#NephJC transcript

Healthcare Social Media Transcript

Tue Jun 10 17:30:00 PDT 2014 From: To: Tue Jun 10 19:30:00 PDT 2014

change time period

What is #NephJC? Who were the influencers during this time period? #NephJC analytics

Healthcare Conference - Healthcare Tweet Chats - Healthcare Analytics

kidney_boy Who's getting ready for #NephJC. 25 minutes.

Tue Jun 10 17:35:52 PDT 2014

RT @kidney_boy: Who's getting ready for #NephJC. 25 minutes. nephic

Tue Jun 10 17:56:13 PDT 2014

nephjc And it's on - Let's Dive In! Welcome to #NephJC 4 on Hyponatremia

http://t.co/jdoIP1sHup Tue Jun 10 18:00:19 PDT 2014

Check out http://t.co/oXkiC6mAP9 for background and summary #NephJC nephic

Tue Jun 10 18:00:44 PDT 2014

nephjc #NephJC 4 is on the The European Guidelines on Hyponatremia

http://t.co/Wt4nxWkOaG

Tue Jun 10 18:01:13 PDT 2014

Please introduce yourself, tell us where you're from, what you do and if you have any nephjc

disclosures. #NephJC

Tue Jun 10 18:01:48 PDT 2014

I am Swapnil Hiremath, Nephrologist from Ottawa, the Cold Capital of Canada nephic

#NephJC http://t.co/4On2EiwXkO

Tue Jun 10 18:02:20 PDT 2014

Let's do this! #NephJC rx ed

Tue Jun 10 18:03:07 PDT 2014

I am Joel Topf, Nephrologist from Detroit. #NephJC kidney_boy

Tue Jun 10 18:03:11 PDT 2014

Welcome Ed! thanks for joining us tonight #nephjc nephic

Tue Jun 10 18:03:24 PDT 2014

Joel Topf, @kidney_boy has kindly handed over the keys of #NephJC to me for nephjc

today's session Ahem, *me* = Swapnil Hiremath, aka @hswapnil

Tue Jun 10 18:03:30 PDT 2014

kidney boy hey swapnil! #nephjc

Tue Jun 10 18:03:45 PDT 2014

Ed El Sayed, Clinical Pharmacology - Internal Medicine Reporting from Portland, OR rx ed

Glad to join #NephJC on my birthday!

Tue Jun 10 18:03:49 PDT 2014

Happy Birthday Ed! Honored you made it on your big day! #nephjc nephic

Tue Jun 10 18:04:24 PDT 2014

kidney_boy Happy Happy! #nephjc

Tue Jun 10 18:04:38 PDT 2014

Hey there Joel, thanks for giving the keys tonight #nephjc nephic

Tue Jun 10 18:04:39 PDT 2014

Remember to add #NephJC to every tweet you want to be part of the discussion and nephjc

part of the recorded journal club.

Tue Jun 10 18:04:46 PDT 2014

kidney_boy @NephJC my pleasure. look like a small crowd. #nephjc

Tue Jun 10 18:05:10 PDT 2014

nephic yes Hyponatremia can be scary...hope more people are lurking and watching! #nephjc

Tue Jun 10 18:05:47 PDT 2014

weddellite my problem: can't do this with less than 1000 characters #nephjc

Tue Jun 10 18:06:13 PDT 2014

RT @weddellite: my problem: can't do this with less than 1000 characters #nephjc kidney_boy

Tue Jun 10 18:06:27 PDT 2014

Welcome to the chat David! Glad you could make it.. #nephjc nephic

Tue Jun 10 18:06:37 PDT 2014

@weddellite that's a feature not a bug. Only way to shut-up some show offs. #nephjc kidney_boy

Tue Jun 10 18:06:51 PDT 2014

nephic #NephJC recommends using http://t.co/fzuZV4dzpA or TChat.io to follow the chat. See

a how to guide here: http://t.co/5jPXTxC497

Tue Jun 10 18:06:53 PDT 2014

edgarvlermamd Edgar Lerma, Chicago based Nephrologist #NephJC

Tue Jun 10 18:07:00 PDT 2014

hey edgar! #nephjc kidney boy

Tue Jun 10 18:07:08 PDT 2014

thanks for making it Edgar! (and using #NephJC!) #nephjc nephjc

Tue Jun 10 18:07:21 PDT 2014

While people are warming up - is 'Hyponatremia' the right term...shouldn't it be hypernephjc

agua-sis instead? ;-) #nephjc

Tue Jun 10 18:08:14 PDT 2014

We will discuss three broad aspects of these guidelines over the next 50 minutes nephjc

#NephJC Plan 10 mins T1 15 mins T2 and 25 mins T3

Tue Jun 10 18:08:49 PDT 2014

T1: Do we need guidelines for hyponatremia at all? i.e. Is there enough evidence to nephic

write recommendations on this issue? #NephJC

Tue Jun 10 18:09:06 PDT 2014

edgarvlermamd I am here sporadically because of my 2 daughters who are just celebrating their last

day of school #NephJC

Tue Jun 10 18:09:15 PDT 2014

kidney_boy Though it is a water disorder the lab is the sodium concentration, call me a

traditionalist but I'll never give op hyponatremia #nephjc

Tue Jun 10 18:10:00 PDT 2014

RT @kidney_boy: Though it is a water disorder the lab is the sodium concentration, nephic

call me a traditionalist but I'll never give op hyponatr...

Tue Jun 10 18:10:16 PDT 2014

kidney_boy @edgarvlermamd last days of school were my favorite days of my life. Most happy

ever. #nephic

Tue Jun 10 18:10:36 PDT 2014

weddellite I like the aqua thing Swap---the challenge of teaching the subject is always telling salt

from water #nephjc

Tue Jun 10 18:11:41 PDT 2014

SIADH is a very important case of hyponatremia. It is prudent to master the rx ed

management of this disorder. #NephJC

Tue Jun 10 18:12:11 PDT 2014

edgarvlermamd T1 For any hyponatremia fanatic, all the authors' names are "familiar" to recent

hyponatremia literature #NephJC

Tue Jun 10 18:12:22 PDT 2014

T1: I think there is a lot of variance in the treatment of hyponatremia and guidelines kidney_boy

narrow variance. #nephjc

Tue Jun 10 18:12:24 PDT 2014

SIADH is a very important cause of hyponatremia. It is prudent to master the rx_ed

management of this disorder. #NephJC

Tue Jun 10 18:12:37 PDT 2014

RT @edgarvlermamd: T1 For any hyponatremia fanatic, all the authors' names are nephjc

"familiar" to recent hyponatremia literature #NephJC

Tue Jun 10 18:12:51 PDT 2014

RT @weddellite: I like the aqua thing Swap---the challenge of teaching the subject is nephjc

always telling salt from water #nephjc

Tue Jun 10 18:13:03 PDT 2014

T1 unclear if we have the evidence to support comprehensive guidelines. If everything kidney_boy

is 1D or 2D whats the point? #nephjc

Tue Jun 10 18:13:04 PDT 2014

T1 It's very important to recognize a& manage hospital induced hyponatremia in a rx_ed

timely fashion. #NephJC

Tue Jun 10 18:13:45 PDT 2014

weddellite the point is "here's what the experts do", that's why there's debate. If the evidence

didn't suck what would we talk about? #nephjc

Tue Jun 10 18:13:57 PDT 2014

kidney_boy Hey Justin in order for people to see your tweets you need to use the hashtag,

#nephjc

Tue Jun 10 18:14:27 PDT 2014

Risk of hospital induced hyponatremia by age. #NephJC http://t.co/yd4FzSOqgm rx_ed

Tue Jun 10 18:14:35 PDT 2014

RT @Rx_Ed: Risk of hospital induced hyponatremia by age. #NephJC nephic

http://t.co/yd4FzSOqgm

Tue Jun 10 18:14:46 PDT 2014

+1 @weddellite: the point is "here's what the experts do", that's why the debate. If the nephjc

evidence didn't suck what would we talk? #nephjc

Tue Jun 10 18:15:48 PDT 2014

ukidney Hi all, just getting my feet wet on tonight's #NephJC

Tue Jun 10 18:15:58 PDT 2014

additionally having guidelines gives people to test against for future research. Early kidney_boy

CKD guidelines were all opinion based too. #nephjc

Tue Jun 10 18:16:03 PDT 2014

Welcome Jordan @Ukidney! #nephjc nephjc

Tue Jun 10 18:16:26 PDT 2014

Hey Jordan! #nephic kidney_boy

Tue Jun 10 18:16:28 PDT 2014

RT @kidney_boy: additionally having guidelines gives people to test against for future nephjc

research. Early CKD guidelines were all opinion base...

Tue Jun 10 18:16:42 PDT 2014

Thanks all, great to be here #NephJC ukidney

Tue Jun 10 18:17:12 PDT 2014

RT @edgarvlermamd: Nice algorithmic summary of management of SEVERE k2optimist

SYMPTOMATIC Hyponatremia by @kidney_boy #NephJC #Nephpearls http://t.co...

Tue Jun 10 18:17:14 PDT 2014

Effect of correcting sodium on gait. #NephJC http://t.co/NEt04M41Z3 rx_ed

Tue Jun 10 18:17:36 PDT 2014

nephic So then, should these be standard of care, in the face of imperfect evidence?

#NephJC

Tue Jun 10 18:17:49 PDT 2014

The authors say they did not intend for these to be standard of care. #nephjc kidney_boy

Tue Jun 10 18:18:17 PDT 2014

weddellite expert opinion: maybe #nephjc

Tue Jun 10 18:18:27 PDT 2014

kidney boy Can 1D and 2D guidelines be accepted as standard of care? #nephjc

Tue Jun 10 18:18:47 PDT 2014

Evidence based guidelines trending There's even guidelines 4 mgmt of hyperkalemia edgarvlermamd

from The Renal Association #NephJC http://t.co/ktGergif38

Tue Jun 10 18:19:11 PDT 2014

There isn't enough data on using vaptans to manage SIADH when serum sodium is rx_ed

less than 120 mEq/mL. #NephJC

Tue Jun 10 18:19:37 PDT 2014

RT @kidney_boy: Can 1D and 2D guidelines be accepted as standard of care? nephjc

#nephjc

Tue Jun 10 18:19:46 PDT 2014

RT "@weddellite: expert opinion: maybe" When experts know too much everything is a kidney_boy

"maybe" and a "sometimes" or an "except when" #nephjc

Tue Jun 10 18:20:07 PDT 2014

RT @kidney_boy: RT "@weddellite: expert opinion: maybe" When experts know too nephjc

much everything is a "maybe" and a "sometimes" or an "except ...

Tue Jun 10 18:20:28 PDT 2014

drmcinnisdit Better late than never. #NephJC

Tue Jun 10 18:20:47 PDT 2014

@kidney_boy @weddelite - and will policy makers (or lawyers!) understand these nephjc

nuances? #nephjc

Tue Jun 10 18:20:55 PDT 2014

Hey Mike, Glad you could make it! #nephjc nephic

Tue Jun 10 18:21:08 PDT 2014

weddellite that's the right question...if no one but the experts get the nuances, then don't call it

"standard of care" #nephjc

Tue Jun 10 18:21:25 PDT 2014

RT @weddellite: that's the right question...if no one but the experts get the nuances, nephic

then don't call it "standard of care" #nephic

Tue Jun 10 18:21:37 PDT 2014

kidney_boy @DrMcInnisDIT glad you could make it! #nephjc

Tue Jun 10 18:21:37 PDT 2014

Recognizing the different types of SIADH to initiate optimum treatment. #NephJC rx_ed

http://t.co/4LWv25uduS

Tue Jun 10 18:21:58 PDT 2014

ukidney "The estimates are very uncertain and often will be far from the truth" Therefore Strong

'We recommend'? 1D seems like a paradox #nephjc

Tue Jun 10 18:22:24 PDT 2014

lets go to the next topic now #nephjc nephjc

Tue Jun 10 18:22:24 PDT 2014

weddellite if you write the Canadian hypertension guidelines or the stone guidelines and people

misinterpret no one dies. different for hypoNa #nephjc

Tue Jun 10 18:22:26 PDT 2014

T2: Fig 6 Diagnosis flowchart papers over the nuances of bayesean logic and nephic

uncertainty, do they belong here? #NephJC #nephjc

Tue Jun 10 18:22:38 PDT 2014

RT @weddellite: if you write the Canadian hypertension guidelines or the stone nephjc

guidelines and people misinterpret no one dies. different fo...

Tue Jun 10 18:22:51 PDT 2014

@weddellite we have guidelines for acute MI and that is a mortal disease #nephjc kidney_boy

Tue Jun 10 18:23:28 PDT 2014

weddellite re diagnosis: they left out history and physical exam, esp. history #nephjc

Tue Jun 10 18:23:29 PDT 2014

weddellite most cases of hypoNa you know IMMEDIATELY what it is....no UNa, no Uosm #nephjc

Tue Jun 10 18:23:53 PDT 2014

drmcinnisdit RT @Rx_Ed: Recognizing the different types of SIADH to initiate optimum treatment.

#NephJC http://t.co/4LWv25uduS

Tue Jun 10 18:24:02 PDT 2014

They do include history by looking at the etiology of the hyponatremia as a clue to kidney_boy

acuity. #nephjc

Tue Jun 10 18:24:09 PDT 2014

drmcinnisdit @Rx_Ed That's a fascinating figure! #NephJC

Tue Jun 10 18:24:29 PDT 2014

RT @weddellite: most cases of hypoNa you know IMMEDIATELY what it is....no UNa, nephic

no Uosm #nephjc

Tue Jun 10 18:24:46 PDT 2014

The reason for "1D" prevalence in the kidney guidelines is that we don't have enough rx_ed

RCT data. #NephJC

Tue Jun 10 18:24:51 PDT 2014

kidney_boy #NephJC Table 8 http://t.co/mbVSppx26j

Tue Jun 10 18:25:09 PDT 2014

ukidney There is an awful lot to chew on in this document #NephJC

Tue Jun 10 18:25:19 PDT 2014

RT @kidney_boy: #NephJC Table 8 http://t.co/mbVSppx26j nephjc

Tue Jun 10 18:25:38 PDT 2014

6.1.3. Hyponatremia based on symptoms? Interesting No such thing as asymptomatic edgarvlermamd

hyponatremia (by Decaux) #NephJC http://t.co/QalyGg5tVK

Tue Jun 10 18:25:55 PDT 2014

+1 RT @weddellite: most cases of hypoNa you know IMMEDIATELY what it is....no kidney_boy

UNa, no Uosm #nephjc

Tue Jun 10 18:25:58 PDT 2014

Fluid restriction in SIADH can be challenging for providers & patients, especially in

diseases requiring fluids (ex: pneumonia). #NephJC rx ed

Tue Jun 10 18:26:27 PDT 2014

RT @edgarvlermamd: 6.1.3. Hyponatremia based on symptoms? Interesting No such nephjc

thing as asymptomatic hyponatremia (by Decaux) #NephJC ht...

Tue Jun 10 18:26:28 PDT 2014

RT @weddellite: most cases of hypoNa you know IMMEDIATELY what it is....no UNa, drmcinnisdit

no Uosm #nephjc

Tue Jun 10 18:26:32 PDT 2014

@Rx_Ed between 20 and 30% of admissions complicated by hyponatremia, this is not kidney_boy

a rare disease we should have tons of data. #nephjc

Tue Jun 10 18:26:44 PDT 2014

drmcinnisdit @weddellite Very true. #NephJC

Tue Jun 10 18:26:55 PDT 2014

drmcinnisdit RT @kidney_boy: @Rx_Ed between 20 and 30% of admissions complicated by

hyponatremia, this is not a rare disease we should have tons of data...

Tue Jun 10 18:27:35 PDT 2014

kidney boy RT "@edgarvlermamd: No such thing as asymptomatic hyponatremia #NephJC

http://t.co/2STUzzpysu" That doesn't match my experience. #nephjc

Tue Jun 10 18:27:36 PDT 2014

@kidney_boy Key word "should". I agree! #NephJC rx_ed

Tue Jun 10 18:27:59 PDT 2014

kidney_boy +1 RT @UKidney: There is an awful lot to chew on in this document #NephJC

Tue Jun 10 18:28:30 PDT 2014

@kidney_boy Depends on what you mean by 'symptoms': headache, nausea and nephic

many other soft symptoms are not hard to find #nephjc

Tue Jun 10 18:28:57 PDT 2014

@Rx Ed From the Hyponatremia Guidelines 2013 published in AJM: When Fluid edgarvlermamd

restriction will not work #NephJC http://t.co/f6cjnSqUBK

Tue Jun 10 18:28:57 PDT 2014

weddellite Edgar, that's amazing data. I'm always impressed though @kidney boy's experience

is similar to mine #nephic

Tue Jun 10 18:29:01 PDT 2014

weddellite but our anecdotal experience may not have any importance #nephjc

Tue Jun 10 18:29:36 PDT 2014

If a patient can't feel anything wrong isn't that the definition of asymptomatic? They are kidney_boy

changing definitions to make a point #nephjc

Tue Jun 10 18:29:40 PDT 2014

@kidney_boy Is there enough data on using vaptans to manage SIADH when serum rx ed

sodium is less than 120 mEq/mL? #NephJC

Tue Jun 10 18:29:41 PDT 2014

@weddellite many anecdotes = 'anecdata'! #nephjc nephjc

Tue Jun 10 18:30:15 PDT 2014

weddellite I accept that osteoporosis and fractures are symptoms #nephjc

Tue Jun 10 18:30:22 PDT 2014

RT @edgarvlermamd: @Rx Ed From the Hyponatremia Guidelines 2013 published in rx ed

AJM: When Fluid restriction will not work #NephJC http://t.co/...

Tue Jun 10 18:30:24 PDT 2014

kidney_boy @Rx_Ed we will get to the vaptans in a later subject, stay with us. #nephjc

Tue Jun 10 18:30:34 PDT 2014

drmcinnisdit RT @kidney_boy: If a patient can't feel anything wrong isn't that the definition of

asymptomatic? They are changing definitions to make a p...

Tue Jun 10 18:30:44 PDT 2014

Random #NephJC observation: 19 occurrences of Tolvaptan in these guidelines and ukidney

only 2 for DDAVP?

Tue Jun 10 18:30:49 PDT 2014

drmcinnisdit RT @NephJC: @weddellite many anecdotes = 'anecdata'! #nephjc

Tue Jun 10 18:30:50 PDT 2014

when I'm hypoNa-emic I don't KNOW if I have sx or not #nephjc weddellite

Tue Jun 10 18:31:01 PDT 2014

Anecdata! Please tell me you coined that tonight #nephjc ukidney

Tue Jun 10 18:31:22 PDT 2014

The link between pre-operative hyponatremia and mortality. #NephJC rx_ed

http://t.co/IZTbGYAQEW

Tue Jun 10 18:31:36 PDT 2014

RT @Rx Ed: The link between pre-operative hyponatremia and mortality. #NephJC nephjc

http://t.co/IZTbGYAQEW

Tue Jun 10 18:32:00 PDT 2014

drmcinnisdit RT @Rx_Ed: The link between pre-operative hyponatremia and mortality. #NephJC

http://t.co/IZTbGYAQEW

Tue Jun 10 18:32:25 PDT 2014

"RT @edgarvlermamd: From the Hyponatremia Guidelines: When Fluid restriction will kidney_boy

not work #NephJC http://t.co/MC3sanTxqm" This is truth

Tue Jun 10 18:32:41 PDT 2014

@Rx Ed Seems awfully high - do our experience back up that high mortality? #nephjc nephjc

Tue Jun 10 18:32:44 PDT 2014

@Rx Ed came to the JC with Game. #nephic kidney_boy

Tue Jun 10 18:33:02 PDT 2014

rx ed RT @kidney_boy: @Rx_Ed came to the JC with Game. #nephjc

Tue Jun 10 18:33:29 PDT 2014

Ed: I think that's a symptom too: risk of death with surgery, but it might be true for AST, weddellite

WBC or ESR too. #nephic

Tue Jun 10 18:33:32 PDT 2014

@weddelliteBone disease as a complication of hyponatremia #NephJC edgarvlermamd

http://t.co/8x4dXPVnmm http://t.co/B8yaEcKGAe

Tue Jun 10 18:33:43 PDT 2014

nephic Indeed! and on his birthday too! @kidney_boy: @Rx_Ed came to the JC with Game.

#nephic

Tue Jun 10 18:33:45 PDT 2014

RT @NephJC: Indeed! and on his birthday too! @kidney_boy: @Rx_Ed came to the rx_ed

JC with Game. #nephic

Tue Jun 10 18:34:07 PDT 2014

drmcinnisdit .@Rx_Ed Is that causative, or is hypoNa an indicator of general medical decrepitude?

#NephJC

Tue Jun 10 18:34:08 PDT 2014

The problems with all the links to hyponatremia is association not causation. Show me kidney_boy

that correcting the Na helps the pt. #nephjc

Tue Jun 10 18:34:15 PDT 2014

kidney_boy +1 RT @DrMcInnisDIT: .@Rx_Ed Is that causative, or is hypoNa an indicator of

general medical decrepitude? #NephJC

Tue Jun 10 18:34:24 PDT 2014

so on that note, lets move on to the even more contentious issues #nephjc nephic

Tue Jun 10 18:34:41 PDT 2014

kidney_boy RT @weddellite: Ed: I think that's a symptom too: risk of death with surgery. but it might

be true for AST, WBC or ESR too. #nephic

Tue Jun 10 18:34:44 PDT 2014

drmcinnisdit RT @kidney_boy: The problems with all the links to hyponatremia is association not

causation. Show me that correcting the Na helps the pt. ...

Tue Jun 10 18:34:49 PDT 2014

RT @kidney boy: +1 RT @DrMcInnisDIT: .@Rx Ed Is that causative, or is hypoNa an nephjc

indicator of general medical decrepitude? #NephJC

Tue Jun 10 18:35:05 PDT 2014

I'm here #NephJC nephro_sparks

Tue Jun 10 18:35:09 PDT 2014

Interesting that the 'Stern' approach to hyponatremia is not addressed here. Recall ukidney

@kidney_boy 2010 http://t.co/qRZsuNDScG #NephJC

Tue Jun 10 18:35:18 PDT 2014

weddellite @kidney_boy now you're talking. NO ONE has ever fixed Na and looked at how

people did #nephjc

Tue Jun 10 18:35:41 PDT 2014

T3: Therapy Treatment of severe symptomatic HypoNa: Do we agree with act first - ask nephic

later approach? #NephJC #nephjc

Tue Jun 10 18:35:48 PDT 2014

@UKidney they talk about it in the last section but concluded that it was single center kidney_boy

and too out there to make the guidelines. #nephjc

Tue Jun 10 18:36:03 PDT 2014

nephjc hey Matt - great to have you rushing in from the Duke celebrations! #nephjc

Tue Jun 10 18:36:10 PDT 2014

weddellite Matt, it's too late, we're done #nephic

Tue Jun 10 18:36:35 PDT 2014

jdvanheuk RT @edgarvlermamd: @Rx Ed From the Hyponatremia Guidelines 2013 published in

AJM: When Fluid restriction will not work #NephJC http://t.co/...

Tue Jun 10 18:36:50 PDT 2014

Difficult to see @paulphel and @AndrewFMalone leave duke. At graduation. Sorry to nephro_sparks

miss #NephJC

Tue Jun 10 18:36:52 PDT 2014

#NephJC stern experience http://t.co/0irDjm0DBt kidney_boy

Tue Jun 10 18:37:16 PDT 2014

kidney_boy Rejection of stern experience #NephJC http://t.co/XyZwCfeUW4

Tue Jun 10 18:37:29 PDT 2014

RT @Rx Ed: Effect of correcting sodium on gait. #NephJC http://t.co/NEt04M41Z3 nephjc

Tue Jun 10 18:37:51 PDT 2014

RT @kidney_boy: #NephJC stern experience http://t.co/0irDjm0DBt

nephic Tue Jun 10 18:38:31 PDT 2014

@weddellite excet that study ed showed with the gait changes and the motion capture kidney_boy

tracings. #nephjc

Tue Jun 10 18:38:32 PDT 2014

RT @kidney boy: Rejection of stern experience #NephJC http://t.co/XyZwCfeUW4 nephjc

Tue Jun 10 18:38:43 PDT 2014

weddellite yeah, that's pretty cool. how did they do that? captains? #nephjc

Tue Jun 10 18:38:51 PDT 2014

weddellite vaptans? #nephjc

Tue Jun 10 18:38:55 PDT 2014

@weddellite it is an old study, pre SALT, I'm sure it wasn't vaptans, guessing SIADH kidney_boy

and water loaded them? #nephic

Tue Jun 10 18:40:31 PDT 2014

k2optimist RT @Rx_Ed: The link between pre-operative hyponatremia and mortality. #NephJC

http://t.co/IZTbGYAQEW

Tue Jun 10 18:40:41 PDT 2014

drmcinnisdit As a resident, 3% saline always made me nervous. Only used it when pts labs/sx

made me MORE nervous. #NephJC

Tue Jun 10 18:40:47 PDT 2014

BTW best name for a hyponatremia RCT ever, SALT. Let's give it up for Shrier! kidney_boy

#nephic

Tue Jun 10 18:41:07 PDT 2014

nephjc RT @kidney_boy: BTW best name for a hyponatremia RCT ever, SALT. Let's give it up

for Schrier! #nephic

Tue Jun 10 18:41:21 PDT 2014

WATER was already done? #nephjc weddellite

Tue Jun 10 18:41:49 PDT 2014

@DrMcInnisDIT Indeed - is that why they wrote the guidelines - to encourage early nephjc

use of hypertonic saline in symptomatic cases? #nephjc

Tue Jun 10 18:41:57 PDT 2014

RT @DrMcInnisDIT: As a resident, 3% saline always made me nervous. Only used it nephjc

when pts labs/sx made me MORE nervous. #NephJC

Tue Jun 10 18:42:06 PDT 2014

Exercise associated hyponatremia is also an under-recognized condition in healthy rx ed

persons. #NephJC http://t.co/XqCR9M2iGQ

Tue Jun 10 18:42:12 PDT 2014

drmcinnisdit "@c_diazepine: @DrMcInnisDIT like severe hyponatremia in people with SIADH?"

#NephJC

Tue Jun 10 18:42:18 PDT 2014

weddellite @kidney_boy your excellent summary at PBF seemed to think HTS was OVERdone

#nephic

Tue Jun 10 18:42:26 PDT 2014

T3 I agree in acute symptoms treat first and ask questions later. Channel your inner kidney_boy

surgeon! #nephjc

Tue Jun 10 18:42:48 PDT 2014

We are on T3: Therapy Treatment of severe symptomatic HypoNa: Do we agree with nephjc

act first - ask later approach? #NephJC #nephjc #nephjc

Tue Jun 10 18:43:30 PDT 2014

"MT @kidney_boy your summary at PBF seemed to think HTS was OVERdone" Yes kidney_boy

but not here. In less symptomatic pts less appropriate #nephjc

Tue Jun 10 18:43:56 PDT 2014

drmcinnisdit .@c_diazepine Pts ultra-altered with Na+ was <115 and not rising despite aggressive

H2O restriction +/- demeclocycline. #NephJC

Tue Jun 10 18:44:24 PDT 2014

Too many hyponatremic patients have cirrhosis or CHF and hypertonic saline could kidney_boy

be troublesome in those cases #nephic

Tue Jun 10 18:44:34 PDT 2014

drmcinnisdit RT @NephJC: @DrMcInnisDIT Indeed - is that why they wrote the guidelines - to

encourage early use of hypertonic saline in symptomatic cases...

Tue Jun 10 18:44:56 PDT 2014

RT @kidney_boy: Too many hyponatremic patients have cirrhosis or CHF and nephjc

hypertonic saline could be troublesome in those cases #nephjc

Tue Jun 10 18:45:11 PDT 2014

weddellite @kidney boy ok but too many people treated with NS because people think that if NS

osm > plasma Na you're doing something useful #nephjc

Tue Jun 10 18:45:38 PDT 2014

@kidney boy Even 150 mL - in symptomatic? Yes, in Cirrhosis - symptoms from nephjc

hepatic enceph or HypoNs is hard #nephjc

Tue Jun 10 18:45:56 PDT 2014

drmcinnisdit .@NephJC Perhaps. But I was always terrified of miscalculating the rate and/or

nursing error running it in too fast. #NephJC

Tue Jun 10 18:46:01 PDT 2014

@DrMcInnisDIT @c_diazepine I'm a fan of 3%, gotta make sure it is not volume kidney_boy

depletion cause you'll get in trouble in a hurry. #NephJC

Tue Jun 10 18:46:01 PDT 2014

weddellite really I meant NS osm > plasma Osm #nephjc

Tue Jun 10 18:46:11 PDT 2014

@DrMcInnisDIT @c diazepine But otherwise I find the incr in Na is more predictable kidney_boy

than with vaptans which are kind of a crap shoot #NephJC

Tue Jun 10 18:46:43 PDT 2014

weddellite NS is never appropriate unless ECFV is decreased #nephjc

Tue Jun 10 18:46:43 PDT 2014

RT @kidney_boy: Too many hyponatremic patients have cirrhosis or CHF and toshiakima

hypertonic saline could be troublesome in those cases #nephjc

Tue Jun 10 18:46:45 PDT 2014

Hyponatremia in the elderly patient with fragility fractures. #NephJC rx ed

http://t.co/tkNTXvvTq9 http://t.co/tl7s3YftUy

Tue Jun 10 18:46:53 PDT 2014

RT @weddellite: but too many people treated with NS because people think that if NS nephic

osm > plasma Osm you're doing something useful #nephjc

Tue Jun 10 18:46:55 PDT 2014

@drmcinnisdit It's funny, I'm more comfortable with 3% NS than other solutions. Lack ukidney

of additional volume makes calculations easier #NephJC

Tue Jun 10 18:46:56 PDT 2014

drmcinnisdit Our program was run by a nephrologist who loved hyponatremia, and he had us all

scared to death of CPM. #NephJC

Tue Jun 10 18:47:00 PDT 2014

aureliacotta @NephJC sorry to interrupt, patient here, but does your website have any guidelines

on hypokalemia? #nephJC

Tue Jun 10 18:47:07 PDT 2014

nephjc @weddellite fixed that for you! #nephjc

Tue Jun 10 18:47:12 PDT 2014

+1,000 RT @weddellite: ok but too many pts treated with NS bc people think that if NS kidney_boy

osm > plasma Na you're doing something useful #nephjc

Tue Jun 10 18:47:32 PDT 2014

nephjc RT @UKidney: @drmcinnisdit It's funny, I'm more comfortable with 3% NS than other

solutions. Lack of additional volume makes calculations e...

Tue Jun 10 18:48:00 PDT 2014

Hypertonic Saline vs. Normal Saline in managing SIADH. #NephJC rx_ed

http://t.co/eexCUOx4Sr

Tue Jun 10 18:48:17 PDT 2014

@DrMcInnisDIT 14 million cases of hyponatremia a year, 54 cases of CPM ever kidney_boy

reported in the literature. #nephjc

Tue Jun 10 18:49:07 PDT 2014

weddellite @Rx_Ed love that! that's really good #nephic

Tue Jun 10 18:49:12 PDT 2014

RT @kidney boy: @DrMcInnisDIT 14 million cases of hyponatremia a year, 54 cases nephic

of CPM ever reported in the literature. #nephjc

Tue Jun 10 18:49:16 PDT 2014

nephic RT @Rx_Ed: Hypertonic Saline vs. Normal Saline in managing SIADH. #NephJC

http://t.co/eexCUOx4Sr

Tue Jun 10 18:49:28 PDT 2014

drmcinnisdit RT @kidney_boy: @DrMcInnisDIT 14 million cases of hyponatremia a year, 54 cases

of CPM ever reported in the literature. #nephjc

Tue Jun 10 18:50:24 PDT 2014

This is a nice measured approach though exec more the squeamish ones! #NephJC nephjc

http://t.co/2BmSACcRi8

Tue Jun 10 18:50:49 PDT 2014

drmcinnisdit .@kidney_boy I know that NOW, but as a PGY1, Dr Knochel had us running scared!

#NephJC

Tue Jun 10 18:51:12 PDT 2014

nephic What about the recommendation AGAINST vaptans in chronic hyponatremia? #nephjc

Tue Jun 10 18:51:32 PDT 2014

RT @NephJC: This is a nice measured approach though exec more the squeamish drmcinnisdit

ones! #NephJC http://t.co/2BmSACcRi8

Tue Jun 10 18:51:45 PDT 2014

edgarvlermamd @Rx_Ed @NephJC I have one word for NS given for SIADH --- D E S A L I N A T I O N

#NephJC

Tue Jun 10 18:51:56 PDT 2014

Vaptans got the shaft in these guidelines. #nephjc kidney_boy

Tue Jun 10 18:52:05 PDT 2014

RT @kidney_boy: Vaptans got the shaft in these guidelines. #nephjc nephic

Tue Jun 10 18:52:12 PDT 2014

get over being squeamish! give the right stuff! Is Jim Knochel still alive? great guy weddellite

#nephic

Tue Jun 10 18:52:20 PDT 2014

.@NephJC Best part of this: no calculations involved! Just run it in and recheck. (Talk drmcinnisdit

about channelling your inner surgeon!) #NephJC

Tue Jun 10 18:52:42 PDT 2014

RT @weddellite: get over being squeamish! give the right stuff! -> 3% saline #nephjc nephjc

Tue Jun 10 18:52:48 PDT 2014

The quality of studies supporting vaptans so far outshines the data for fluid restriction kidney_boy

and 3% that they aren't in the same galaxy #nephjc

Tue Jun 10 18:53:08 PDT 2014

RT @DrMcInnisDIT: Best part : no calculations involved! Just run it in and recheck. nephjc

(Talk about channelling your inner surgeon!) #nephjc

Tue Jun 10 18:53:21 PDT 2014

weddellite how do i stop autocorrect turning vaptans to captains?!!! #nephjc

Tue Jun 10 18:53:38 PDT 2014

Why were Vaptans given the shaft? Efficacious but possibly unsafe #nephjc nephjc

Tue Jun 10 18:53:59 PDT 2014

@weddellite it would be easier to change the drug category to captains #nephjc kidney_boy

Tue Jun 10 18:54:20 PDT 2014

@weddellite Just go ahead - we will read captains = vaptans for you #nephjc nephjc

Tue Jun 10 18:54:32 PDT 2014

drmcinnisdit @weddellite Not sure if he's still alive. He retired in 2001... I was a new PGY-2. He was

a trip though. #NephJC

Tue Jun 10 18:54:33 PDT 2014

@NephJC I have seen rapid increases in sodium after single doses of tolvaptan and kidney_boy

this was also seen in the studies #nephjc

Tue Jun 10 18:54:54 PDT 2014

weddellite haha....captains got the shaft?! at \$150 a pill? gimme a break.... #nephjc

Tue Jun 10 18:54:55 PDT 2014

We should emphasize not to overlook hyponatremia due to cerebral salt wasting & rx ed

adrenal insufficiency when teaching residents. #NephJC

Tue Jun 10 18:55:03 PDT 2014

nephjc RT @kidney boy: @NephJC I have seen rapid increases in sodium after single doses

of tolvaptan and this was also seen in the studies #nephjc

Tue Jun 10 18:55:07 PDT 2014

@kidney_boy Rapid rise in Na = a bit too good and effective? #nephjc nephic

Tue Jun 10 18:55:29 PDT 2014

nephjc RT @Rx_Ed: We should emphasize not to overlook hyponatremia due to cerebral salt

wasting & adrenal insufficiency when teaching residents. #...

Tue Jun 10 18:55:37 PDT 2014

T3 Lets face it VAPTANS are PHYSIOLOGICALLY SOUND/ EFFECTIVE Guidelines edgarvlermamd

primarily expressed concern about Overcorrection w/ VAPTANS #NephJC

Tue Jun 10 18:55:40 PDT 2014

They are \$\$\$ maybe endorsing them in the guidelines would have bankrupted kidney_boy

Greece, where is @ChristosArgyrop? #nephjc

Tue Jun 10 18:55:50 PDT 2014

drmcinnisdit @weddellite He took morning report on 9/11. He kept us calm as the world seemed to

stand still. Awesome. #NephJC

Tue Jun 10 18:55:51 PDT 2014

Given the high cost of vaptans, guidelines just on their use would be an interesting ukidney

read #NephJC

Tue Jun 10 18:55:52 PDT 2014

@edgarvlermamd @kidney boy Vaptans \$\$\$\$\$\$ And need hospitalization. rx ed

#NephJC

Tue Jun 10 18:55:54 PDT 2014

RT @edgarvlermamd: T3 Lets face it VAPTANS are PHYSIOLOGICALLY SOUND/ nephjc

EFFECTIVE Guidelines primarily expressed concern about Overcorrection...

Tue Jun 10 18:56:11 PDT 2014

+1 RT @edgarvlermamd: T3 Lets face it VAPTANS are PHYSIOLOGICALLY SOUND/ kidney_boy

EFFECTIVE #nephjc

Tue Jun 10 18:56:24 PDT 2014

High cost - but short course, and if they help short length of stay, overall may be costnephjc

effective?? #nephic

Tue Jun 10 18:56:39 PDT 2014

zintsmastermd RT @kidney boy: @DrMcInnisDIT 14 million cases of hyponatremia a year, 54 cases

of CPM ever reported in the literature. #nephjc

Tue Jun 10 18:56:51 PDT 2014

weddellite @DrMcInnisDIT that's a cool story about Jim K; loved his talks on rhabdo etc #nephjc

Tue Jun 10 18:56:57 PDT 2014

weddellite ok but Captain Edgar: these are people with CHRONIC HYPONa...what's a short

course? don't they ALL recur? #nephjc

Tue Jun 10 18:57:33 PDT 2014

RT @kidney_boy: Too many hyponatremic patients have cirrhosis or CHF and arztyu

hypertonic saline could be troublesome in those cases #nephjc

Tue Jun 10 18:57:59 PDT 2014

@UKidney High cost - major concern in PCKD, not as much in hyponatremia for short nephic

course perhaps? #nephic

Tue Jun 10 18:58:02 PDT 2014

RT @weddellite: ok but Captain Edgar: these are people with CHRONIC nephjc

HYPONa...what's a short course? don't they ALL recur? #nephjc

Tue Jun 10 18:58:30 PDT 2014

It's hard to measure the effect of vaptans on mortality of SIADH; highest mortality in rx_ed

hyponatremia are in HF & cirrhosis patients. #NephJC

Tue Jun 10 18:58:41 PDT 2014

weddellite @Rx_Ed and in young women having surgery #nephjc

Tue Jun 10 18:59:07 PDT 2014

Last minute: We are wrapping up. Final thoughts? #nephjc nephic

Tue Jun 10 18:59:17 PDT 2014

weddellite woman in NYC died last month after hysteroscopy #nephjc

Tue Jun 10 18:59:23 PDT 2014

RT @Rx_Ed: It's hard to measure the effect of vaptans on mortality of SIADH; highest nephjc

mortality in hyponatremia are in HF & cirrhosis patien...

Tue Jun 10 18:59:37 PDT 2014

#NephJC Cost in ADPK is not going to be the same as in hyponatremia in all ukidney

likelihood

Tue Jun 10 18:59:40 PDT 2014

I see vaptans used most in pain/nausea/post op SIADH that would likely be self kidney_boy

limiting anyways, speeds discharge #nephjc

Tue Jun 10 18:59:54 PDT 2014

edgarvlermamd @NephJC @UKidney Word of Caution on VAPTANS and Liver Injury: TEMPO used

MEGADOSES of VAPTANS #NephJC

Tue Jun 10 19:00:00 PDT 2014

RT @edgarvlermamd: @NephJC @UKidney Word of Caution on VAPTANS and Liver nephjc

Injury: TEMPO used MEGADOSES of VAPTANS #NephJC

Tue Jun 10 19:00:13 PDT 2014

RT @kidney_boy: I see vaptans used most in pain/nausea/post op SIADH that would nephic

likely be self limiting anyways, speeds discharge #nephjc

Tue Jun 10 19:00:26 PDT 2014

weddellite @kidney boy ok, I like that post op SIADH #nephjc

Tue Jun 10 19:00:29 PDT 2014

It's like Federal Express: Tolvaptan when you absolutely, positively, need to get the kidney_boy

patient discharged tomorrow. #nephjc

Tue Jun 10 19:00:37 PDT 2014

RT @kidney boy: It's like Federal Express: Tolvaptan when you absolutely, positively, nephic

need to get the patient discharged tomorrow. #nephjc

Tue Jun 10 19:00:52 PDT 2014

nephjc @kidney_boy Though that's like treating a number, not the patient? #nephjc

Tue Jun 10 19:01:11 PDT 2014

BRUTAL RT @weddellite: woman in NYC died last month after hysteroscopy #nephjc kidney_boy

Tue Jun 10 19:01:12 PDT 2014

weddellite treated with HTS, worse worse worse died #nephjc

Tue Jun 10 19:01:32 PDT 2014

@edgarvlermamd @nephjc @nephjc #nephjc yes, and that's why there will be a ukidney

pharmacovigilance program when tolvaptan released for ADPKD

Tue Jun 10 19:01:38 PDT 2014

Yes, can't go home w/ Na<130 RT @NephJC: @kidney boy Though that's like treating kidney_boy

a number, not the patient? #nephjc

Tue Jun 10 19:01:44 PDT 2014

its been a great conversation, but the hour is up! #nephjc nephjc

Tue Jun 10 19:01:59 PDT 2014

we need outcomes data that correcting the sodium heals the bones, prevents the falls kidney_boy

and helps the patient! #nephic

Tue Jun 10 19:02:13 PDT 2014

weddellite I had 2 Captain Lawrence (really) triple IPAs...have to go pee #nephjc

Tue Jun 10 19:02:27 PDT 2014

drmcinnisdit RT @kidney_boy: It's like Federal Express: Tolvaptan when you absolutely, positively,

need to get the patient discharged tomorrow. #nephjc

Tue Jun 10 19:02:31 PDT 2014

RT @kidney boy: we need outcomes data that correcting the sodium heals the bones, nephic

prevents the falls and helps the patient! #nephjc

Tue Jun 10 19:02:43 PDT 2014

kidney_boy @weddellite sure that isn't Vaptan Lawrence! #nephjc

Tue Jun 10 19:02:51 PDT 2014

Must also engage psych more often in patients with psychogenic polydipsia - often rx ed

there is another concurrent disease. @WendyDoranMD #NephJC

Tue Jun 10 19:03:02 PDT 2014

Thanks everyone for participating. Great journal club. Look for a summary later tonight! nephjc

#nephjc

Tue Jun 10 19:03:06 PDT 2014

ADH fully supressed RT @weddellite: I had 2 Captain Lawrence (really) triple kidney_boy

IPAs...have to go pee #nephjc

Tue Jun 10 19:03:11 PDT 2014

RT @Rx_Ed: Must also engage psych more often in patients with psychogenic nephic

polydipsia - often there is another concurrent disease. @WendyDor...

Tue Jun 10 19:03:16 PDT 2014

weddellite Ed, how do I get a tracing of my gait? #nephjc

Tue Jun 10 19:03:53 PDT 2014

@kidney_boy Hyponatremia and fragility fractures in the elderly. #NephJC rx ed

http://t.co/tkNTXvvTq9

Tue Jun 10 19:03:58 PDT 2014

VAPTANS approved for use for 30 days only #NephJC http://t.co/MMmoWt3vR1 edgarvlermamd

Tue Jun 10 19:04:44 PDT 2014

thanks especially to @Rx_Ed who came with game on his birthday! #nephjc nephic

Tue Jun 10 19:05:00 PDT 2014

Quick #nephjc poll on tolvaptan: http://t.co/nBukDIU39t ukidney

Tue Jun 10 19:05:02 PDT 2014

kidney_boy RT @UKidney: Quick #nephjc poll on tolvaptan: http://t.co/nBukDIU39t

Tue Jun 10 19:05:12 PDT 2014

RT @NephJC: thanks especially to @Rx Ed who came with game on his birthday! rx_ed

#nephic

Tue Jun 10 19:05:17 PDT 2014

nephjc and thanks to everyone else tonight for a great conversation! #nephjc

Tue Jun 10 19:05:22 PDT 2014

RT @UKidney: Quick #nephjc poll on tolvaptan: http://t.co/nBukDIU39t nephjc

Tue Jun 10 19:05:50 PDT 2014

@kidney_boy Have to avoid VAPTANS in Cirrhotics #NephJC http://t.co/Dj2tFxzsgJ edgarvlermamd

Tue Jun 10 19:06:45 PDT 2014

nephjc RT @edgarvlermamd: @kidney_boy Have to avoid VAPTANS in Cirrhotics #NephJC

http://t.co/Dj2tFxzsgJ Tue Jun 10 19:07:15 PDT 2014

RT @kidney boy: @DrMcInnisDIT 14 million cases of hyponatremia a year, 54 cases wraycharles

of CPM ever reported in the literature. #nephjc

Tue Jun 10 19:07:16 PDT 2014

@edgarvlermamd, what do you usually do after 30days? #nephjc manzusk

Tue Jun 10 19:08:00 PDT 2014

weddellite Edgar I don't expect VAPT, to work in cirrhosis; proximal tubular reabsorption should

limit effect of V2 antag #nephjc

Tue Jun 10 19:08:19 PDT 2014

@edgarvlermamd you know cirrhotics were studied in the pivotal trials of tolvaptan. kidney_boy

they did not report AEs. I think the ban is BS #nephjc

Tue Jun 10 19:08:21 PDT 2014

but I asked Verbalis this and he showed me papers where it did work; but I tried in 2 weddellite

cases where conivaptan did NOTHING #nephjc

Tue Jun 10 19:08:56 PDT 2014

ban might be BS but low UNa suggests low distal delivery #nephjc weddellite

Tue Jun 10 19:09:33 PDT 2014

weddellite part of hypoNa in these cases is related to impaired delivery to TALH, not just to high

ADH #nephic

Tue Jun 10 19:10:07 PDT 2014

Snap analytics for #NephJC http://t.co/RR6VxygUKr nephic

Tue Jun 10 19:11:13 PDT 2014

@kidney_boy @edgarvlermamd I'm more worried about the over correction of vaptans rx_ed

and their numerous drug interactions. #NephJC

Tue Jun 10 19:12:09 PDT 2014

RT @weddellite: part of hypoNa in these cases is related to impaired delivery to TALH, kidney boy

not just to high ADH #nephjc

Tue Jun 10 19:12:38 PDT 2014

RT @weddellite: part of hypoNa in these cases is related to impaired delivery to TALH, nephjc

not just to high ADH #nephjc

Tue Jun 10 19:13:02 PDT 2014

nephjc RT @weddellite: ban might be BS but low UNa suggests low distal delivery #nephjc

Tue Jun 10 19:13:11 PDT 2014

RT @NephJC: @weddellite many anecdotes = 'anecdata'! #nephjc mrspeicher

Tue Jun 10 19:14:48 PDT 2014

@kidney_boy @edgarvlermamd More worried about the over correction of rx_ed

hyponatremia with vaptans & their numerous drug interactions. #NephJC

Tue Jun 10 19:15:23 PDT 2014

@kidney_boy Post-TEMPO comment regarding change in use of VAPTANS in edgarvlermamd

Cirrhotics from @GKA OLA #NephJC http://t.co/68FJMuCbUC

Tue Jun 10 19:17:24 PDT 2014

Thank you all for an exciting #NephJC session! Until next time! rx_ed

Tue Jun 10 19:19:43 PDT 2014

nephjc RT @edgarvlermamd: @kidney_boy Post-TEMPO comment regarding change in use

of VAPTANS in Cirrhotics from @GKA_OLA #NephJC http://t.co/68FJMu...

Tue Jun 10 19:19:44 PDT 2014

RT @Rx_Ed: @kidney_boy @edgarvlermamd More worried about the over correction nephjc

of hyponatremia with vaptans & their numerous drug interaction...

Tue Jun 10 19:19:54 PDT 2014

RT @edgarvlermamd: @kidney boy Post-TEMPO comment regarding change in use hswapnil

of VAPTANS in Cirrhotics from @GKA OLA #NephJC http://t.co/68FJMu...

Tue Jun 10 19:20:27 PDT 2014

RT @Rx_Ed: Thank you all for an exciting #NephJC session! Until next time! hswapnil

Tue Jun 10 19:20:33 PDT 2014

RT @Rx_Ed: Thank you all for an exciting #NephJC session! Until next time! nephjc

Tue Jun 10 19:20:41 PDT 2014

RT @NephJC: Snap analytics for #NephJC http://t.co/RR6VxygUKr hswapnil

Tue Jun 10 19:21:13 PDT 2014

weddellite @NephJC what are "impressions"? #nephjc

Tue Jun 10 19:28:45 PDT 2014