2099 it seems to be an artifact of obserational studies. No J-curve in DBP analysis from SPRINT see <https://t...>

**Stephen K Williams** @bpvisitdoc

a month ago

@DrRaymondHsu @kdjhaveri @TheDrVarun @kidney\_boy @BPVisitDoc arguably the nastiest of the htn #nephjc

**Damian Fogarty** @damianfog

a month ago

@spryguyMD @NephJC @OttawaRenal I am more often gesticulating wildly & explaining BP/leaky gloms/vessels/ etc to patients with both hands rather than writing/typing if truth be told! #NephJC

**Alex Meraz** 🇵🇪 @nephroguy

a month ago

@hurryknee @NephJC @kidney\_boy Think they excluded diabetic patients because those patients were studied in Accord #nephJC

**Edgar V. Lerma** 🇵🇪 @edgarvlermamd

a month ago

Hypertensive Crisis: Diagnosis and management #Nephpearls #NephJC 👉  
<https://t.co/j7VO0uMD9s> <https://t.co/5NZWza8QHa>

**Sarah Melville** @sarahkmels

a month ago

RT @ThepHunClub: we think sodium is spooky? forget it...what about chloride and HTN  
<https://t.co/MT5okNf4yu> #nephjc

**Stephen K Williams** @bpvisitdoc

a month ago

@BPVisitDoc @DrRaymondHsu @kdjhaveri @TheDrVarun @kidney\_boy i meant to say htn phenotypes. Unrecognized -- bad outcomes -- #nephjc

**Jennie Lin, MD** @jenniejlin


a month ago


@Nephro\_Sparks Looks like maybe the KCVD council of the AHA has some work to do ... get big AHA to include #nephJC


**Matt Sparks** @nephro\_sparks


a month ago


@jenniejlin frankly the thing I love about AHA HTN council is that is doesn't matter your discipline.. all for a common cause #NephJC


 **Nephrology Jrnl Club @nephjc** a month ago  
@thebyrdlab yes, not surprising though <https://t.co/RAkFJ8RyGB> #NephJC they are anti-SPRINT


 **Damian Fogarty @damianfog** a month ago  
RT @edgarvlermamd: Management of hypertension in patients with CKD: ACE-i for those with albuminuria > 300 mgs/day (Class IIa recommendati...


 **Nephrology Jrnl Club @nephjc** a month ago  
RT @Nephro\_Sparks: @jenniejlin frankly the thing I love about AHA HTN council is that is doesn't matter your discipline.. all for a common...

 **Kelly Burdge @practicalkidney** a month ago  
#NephJC I am worried "one size fits all" guidelines are as good as "one size fits all" sweaters- they look good on no one...

 **Nephrology Jrnl Club @nephjc** a month ago  
RT @Nephro\_Sparks: @jenniejlin yes and this is my area of research and just about entire division. but ASN not on guideline sadly #nephjc

 **Joel Topf, MD FACP @kidney\_boy** a month ago  
@NephJC I think it is a blood pressure that demands a careful assessment of the patient to look for any acute organ damage. Many of those patients are stable, but not all of them. #NephJC

 **Kevin J. Fowler @gratefull080504** a month ago  
Am i the only one on this chat that thinks the office BP measurement assessment is not as important as the measurements outside of the docs office ? #nephJC

 **Joel Topf, MD FACP @kidney\_boy** a month ago  
RT @jenniejlin: @Nephro\_Sparks Don't most renal divisions have the word "hypertension" in their name? #nephJC

 **J. Brian Byrd, MD MS @thebyrdlab** a month ago  
QFT. <https://t.co/gRE41NNYm5>





**Michelle Rheault** @rheault\_m

a month ago

RT @practicalkidney: #NephJC I am worried “one size fits all” guidelines are as good as “one size fits all” sweaters- they look good on no...



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

QFT. #NephJC <https://t.co/gRE41NNYm5>



**Sarah Melville** @sarahkmels

a month ago

RT @Nephro\_Sparks: @BPVisitDoc family medicine did not endorse these guidelines <https://t.co/qceh3Z0shO> #nephjc



**Joshua Rein** @thephunclub

a month ago

RT @jenniejlin: @Nephro\_Sparks Don't most renal divisions have the word "hypertension" in their name? #nephJC



**Hector Madariaga, MD** @hecmagsmd

a month ago

RT @practicalkidney: #NephJC I am worried “one size fits all” guidelines are as good as “one size fits all” sweaters- they look good on no...



**Raymond Hsu** @rraymondhsu

a month ago

@BPVisitDoc @kdjhaveri @TheDrVarun therefore we need to incorporate ABPM, at least home BPs, into practice for higher risk patients #nephjc



**Stephen K Williams** @bpvisitdoc

a month ago

@practicalkidney that is problem w/ guidelines = population based ... not good w/ individual cases #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @Nephro\_Sparks: @jenniejlin frankly the thing I love about AHA HTN council is that is doesn't matter your discipline.. all for a common...



**Kenar Jhaveri** @kdjhaveri

a month ago

RT @DrRaymondHsu: @BPVisitDoc @kdjhaveri @TheDrVarun therefore we need to incorporate ABPM, at least home BPs, into practice for higher ris...



**Sarah Melville** @sarahkmels

a month ago

RT @BPVisitDoc: it is unfortunate that family medicine was not involved in guidelines. i think that explains their stance. #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

what do people think of 130/80 for everyone - even if low CV risk? A C-LD recommendation #NephJC <https://t.co/ap4HcwXm4S>



**Katie Kwon** @katiekwonmd

a month ago

@Meraz2099 @hurryknee @NephJC @kidney\_boy SPRINT bothers me somewhat because the top tertile for pre-enrolled BP started at 149 or thereabouts. These were not the super-elevated patients I see in my HTN specialty clinic. #NephJC



**Damian Fogarty** @damianfog

a month ago

@SLeonMD @gratefull080504 Old boys football(soccer to you guys) x 3/week & stairs to 20th floor office daily. Do I win a prize? #nephJC



**Nephrology Jrnl Club** @nephjc

a month ago

RT @practicalkidney: #NephJC I am worried "one size fits all" guidelines are as good as "one size fits all" sweaters- they look good on no...



**Richard McCrory** @iamdoctord

a month ago

@DamianFog @spryguyMD @NephJC @OttawaRenal and you do it with such aplomb, Damian! #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

Hypertension guidelines as Ugly Sweat Contests #NephJC <https://t.co/ItbCwUI7De>



**Nephrology Jrnl Club** @nephjc

a month ago

RT @DrRaymondHsu: @BPVisitDoc @kdjhaveri @TheDrVarun therefore we need to incorporate ABPM, at least home BPs, into practice for higher ris...



**Kevin J. Fowler** @gratefull080504

a month ago

Bingo @kidney\_boy ! #nephjc <https://t.co/XXBuxObthD>

**Katie Kwon** @katiekwonmd

a month ago

@Meraz2099 @hurryknee @NephJC @kidney\_boy And that's why I am happy to add a third drug to get to 130, not nearly so happy or confident when adding a sixth drug. #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

RT @KatieKwonMD: @Meraz2099 @hurryknee @NephJC @kidney\_boy And that's why I am happy to add a third drug to get to 130, not nearly so happy...

**Nephrology Jrnl Club** @nephjc

a month ago

RT @KatieKwonMD: @Meraz2099 @hurryknee @NephJC @kidney\_boy SPRINT bothers me somewhat because the top tertile for pre-enrolled BP started a...

**Alex Meraz** 🇺🇸 @nephroguy

a month ago

@NephJC At least we have to do a fundoycopic eye exam! If the patient doesn't look acutely ill, I would take it easy #nephjc

**Kenar Jhaveri** @kdjhaveri

a month ago

@DrRaymondHsu @BPVisitDoc @TheDrVarun #nephrologist are HTN specialists and we should lead this change. Office readings are least helpful in cases we see as specialists. #nephJC

**Alex Meraz** 🇺🇸 @nephroguy

a month ago

RT @KatieKwonMD: @Meraz2099 @hurryknee @NephJC @kidney\_boy SPRINT bothers me somewhat because the top tertile for pre-enrolled BP started a...

**Robert Centor** @medrants

a month ago

RT @Nephro\_Sparks: @BPVisitDoc family medicine did not endorse these guidelines <https://t.co/qceh3Z0shO> #nephjc

**Stephen K Williams** @bpvisitdoc


a month ago


@DrRaymondHsu @BPVisitDoc @kdjhaveri @TheDrVarun AGREED. improves patients behavior. Makes the "silent killer" a little less silent #nephjc


**Damian Fogarty** @damianfog


a month ago


@KatieKwonMD @spryguyMD @NephJC @OttawaRenal I would prefer not to be there at all but there's a mortgage! I will take their home values ahead of these of course. Remind me of your evidence btw #nephJC


 **Nephrology Jrnl Club @nephjc** a month ago  
Any transplant nephrologists in the audience? What do you think of CCB preference? #NephJC  
<https://t.co/M6LoG6IKUf>


 **Matt Sparks @nephro\_sparks** a month ago  
I see the 130 as a goal. doesn't mean you will be able to attain all the time if situations arise.  
plus can't be sloppy with measure #nephjc


 **Kelly Burdge @practicalkidney** a month ago  
@BPVisitDoc #nephJC but these “guidelines” become “standards” we are held to for our  
individual patients... this is the real problem


 **Nephrology Jrnl Club @nephjc** a month ago  
RT @kidney\_boy: @NephJC I think it is a blood pressure that demands a careful assessment of  
the patient to look for any acute organ damage....

 **Katie Kwon @katiekwonmd** a month ago  
@kidney\_boy @NephJC So everyone with 180 at home goes to the office urgently (or ER after  
hours?) #NephJC

 **Joshua Rein @thephunclub** a month ago  
RT @jenniejlin: @Nephro\_Sparks Looks like maybe the KCVD council of the AHA has some  
work to do.get big AHA to include #nephJC @pastorsoler

 **Edgar V. Lerma 🇵🇭 @edgarvlermamd** a month ago  
Guidelines 👉 are not written in stones ... or tablets #Nephpearls #NephJC  
<https://t.co/2pc3Hkelyz>

 **Matt Sparks @nephro\_sparks** a month ago  
truth RT @practicalkidney: but these “guidelines” become “standards” we are held to for our  
individual patients... real problem #nephjc

 **Stephen K Williams @bpvisitdoc** a month ago  
@Nephro\_Sparks @BPVisitDoc Too my chagrin. That is a big organization. Bigger than AHA i  
believe. All their pts have HTN! #nephjc

**Damian Fogarty** @damianfog

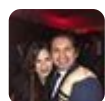
a month ago

RT @BPVisitDoc: speaking 'bout professional societies ..... ?? Should primary care be more involved in guidelines #nephjc

**Harini Sarathy** @hurryknee

a month ago

@Meraz2099 @NephJC @kidney\_boy Didn't ACCORD exclude CKD-ers? #nephjc

**Alex Meraz** 🇵🇪 @nephroguy

a month ago

RT @edgarvlermamd: Guidelines 👍 are not written in stones ... or tablets #Nephpearls #NephJC <https://t.co/2pc3Hkelyz>**Kevin J. Fowler** @gratefull080504

a month ago

What is missing in this discuss is the role of #patientengagement Teach patients how to fish #nephJC

**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: @thebyrdlab yes, not surprising though <https://t.co/RAkFJ8RyGB> #NephJC they are anti-SPRINT**Nephrology Jrnl Club** @nephjc

a month ago

@kidney\_boy what if they are in office and asymptomatic? With BP 185/90 (common you agree) Do you need to rule out all those conditions? #NephJC

**Stephen K Williams** @bpvisitdoc

a month ago

RT @edgarvlermamd: Guidelines 👍 are not written in stones ... or tablets #Nephpearls #NephJC <https://t.co/2pc3Hkelyz>**Dr. Leslie Spry** @spryguymd

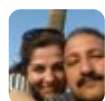
a month ago

In presence of CKD and proteinuria, I still use 125/75 without symptoms as my target. #nephJC

**Joel Topf, MD FACP** @kidney\_boy

a month ago

@KatieKwonMD @Meraz2099 @hurryknee @NephJC And they got people to goal on way fewer drugs than I do. For me to get people south of 120 systolic it is 4+ drugs. #NephJC

**VICTOR SANNA** @victorsanna

a month ago

RT @edgarvlermamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...



**Sarah Melville** @sarahkmels

a month ago

RT @DrRaymondHsu: @BPVisitDoc @kdjhaveri @TheDrVarun therefore we need to incorporate ABPM, at least home BPs, into practice for higher ris...



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Hypertension: not really any one specialty's domain. IMO, the key goal is to spread knowledge about hypertension, rather than to assign it a home. #transdisciplinary #NephJC  
<https://t.co/8OCNmrYcts>



**Joel Topf, MD FACP** @kidney\_boy

a month ago

Yup <https://t.co/XQvZtWTEEQ>



**Sarah Melville** @sarahkmels

a month ago

RT @BPVisitDoc: @practicalkidney that is problem w/ guidelines = population based ... not good w/ individual cases #nephjc



**Alex Meraz** 🇵🇷 @nephroguy

a month ago

@kidney\_boy @NephJC At least we have to do a fundoscopic eye exam! If the patient doesn't look acutely ill, I would take it easy #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

Yup #NephJC <https://t.co/XQvZtWTEEQ>



**Joshua Rein** @thephunclub

a month ago

We're focused on SBP, but what about DBP where we live 2/3 of our life? #nephjc



**Damian Fogarty** @damianfog

a month ago

RT @BPVisitDoc: @DrRaymondHsu @kdjhaveri @TheDrVarun @kidney\_boy @BPVisitDoc arguably the nastiest of the htn #nephjc



**Nephrology Jrnl Club** @nephjc

a month ago

@KatieKwonMD @kidney\_boy it's really not clear. what if patients get those readings at home? More ER visits \*will\* happen. #NephJC



**Kevin J. Fowler** @gratefull080504

a month ago

What is the #adherence or #concordance rate with #bloodpressure medications? #nephJC



**Kenar Jhaveri** @kdjhaveri

a month ago

RT @thebyrdlab: Hypertension: not really any one specialty's domain. IMO, the key goal is to spread knowledge about hypertension, rather t...



**Harini Sarathy** @hurryknee

a month ago

@Nephro\_Sparks @practicalkidney Especially when NYT discusses it. Patients ask about it. #nephjc



**Jennie Lin, MD** @jenniejlin

a month ago

@NephJC Good theoretically for prevention in most non-geriatric adults (prevent vascular stiffness down the line), but in practice are we going to face repercussions if we don't get all our patients below 130/80 #nephJC



**Matt Sparks** @nephro\_sparks

a month ago

@DamianFog @jenniejlin come to the AHA HTN council meeting... now merged with ASH. mix of basic translational and clinical #NephJC



**Zabala Genovez M.D.** @jsebastianzm

a month ago

RT @edgarvlermamd: Guidelines 👍 are not written in stones ... or tablets #Nephpearls #NephJC <https://t.co/2pc3Hkelyz>



**Leslie Beben** @lbeben

a month ago

Hypertension guidelines aren't curbing new (CKD V) dialysis patients in South Carolina. <https://t.co/9RnU6x3zAk>



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

It's not great. <https://t.co/GHDQgPnt0a> #NephJC <https://t.co/lHO8k2A3jz>



**Nephrology Jrnl Club** @nephjc

a month ago

@ThepHunClub yes - most DBP recs are expert opinion. But doesn't SBP matter more in older/CKD patients anyways? #nephjc



**Alex Meraz** 🇵🇷 @nephroguy

a month ago

@kidney\_boy @KatieKwonMD @hurryknee @NephJC Remember spironolactone as the fourth drug of choice #nephjc



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @Nephro\_Sparks: @DamianFog @jenniejlin come to the AHA HTN council meeting... now merged with ASH. mix of basic translational and clini...



**Katie Kwon** @katiekwonmd

a month ago

@kidney\_boy @Meraz2099 @hurryknee @NephJC Yes! The intensive group barely averaged three drugs! I have a hard time extrapolating that to Mr 165/95 on amlodipine/lisinopril/chlorthalidone/spironolactone. See @hswapnil I do use generics! #NephJC



**Joel Topf, MD FACP** @kidney\_boy

a month ago

@Meraz2099 @NephJC That and a careful ROS. Sound reasonable? I'll do that. #NephJC



**Michelle Rheault** @rheault\_m

a month ago

@NephJC In retrospective study, we found better outcomes in children treated with ACE/ARB post-Tx. May be selection bias but needs further study. #NephJC <https://t.co/H4gHFe5PBY>



**Kenar Jhaveri** @kdjhaveri

a month ago

@NephJC I agree. Best for CNI vasoconstriction related HTN #nephJC



**Kenar Jhaveri** @kdjhaveri

a month ago

@spryguyMD @NephJC Me too #nephjc



**Joel Topf, MD FACP** @kidney\_boy

a month ago

RT @Meraz2099: @kidney\_boy @KatieKwonMD @hurryknee @NephJC Remember spironolactone as the fourth drug of choice #nephjc



**Lekha Tummalapalli** @ltummalapalli

a month ago

@practicalkidney Always a tension between individualization versus standardization. I think categories of patients with different goals is useful to help guide us. Of course individual circumstances will ultimately take precedence. #nephJC



**RenalFellowNetwork** @renalfellowntwk

a month ago

RT @kdjhaveri: @NephJC I agree. Best for CNI vasoconstriction related HTN #nephJC





**Edgar V. Lerma** 🇵🇭 @edgarvlermamd

a month ago

Guidelines--for the obedience of fools and the guidance of wise men **!?** #Nephpearls #NephJC  
👉 <https://t.co/tDZJ2IDFZh> <https://t.co/rUcHgmZJ0S>



**Joshua Rein** @thephunclub

a month ago

@NephJC maybe SBP in elderly with atherosclerosis but CKD has volume expansion and elevated DBP #nephjc



**Damian Fogarty** @damianfog

a month ago

@kidney\_boy @gratefull080504 Kevin, most of us prefer home or out of office/clinic measurements. Better correlations with longer term measures and outcomes AFAIK #NephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @LTummalapalli: @practicalkidney Always a tension between individualization versus standardization. I think categories of patients with...



**Nephrology Jrnl Club** @nephjc

a month ago

@gratefull080504 @gratefull080504 yes - actually guidelines do discuss these. Check out pages 149-162 for very useful & practical discussion of adherence, health literacy, team-based interventions and more. #NephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @NephJC: @gratefull080504 @gratefull080504 yes - actually guidelines do discuss these. Check out pages 149-162 for very useful & practic...



**Aakash Shingada** @aakashshingada

a month ago

RT @practicalkidney: #NephJC I am worried "one size fits all" guidelines are as good as "one size fits all" sweaters- they look good on no...



**Nephrology Jrnl Club** @nephjc

a month ago

RT @kdjhaveri: @NephJC I agree. Best for CNI vasoconstriction related HTN #nephJC



**Joel Topf, MD FACP** @kidney\_boy

a month ago

Pathway-2 is kind of like our Alamo #RememberTheSpiro! #NephJC <https://t.co/mujbvfMZTM>

**yas @yassirs**

a month ago

RT @edgarvlermamd: Guidelines--for the obedience of fools and the guidance of wise men **!?**  
 #Nephpearls #NephJC 🙌 <https://t.co/tDZJ2IDFZh> ht...

**J. Brian Byrd, MD MS @thebyrdlab**

a month ago

RT @kidney\_boy: Pathway-2 is kind of like our Alamo #RememberTheSpiro! #NephJC  
<https://t.co/mujbvfMZTM>

**Richard McCrory @iamdoctord**

a month ago

@Meraz2099 @kidney\_boy @NephJC Recently transplanted patient missed some BP pills, looked well, but accelerated HTN prompted a TMA with AKI in their graft within 48h. Elevated diastolic BP's make me jumpy(er)... Contextual, granted, but memorable! #nephjc

**Corey Cavanaugh @ccavanaugh87**

a month ago

#nephjc hey I'm Corey, fellow from Yale. No coi and I still don't kno what hypertensive urgency means

**Nephrology Jrnl Club @nephjc**

a month ago

RT @rheault\_m: @NephJC In retrospective study, we found better outcomes in children treated with ACE/ARB post-Tx. May be selection bias but...

**Raymond Hsu @drraymondhsu**

a month ago

@Nephro\_Sparks @DamianFog @jenniejlin AHA-HTN is great fun! \*wink wink\*  
 @Nephro\_Sparks #nephjc

**Harini Sarathy @hurryknee**

a month ago

@kdjhaveri @DrRaymondHsu @BPVisitDoc @TheDrVarun Who reads ABPMs in your practice?  
 #nephjc

**Alex Meraz 🇺🇸 @nephroguy**

a month ago

RT @kidney\_boy: Pathway-2 is kind of like our Alamo #RememberTheSpiro! #NephJC  
<https://t.co/mujbvfMZTM>

**Matt Sparks @nephro\_sparks**

a month ago

The numbers: 621 Tweets. 102 Participants. January 16th 2018. More #NephJC 🇮🇹 here  
<https://t.co/BKXsATdGJ4> via @symplur

**Joshua Rein** @thephunclub

a month ago

@kdjhaveri @NephJC how many people use thiazides for CNI induced HTN? #nephjc

**Stephen K Williams** @bpvisitdoc

a month ago

@NephJC @ThepHunClub @Meraz2099 @kidney\_boy @KatieKwonMD @NephJC in JNC 8, the only solid recommendation for younger folks was DBP #nephjc

**Kenar Jhaveri** @kdjhaveri

a month ago

@BPVisitDoc @kidney\_boy @TheDrVarun Change the EMR 🙄 #nephJC

**Kevin J. Fowler** @gratefull080504

a month ago

#nephJC For what it is worth I am on 5mg quinapril + 2.5 amlodipine plus routine exercise + mediation #nephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Yep. It's an issue. #NephJC <https://t.co/VdAhsOtnxj>**Silvi Shah** @silvishah

a month ago

@NephJC Yes usually ca channel blocker is the first choice. Avoid diuretics/ ace in renal transplant esp fresh transplants. Beta blocker is the second choice #nephJC

**Joel Topf, MD FACP** @kidney\_boy

a month ago

@Nephro\_Sparks @symplur don't we still have 4 minutes? #NephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @Nephro\_Sparks: The numbers: 621 Tweets. 102 Participants. January 16th 2018. More #NephJC 🇮🇹 here <https://t.co/BKXsATdGJ4> via @symplur**Stephen K Williams** @bpvisitdoc

a month ago

@BPVisitDoc @NephJC @ThepHunClub @Meraz2099 @kidney\_boy @KatieKwonMD i mean using DBP -- from VA Coop trials (circ 1970)! #nephjc

**Nephrology Jrnl Club** @nephjc

a month ago

@Meraz2099 @kidney\_boy @KatieKwonMD @hurryknee yup! #NephJC discussion here <https://t.co/LAJAhAwCfd>

**Matt Sparks** @nephro\_sparks

a month ago

Great chat everyone. Please consider coming to #KIDNEYcon April 6-7 <https://t.co/psfHcSmGAL> #nephjc

**Kelly Burdge** @practicalkidney

a month ago

@rheault\_m @NephJC #nephJC I thought in adult post tx there was no benefit...so confusing!

**Sarah Melville** @sarahkmels

a month ago

RT @Nephro\_Sparks: @DamianFog @jenniejlin come to the AHA HTN council meeting... now merged with ASH. mix of basic translational and clini...

**Gates Colbert, MD** @doctorgates

a month ago

@KatieKwonMD @kidney\_boy @Meraz2099 @hurryknee @NephJC @hswapnil Change that ACEI for an ARB and you have my #DreamTeam of evidence based treatment. Less cough and angioedema worry with ARB. Personal preference. #NephJC

**Katie Kwon** @katiekwonmd

a month ago

@jenniejlin @NephJC We're going to face repercussions if our EMRs can't capture the well controlled at home readings and just report the higher in-office ones! #NephJC

**Alex Meraz** ‡ @nephroguy

a month ago

RT @iamdoctord: @Meraz2099 @kidney\_boy @NephJC Recently transplanted patient missed some BP pills, looked well, but accelerated HTN prompte...

**Kevin J. Fowler** @gratefull080504

a month ago

Thank you @NephJC ! #nephJC <https://t.co/wBg6lAJcb1>

**Dr. Leslie Spry** @spryguymd

a month ago

I use home monitoring if the patient will bring in their cuff and let me compare it to my mercury manometers. #nephJC

**Nephrology Jrnl Club** @nephjc

a month ago

RT @DoctorGates: @KatieKwonMD @kidney\_boy @Meraz2099 @hurryknee @NephJC @hswapnil Change that ACEI for an ARB and you have my #DreamTeam of...

**Kenar Jhaveri** @kdjhaveri

a month ago

@hurryknee @DrRaymondHsu @BPVisitDoc @TheDrVarun Internists and cardiologist send it to us to read. #nephJC @HofstraKidney

**Damian Fogarty** @damianfog

a month ago

@practicalkidney @BPVisitDoc WELL SAID. We have to be so careful about applying guidelines based on highly selected subgroups (~9k of 14k screened for SPRINT). They are perfect if you are the average patient of course! #NephJC

**Joel Topf, MD FACP** @kidney\_boy

a month ago

@BPVisitDoc @NephJC @ThepHunClub @Meraz2099 @KatieKwonMD Come on those patients had diastolics of 115. Different universe. #NephJC

**Sarah Melville** @sarahkmels

a month ago

RT @thebyrdlab: It's not great. <https://t.co/GHDQgPnt0a> #NephJC <https://t.co/LHO8k2A3jz>

**Kevin J. Fowler** @gratefull080504

a month ago

@DamianFog It makes sense #nephJC <https://t.co/jDe3lZjMND>

**Stephen K Williams** @bpvisitdoc

a month ago

@kidney\_boy @BPVisitDoc @NephJC @ThepHunClub @Meraz2099 @KatieKwonMD just saying! #nephjc

**Nephrology Jrnl Club** @nephjc

a month ago

wow. That was a whirlwind chat. 2 minutes left - any final comments? #nephjc

**Joshua Rein** @thephunclub

a month ago

#reserpine #nephjc

**Damian Fogarty** @damianfog

a month ago

RT @Nephro\_Sparks: truth RT @practicalkidney: but these "guidelines" become "standards" we are held to for our individual patients... real...

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@kdjhaveri @hurryknee @DrRaymondHsu @BPVisitDoc @TheDrVarun @HofstraKidney Internists who are long-time certified hypertension specialists read them in my group. #NephJC

**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: @gratefull080504 @gratefull080504 yes - actually guidelines do discuss these. Check out pages 149-162 for very useful & practic...

**Gates Colbert, MD** @doctorgates

a month ago

@ThepHunClub @kdjhaveri @NephJC In theory, need to have a pretty good eGFR to be effective. But patients don't always follow the science to a T. #NephJC

**Alex Meraz** ‡ @nephroguy

a month ago

RT @kidney\_boy: @BPVisitDoc @NephJC @ThepHunClub @Meraz2099 @KatieKwonMD Come on those patients had diastolics of 115. Different universe....

**Damian Fogarty** @damianfog

a month ago

RT @thebyrdlab: It's not great. <https://t.co/GHDQgPNt0a> #NephJC <https://t.co/LHO8k2A3jz>

**Raymond Hsu** @rraymondhsu

a month ago

@kdjhaveri @hurryknee @DrRaymondHsu @BPVisitDoc @TheDrVarun @HofstraKidney we are the opposite, read by cards #sad #nephjc

**Damian Fogarty** @damianfog

a month ago

RT @Meraz2099: @kidney\_boy @KatieKwonMD @hurryknee @NephJC Remember spironolactone as the fourth drug of choice #nephjc

**Joel Topf, MD FACP** @kidney\_boy

a month ago

@practicalkidney @rheault\_m @NephJC ACEi/ARB were not special in the the big meta analysis of adult kidney transplant. #NephJC

**Alex Meraz** ‡ @nephroguy

a month ago

RT @NephJC: @Meraz2099 @kidney\_boy @KatieKwonMD @hurryknee yup! #NephJC discussion here <https://t.co/LAJAhAwCfd>

**Joshua Rein** @thephunclub

a month ago

DASH DIET! #nephjc

**Sarah Melville** @sarahkmels

a month ago

RT @edgarvlermamd: Guidelines--for the obedience of fools and the guidance of wise men!?! #Nephpearls #NephJC 👉 <https://t.co/tDZJ2IDFZh> ht...

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

❤️ <https://t.co/CGStBp3Gk3>**Nephrology Jrnl Club** @nephjc

a month ago

This is a summary of recent g/l focused on CKD. @goKDIGO update coming soon though (@taraichang @VladoPerkovic et al) #NephJC <https://t.co/aKrWvkZcJy>**Pablo Garcia** @pablogarciamd

a month ago

RT @Nephro\_Sparks: Great chat everyone. Please consider coming to #KIDNEYcon April 6-7 <https://t.co/psfHcSmGAl> #nephjc**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

❤️ #NephJC <https://t.co/CGStBp3Gk3>**Katie Kwon** @katiekwonmd

a month ago

@DoctorGates @kidney\_boy @Meraz2099 @hurryknee @NephJC @hswapnil What's your cheap once daily ARB? I still get pushback trying Valderrama at times. And don't get me started on non-coverage for combination pills! #pillcount #NephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @NephJC: This is a summary of recent g/l focused on CKD. @goKDIGO update coming soon though (@taraichang @VladoPerkovic et al) #NephJC...

**Kartik Kalra** @kkalra\_22

a month ago

RT @edgarvlermamd: 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Managemen...

**Joel Topf, MD FACP** @kidney\_boy

a month ago

Endorse! #NephJC <https://t.co/U7KGfaEmCw>**Kevin J. Fowler** @gratefull080504

a month ago

#nephJC Good night everyone What is our next #nephJC topic on?

**Damian Fogarty** @damianfog

a month ago

RT @edgarvlermamd: Guidelines--for the obedience of fools and the guidance of wise men!?! #Nephpearls #NephJC 🙌 <https://t.co/tDZJ2IDFZh> ht...

**Katie Kwon** @katiekwonmd

a month ago

@DoctorGates @kidney\_boy @Meraz2099 @hurryknee @NephJC @hswapnil Oops meant valsartan sorry #NephJC

**Kartik Kalra** @kkalra\_22

a month ago

RT @Nephro\_Sparks: Great chat everyone. Please consider coming to #KIDNEYcon April 6-7 <https://t.co/psfHcSmGAl> #nephjc

**Sarah Melville** @sarahkmels

a month ago

RT @Nephro\_Sparks: The numbers: 621 Tweets. 102 Participants. January 16th 2018. More #NephJC 🇮🇹 here <https://t.co/BKXsATdGJ4> via @symlur

**Damian Fogarty** @damianfog

a month ago

RT @iamdoctord: @Meraz2099 @kidney\_boy @NephJC Recently transplanted patient missed some BP pills, looked well, but accelerated HTN prompte...

**Joel Topf, MD FACP** @kidney\_boy

a month ago

Potassium supplements: nature's thiazides #FTW #NephJC

**Joshua Rein** @thephunclub

a month ago

RT @kidney\_boy: Potassium supplements: nature's thiazides #FTW #NephJC

**Joel Topf, MD FACP** @kidney\_boy

a month ago

Thanks Guys! Thanks Swap! Great Chat! #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

Despite my quibbling here - overall I like these better than JNC-8. Measure BP properly. Assess CV risk. Do more Home/ABPMs. #nephjc

**Damian Fogarty** @damianfog

a month ago

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**Stephen K Williams** @bpvisitdoc

a month ago

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**Sarah Melville** @sarahkmels

a month ago

RT @KatieKwonMD: @jenniejlin @NephJC We're going to face repercussions if our EMRs can't capture the well controlled at home readings and j...

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Yes. Clinicians who are ignoring the new hypertension guidelines are missing a key opportunity to improve their knowledge. #NephJC <https://t.co/Yp6pLNcl5I>

**Hector Madariaga, MD** @hecmagsmd

a month ago

RT @NephJC: Despite my quibbling here - overall I like these better than JNC-8. Measure BP properly. Assess CV risk. Do more Home/ABPMs. #...

**Gates Colbert, MD** @doctorgates

a month ago

Get serious about treating HTN using the right drug combinations. Encourage weight loss, exercise, and DASH Diet. Educate on this silent killer. Get your patients on your team for a lifelong partnership. #NephJC

**Nephrology Jrnl Club** @nephjc

a month ago

@KatieKwonMD @DoctorGates @kidney\_boy @Meraz2099 @hurryknee @hswapnil all ARBs (but olmesartan/azilsartan) are generic up here in Canada #NephJC

**Maureen Taylor** @maurentaylor31

a month ago

RT @KatieKwonMD: @Nephro\_Sparks Patients come in. They sit quietly 5 minutes. Then automated machine measures 6, averages last 5. Takes 11...

**Alex Meraz** ‡ @nephroguy

a month ago

RT @DoctorGates: @KatieKwonMD @kidney\_boy @Meraz2099 @hurryknee @NephJC @hswapnil Change that ACEI for an ARB and you have my #DreamTeam of...

**Sarah Melville** @sarahkmels

a month ago

RT @spryguyMD: I use home monitoring if the patient will bring in their cuff and let me compare it to my mercury manometers. #nephJC

**Harini Sarathy** @hurryknee

a month ago

Look forward to consensus. My take-away is that we need to promote ABPMs in practice. Implementation science project. #nephjc



**Amit Langote** @langoteamit

a month ago

I do. In fact I ve seen only Nephros givin complete report of ABPM including day /night/24 hr control/dipper/BPV assessment etc #NephJC <https://t.co/NOlPVkfGQt>



**Joel Topf, MD FACP** @kidney\_boy

a month ago

@LBEBEN ESRD is falling in Michigan. I think BP control maybe part of the reason. #NephJC



**Stephen K Williams** @bpvisitdoc

a month ago

@hurryknee only in the UK with the NHS. And i hear they are bankrupt #nephjc



**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: This is a summary of recent g/l focused on CKD. @goKDIGO update coming soon though (@taraichang @VladoPerkovic et al) #NephJC...



**Swapnil Hiremath, MD** @hswapnil

a month ago

@gratefull080504 The g/l do emphasize home and ABPM. But may not be for everyone, overtime. #NephJC



**Amit Langote** @langoteamit

a month ago

#NephJC Encourage patients to take frequent home bp is my take away. But first teach them the correct technique & encourage lifestyle change



**Alex Meraz** 🇵🇷 @nephroguy

a month ago

RT @NephJC: Despite my quibbling here - overall I like these better than JNC-8. Measure BP properly. Assess CV risk. Do more Home/ABPMs. #...



**Sarah Melville** @sarahkmels

a month ago

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**Sarah Melville** @sarahkmels

a month ago

RT @thebyrdlab: Yes. Clinicians who are ignoring the new hypertension guidelines are missing a key opportunity to improve their knowledge....



**Nephrology Jrnl Club** @nephjc

a month ago

thanks everyone for joining in - and voicing their opinions. #nephjc



**Katie Kwon** @katiekwonmd

a month ago

@thebyrdlab I am shocked weekly at the weird BP regimens that get sent to my HTN clinic. Toprol with clonidine and no diuretic? #GTFO #NephJC



**Nephrology Jrnl Club** @nephjc

a month ago

if you haven't - sign up for our once a week newsletter to keep up with the news <https://t.co/5aum8qL85> and know the next chat topic #nephjc



**Joshua Rein** @thephunclub

a month ago

RT @spryguyMD: I still use mercury manometers in my office. Have never trusted automated devices. #NephJC



**Sarah Melville** @sarahkmels

a month ago

RT @LangoteAmit: #NephJC Encourage patients to take frequent home bp is my take away. But first teach them the correct technique & encourag...



**Sarah Melville** @sarahkmels

a month ago

RT @NephJC: if you haven't - sign up for our once a week newsletter to keep up with the news <https://t.co/5aum8qL85> and know the next chat...



**Nephrology Jrnl Club** @nephjc

a month ago

We will be hosting another #NephJC tomorrow 12 noon Pacific for West Coast folks! <https://t.co/1wHEXz6BLg>



**Jennifer Lake** @jendlake

a month ago

RT @KatieKwonMD: @Nephro\_Sparks Patients come in. They sit quietly 5 minutes. Then automated machine measures 6, averages last 5. Takes 11...



**Katie Kwon** @katiekwonmd

a month ago

@ThepHunClub @kdjhaveri @NephJC I use them more for the CNI induced hyperkalemia. #NephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

OK--you have my interest! End-stage kidney (renal) disease is declining in Michigan?? Data, please? #NephJC <https://t.co/Sb2wfT1kGS>



**Alex Meraz** ‡ @nephroguy

a month ago

Did someone mention that low sodium DASH diet is better than any medication? Up to 11 mmhg!!!! #nephjc



**Sistole 14** @sistole14

a month ago

RT @edgarvlermamd: Hypertensive Crisis: Diagnosis and management #Nephpearls #NephJC  
👉 <https://t.co/j7VO0uMD9s> <https://t.co/5NZWza8QHa>



**Swapnil Hiremath, MD** @hswapnil

a month ago

RT @thebyrdlab: Yes. Clinicians who are ignoring the new hypertension guidelines are missing a key opportunity to improve their knowledge....



**Sistole 14** @sistole14

a month ago

RT @edgarvlermamd: Management of hypertension in patients with CKD: ACE-i for those with albuminuria > 300 mgs/day (Class IIa recommendati...



**Matt Sparks** @nephro\_sparks

a month ago

RT @NephJC: We will be hosting another #NephJC tomorrow 12 noon Pacific for West Coast folks! <https://t.co/1wHEXz6BLg>



**Sarah Melville** @sarahkmels

a month ago

Thank you @NephJC @hswapnil #nephJC for great informative discussion- so many good refs & ideas, had to read fast to keep up, ty, ;)



**Swapnil Hiremath, MD** @hswapnil

a month ago

@KatieKwonMD @thebyrdlab Agree. Most of our consults are fixed with - proper BP measurement - rationale drug choice (& dose) Very few phaeos and other zebras! #NephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @hswapnil: @KatieKwonMD @thebyrdlab Agree. Most of our consults are fixed with - proper BP measurement - rationale drug choice (& dose)...



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

There's a lot of primary aldosteronism out there! Do you screen all your resistant hypertension patients? #NephJC <https://t.co/dkET7Ee4qU>



**Katie Kwon** @katiekwonmd

a month ago

@hswapnil @thebyrdlab Yet to find a pheo with or without the extra a. #NephJC



**Swapnil Hiremath, MD** @hswapnil

a month ago

@DoctorGates @ThepHunClub @kdjhaveri @NephJC Agree - I think thiazides underused in transplant see <https://t.co/JC5VW0aziz> in @AJKOnline #NephJC



**Edgar V. Lerma** 🇵🇪 @edgarvlermamd

a month ago

@kidney\_boy @Meraz2099 @NephJC That J curve relationship between BP & CV event rates and mortality !!! #Nephpearls #SPRINTHTN #NephJC 🙌 <https://t.co/HUUiu46axn>  
<https://t.co/QYNW3SR3DF>



**Kiran Goli** @drkirangoli

a month ago

RT @NephJC: This is a summary of recent g/l focused on CKD. @goKDIGO update coming soon though (@taraichang @VladoPerkovic et al) #NephJC...



**Swapnil Hiremath, MD** @hswapnil

a month ago

@ccavanaugh87 Check out these dutch g/l - good starting point IMO <https://t.co/mzHKYsN2OZ> #NephJC



**Sarah Melville** @sarahkmels

a month ago

RT @hswapnil: @ccavanaugh87 Check out these dutch g/l - good starting point IMO <https://t.co/mzHKYsN2OZ> #NephJC



**Katie Kwon** @katiekwonmd

a month ago

@thebyrdlab Hard to say a blanket yes, most I do. If it's a very elderly person who I wouldn't send for adrenalectomy, sometimes not, since spironolactone is my preferred 4th line agent anyway. #NephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@hswapnil @ccavanaugh87 "hypertensive urgency is used to denote the presence of uncontrolled hypertension without evidence of acute hypertensive organ damage." :eye\_roll: What value does this definition have? #nephJC

**Swapnil Hiremath, MD** @hswapnil

a month ago



@thebyrdlab No - but after @AnandVaidya17 paper, we are thinking maybe we should? We do use a lot of Spiro empirically <https://t.co/3yBWLjLO04> #nephJC Cc @KatieKwonMD @DoctorGates

**Edwin Ross R** @errossr

a month ago



RT @edgarvlermamd: 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Managemen...

**Sarah Melville** @sarahkmels

a month ago



RT @hswapnil: @thebyrdlab No - but after @AnandVaidya17 paper, we are thinking maybe we should? We do use a lot of Spiro empirically <https://t.co/3yBWLjLO04>...

**Swapnil Hiremath, MD** @hswapnil

a month ago



@thebyrdlab @AnandVaidya17 @KatieKwonMD @DoctorGates What do you all think of SPARTACUS? Came across paper recently <https://t.co/lqsykXTWSH> Also cc @DrJMLuther #NephJC

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago



Yes. Expanded screening seems wise in view of the @anandvaidya17 paper & other data. #NephJC <https://t.co/VaBEHXk2Qo>

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago



RT @hswapnil: @thebyrdlab No - but after @AnandVaidya17 paper, we are thinking maybe we should? We do use a lot of Spiro empirically <https://t.co/3yBWLjLO04>...

**Swapnil Hiremath, MD** @hswapnil

a month ago



RT @NephJC: We will be hosting another #NephJC tomorrow 12 noon Pacific for West Coast folks! <https://t.co/1wHEXz6BLg>

**Sarah Melville** @sarahkmels

a month ago



RT @thebyrdlab: Yes. Expanded screening seems wise in view of the @anandvaidya17 paper & other data. #NephJC <https://t.co/VaBEHXk2Qo>

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago



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**Swapnil Hiremath, MD** @hswapnil

a month ago

@thebyrdlab @AnandVaidya17 @KatieKwonMD @DoctorGates (Obligatory link to said paper <https://t.co/HXhBevrNce>) #NephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @hswapnil: @thebyrdlab @AnandVaidya17 @KatieKwonMD @DoctorGates (Obligatory link to said paper <https://t.co/HXhBevrNce>) #NephJC



**Amit Langote** @langoteamit

a month ago

@thebyrdlab Yes nothing diff. Point is that is how u need to interpret it. Not just... Uncontrolled HTN as a diagnosis #NephJC



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@LangoteAmit Indeed. That wouldn't an acceptable ABPM interpretation. #NephJC



**Katie Kwon** @katiekwonmd

a month ago

@hswapnil @thebyrdlab @AnandVaidya17 @DoctorGates @DrJMLuther Just skimming abstract, interested to know how much the CT results depends on radiologist experience. When I send for AVS I know they're seeing a dedicated super-specialist. Garden variety CT at home read by any 1 of 100 rads. #nephjc



**Swapnil Hiremath, MD** @hswapnil

a month ago

@KatieKwonMD @thebyrdlab @AnandVaidya17 @DoctorGates @DrJMLuther Yeah - but wonder if we can nurture a CT specialist too along similar lines? #nephjc



**Sarah Melville** @sarahkmels

a month ago

RT @hswapnil: @thebyrdlab @AnandVaidya17 @KatieKwonMD @DoctorGates (Obligatory link to said paper <https://t.co/HXhBevrNce>) #NephJC



**Swapnil Hiremath, MD** @hswapnil

a month ago

@Badves My speculation: Wish it was made explicit. Was it at #AHA17 @thebyrdlab ? (130 why not 120) #nephjc <https://t.co/6S6ybPGiwj>



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@KatieKwonMD @hswapnil @AnandVaidya17 @DoctorGates @DrJMLuther Really, take a look at the critique of the SPARTACUS trial before changing things. I think the critique will 'curb your enthusiasm.' #NephJC

**Adam Cifu** @adamcifu

a month ago

RT @edgarvlermamd: Nice summary of the 2017 ACC/ AHA Hypertension Guidelines by @adamcifu @JAMA\_current #Nephpearls #NephJC 🙌 <https://t.c...>

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Primary aldosteronism: a cardiometabolic disease with important complications. I believe John Funder when he says nowhere in the world is even 1 in 100 patients with primary aldosteronism diagnosed. It's a travesty. #NephJC <https://t.co/PriEP9zOSJ>

**Swapnil Hiremath, MD** @hswapnil

a month ago

@thebyrdlab @ccavanaugh87 Heh! They explicitly use higher threshold if asymptomatic (200-220/120-130) and say OK to Rx 180-210/110-130 as just CV risk factors if no symptoms #Nephjc

**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@hswapnil @Badves Not as such, no. But I have reason this should be considered a compromise between SPRINT findings & the realities of real-world BP measurement (ubiquitous overestimation of BP). #NephJC

**Swapnil Hiremath, MD** @hswapnil

a month ago

@thebyrdlab @ccavanaugh87 Really think SBP > 180 was a bit too low to panic for AHA G/L Lot of poor measurement out there. How many of these will be really HT crisis? #NephJC

**Julie Williamson** @jwill\_pediaccm

a month ago

If they knew how much #ChexMix I ate during tonight's #NephJC I would definitely be excommunicated.

**Sarah Melville** @sarahkmels

a month ago

RT @hswapnil: @thebyrdlab @ccavanaugh87 Really think SBP > 180 was a bit too low to panic for AHA G/L Lot of poor measurement out there. Ho...

**Swapnil Hiremath, MD** @hswapnil

a month ago

@thebyrdlab @Badves We do! BTW, Brent Egan also laid out his (pre-AHA) thoughts here: <https://t.co/RrcLx63yBZ> #nephjc

**Amit Langote** @langoteamit

a month ago

Tip I learnt under @hswapnil at @OttawaRenal - keep activity sheet during day of ABPM 2 correlate wit peak/trough bp is very useful #NephJC





**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

RT @hswapnil: @thebyrdlab @Badves We do! BTW, Brent Egan also laid out his (pre-AHA) thoughts here: <https://t.co/RrcLx63yBZ> #nephjc



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@hswapnil @Badves I remember that talk at AHA Hypertension 2017. Great talk. That's where I learned the phrase "access to excess." "Wherever a country develops access to excess, an avalanche of cardiometabolic disease follows." ~Egan #NephJC



**Sarah Melville** @sarahkmels

a month ago

RT @thebyrdlab: @hswapnil @Badves I remember that talk at AHA Hypertension 2017. Great talk. That's where I learned the phrase "access to e..."



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

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**Swapnil Hiremath, MD** @hswapnil

a month ago

The numbers: 771 Tweets. 109 Participants. 2,372,821 Impressions. January 15th 2018. More #NephJC 🇮🇹 here <https://t.co/55RLvE8uAH> via @symlur



**Franklin Loachamin** @franloachamin

a month ago

RT @spryguyMD: The best of Guidelines from my perspective is lower threshold and emphasis on non-pharm interventions! #NephJC



**Franklin Loachamin** @franloachamin

a month ago

RT @edgarvlermamd: Management of hypertension in patients with CKD: ACE-i for those with albuminuria > 300 mgs/day (Class IIa recommendati...



**Franklin Loachamin** @franloachamin

a month ago

RT @DrRaymondHsu: @NephJC this table is misleading. not everyone has normal nocturnal dipping. non-dipper is strongly associated w end organ...



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

Essential. #NephJC <https://t.co/N5EmWPaCnJ>



**Franklin Loachamin** @franloachamin

a month ago

RT @ThepHunClub: we think sodium is spooky? forget it...what about chloride and HTN  
<https://t.co/MT5okNf4yu> #nephjc



**Franklin Loachamin** @franloachamin

a month ago

RT @Nephro\_Sparks: @BPVisitDoc family medicine did not endorse these guidelines  
<https://t.co/qceh3Z0shO> #nephjc



**Franklin Loachamin** @franloachamin

a month ago

RT @kidney\_boy: @hurryknee @NephJC @Meraz2099 "Healthier at-high-risk population" is the oxymoron of the night #NephJC



**Franklin Loachamin** @franloachamin

a month ago

RT @NephJC: Do we all think SBP > 180 or DBP > 120 is HT crisis? Need assessment of end organ damage? #NephJC <https://t.co/ZO7HJAT0Uc>



**Franklin Loachamin** @franloachamin

a month ago

RT @NephJC: @DrRaymondHsu @kdjhaveri @TheDrVarun @kidney\_boy @BPVisitDoc see longer discussion of masked here: <https://t.co/64asOJPDHj> #Nep...



**J. Brian Byrd, MD MS** @thebyrdlab

a month ago

@PaulAWelling1 Your thoughts? Have you tried rolling out AOBP in the clinic? Concerns about doing so? #NephJC



**Suneel Udani** @captainkidney79

a month ago

RT @DoctorGates: Reminder: If your patient's med rec reads: Clonidine, Hydralazine and Tamsulosin -> you are not rocking it. Even if they a...



**Franklin Loachamin** @franloachamin

a month ago

RT @LangoteAmit: #NephJC Encourage patients to take frequent home bp is my take away. But first teach them the correct technique & encourag...



**Rheumatologist** @simply\_rheuma

a month ago

RT @NephJC: Do we all think SBP > 180 or DBP > 120 is HT crisis? Need assessment of end organ damage? #NephJC <https://t.co/ZO7HJAT0Uc>



**Alice Chang** @banksonalice

a month ago

RT @edgarvlrmamd: Nice table comparing recommended BP Targets 🎯 according to different organizations' hypertension guidelines #NephJC #Nep...



**Rheumatologist** @simply\_rheuma

a month ago

RT @Nephro\_Sparks: @BPVisitDoc family medicine did not endorse these guidelines <https://t.co/qceh3Z0shO> #nephjc



**Franklin Loachamin** @franloachamin

a month ago

RT @LangoteAmit: I do. In fact I ve seen only Nephros givin complete report of ABPM including day /night/24 hr control/dipper/BPV assessmen...



**khaled shawwa** @khaledshawwa

a month ago

@NephJC I just find it hard to translate the findings of the #SPRINT into a meaningful clinical advice to patients, ie, reduce the risk from 1.65% to 2.19%. #NephJC



**Franklin Loachamin** @franloachamin

a month ago

RT @NephJC: This is a summary of recent g/l focused on CKD. @goKDIGO update coming soon though (@taraichang @VladoPerkovic et al) #NephJC...



**Franklin Loachamin** @franloachamin

a month ago

RT @kidney\_boy: @practicalkidney @rheault\_m @NephJC ACEi/ARB were not special in the the big meta analysis of adult kidney transplant. #Nep...



**Gail Rae-Garwood** @slowitdownckd

a month ago

RT @kidney\_boy: I'm going to get this tattooed on my body. <https://t.co/BftdWJ95dz>



**Franklin Loachamin** @franloachamin

a month ago

RT @spryguymd: I use home monitoring if the patient will bring in their cuff and let me compare it to my mercury manometers. #nephJC



**Kate** @katersimpson

a month ago

RT @edgarvlrmamd: Nice summary of the 2017 ACC/ AHA Hypertension Guidelines by @adamcifu @JAMA\_current #Nephpearls #NephJC 🙌 <https://t.c...>



**Gail Rae-Garwood** @slowitdownckd

a month ago

RT @gratefull080504: Great article on the importance of early detection of #kidneydisease by my friend @kidneystories <https://t.co/wC0KSJv7...>



**Franklin Loachamin** @franloachamin

a month ago

RT @rheault\_m: @NephJC In retrospective study, we found better outcomes in children treated with ACE/ARB post-Tx. May be selection bias but...



**Franklin Loachamin** @franloachamin

a month ago

RT @NephJC: Any transplant nephrologists in the audience? What do you think of CCB preference? #NephJC <https://t.co/M6LoG6IKUf>



**Monserrat Pérez** @lucy\_monserrat

a month ago

RT @NephJC: what do people think of 130/80 for everyone - even if low CV risk? A C-LD recommendation #NephJC <https://t.co/ap4HcwXm4S>



**Franklin Loachamin** @franloachamin

a month ago

RT @silvishah: @NephJC Yes usually ca channel blocker is the first choice. Avoid diuretics/ ace in renal transplant esp fresh transplants....



**Franklin Loachamin** @franloachamin

a month ago

RT @BPVisitDoc: @NephJC @ThepHunClub @Meraz2099 @kidney\_boy @KatieKwonMD @NephJC in JNC 8, the only solid recommendation for younger folks...



**Franklin Loachamin** @franloachamin

a month ago

Me too <https://t.co/swttJajY7j>



**Franklin Loachamin** @franloachamin

a month ago

RT @iamdoctord: @Meraz2099 @kidney\_boy @NephJC Recently transplanted patient missed some BP pills, looked well, but accelerated HTN prompte...



**Franklin Loachamin** @franloachamin

a month ago

RT @ThepHunClub: @NephJC maybe SBP in elderly with atherosclerosis but CKD has volume expansion and elevated DBP #nephjc



**Franklin Loachamin** @franloachamin

a month ago

RT @edgarvlermamd: Guidelines--for the obedience of fools and the guidance of wise men **!?**  
#Nephpearls #NephJC 🖱️ <https://t.co/tDZJ2IDFZh> ht...



**Franklin Loachamin** @franloachamin

a month ago

RT @LTummalapalli: @practicalkidney Always a tension between individualization versus standardization. I think categories of patients with...



**Franklin Loachamin** @franloachamin

a month ago

RT @hswapnil: @DoctorGates @ThepHunClub @kdjhaveri @NephJC Agree - I think thiazides underused in transplant see <https://t.co/JC5VW0aziz> in...



**Franklin Loachamin** @franloachamin

a month ago

RT @Meraz2099: @kidney\_boy @KatieKwonMD @hurryknee @NephJC Remember spironolactone as the fourth drug of choice #nephjc

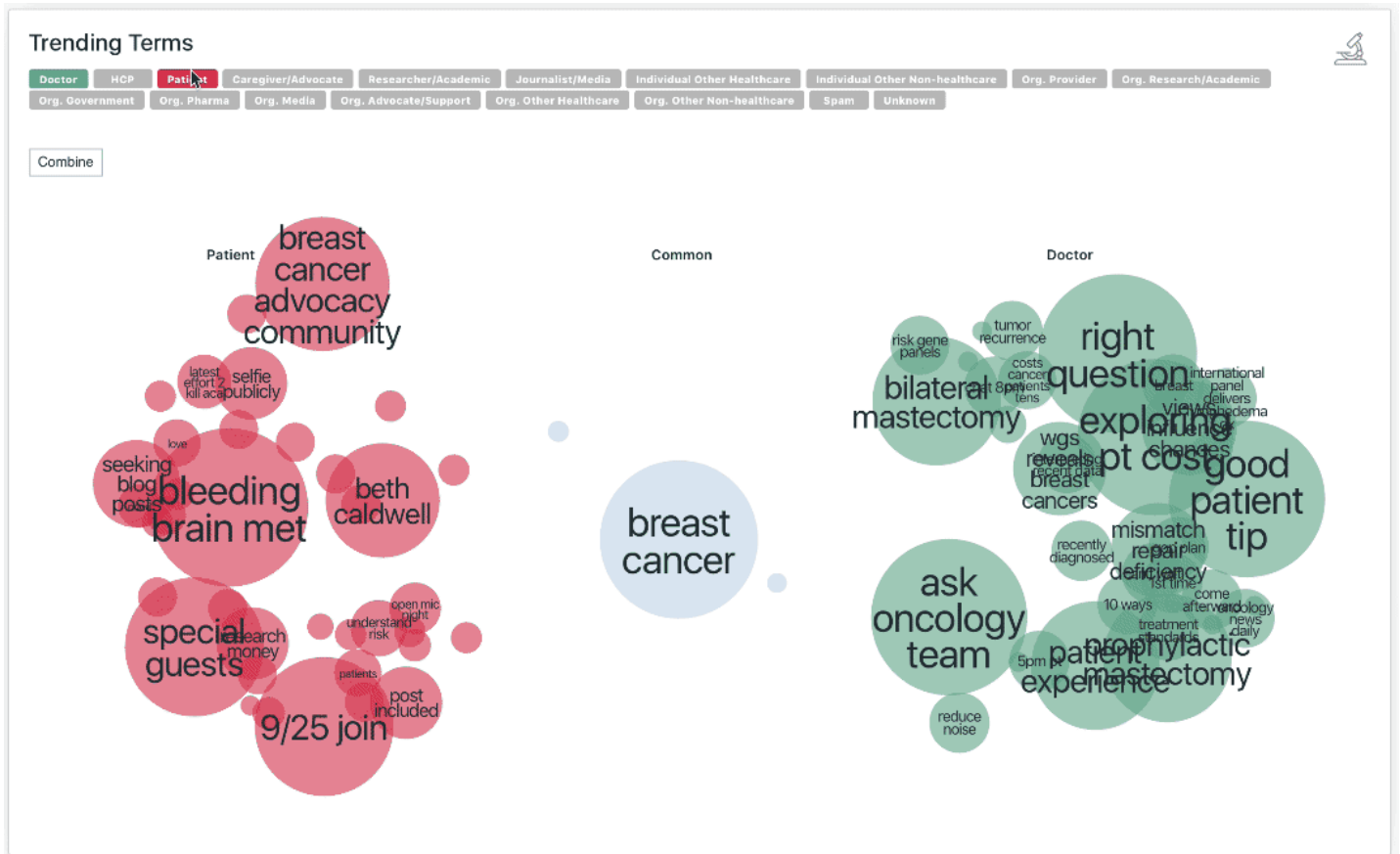
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#NephJC content from Twitter

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